

**Minneapolis Veteran's Home Adult Day Center
Fall/Winter Lunch Menu November 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Rachel Sandwich French Fries Cucumber Slices Seasonal Fruit Milk <u>Afternoon Social:</u> Apple Crisp	2. Chicken Wild Rice Casserole Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake
5. Meatloaf Mashed Potatoes Corn Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie	6. Chicken Chow Mein White Rice Asian Blend Vegetables Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake	7. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/7	8. Baked Fish Roasted Potatoes Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar	9. Veteran's Day Meal Prime Rib Garlic Mashed Potatoes Green Beans with Almonds Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Pie
12. ADC CLOSED VETERAN'S DAY THANK YOU FOR YOUR SERVICE!!!	13. Hamburgers on Bun Potato Chips Tomato Slices Seasonal Fruit Milk <u>Afternoon Social:</u> Brownies	14. Chicken Fingers French Fries Cucumber Slices Seasonal Fruit Milk <u>Afternoon Social:</u> Ice Cream Sundae	15. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/15	16. Spaghetti with Meat Sauce Garlic Bread Peas Seasonal Fruit Milk <u>Afternoon Social:</u> Apple Crisp
19. Herbed Baked Chicken Seasoned Rice Cooked Carrots Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar	20. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/20	21. Holiday Meal Turkey with Gravy Mashed Potatoes & Stuffing Green Bean Casserole Seasonal Fruit Milk <u>Afternoon Social:</u> Pumpkin Dessert	22. ADC CLOSED-THANKSGIVING	23. ADC CLOSED-THANKSGIVING HOLIDAY
26. French Dip Sandwich French Fries Tomato Slices Seasonal Fruit Milk <u>Afternoon Social:</u> Apple Crisp	27. Chef's Choice: Meal will include a protein, starch, vegetable, fruit, and milk Menu details will be posted in the ADC dining room before breakfast on 11/27	28. Soup De Jour Sub Sandwich Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cookie	29. Stuffed Peppers Breadstick Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Cake	30. Mashed Potato Bar Seasonal Fruit Milk <u>Afternoon Social:</u> Assorted Bar

***Breakfast options at the day center include pancakes, scrambled eggs, bacon and toast**

****Monthly Menu is subject to change without notice**