

Supporting Veteran families in need.



Gain more with C.O.R.E. (Case Management, Outreach, Referral, and Education)

If you or your family are struggling or having a hard time coping, you are not alone. Help is just a phone call away at 1-844-577-2673.

The Minnesota Department of Veterans Affairs (MDVA) partners with Lutheran Social Service of Minnesota (LSS) to support military members, Veterans, and their families in maintaining their well-being through the C.O.R.E. program (Counseling and Case Management, Outreach, Referral, and Education).

C.O.R.E. provides **free, confidential services** for eligible veterans, military members and their families.

Services are available statewide. If access is a problem, let us know. We can bring our services to you.



Our Services

Our services include trauma-informed individual, family and couples counseling, financial counseling, therapy and wellness groups, and more. We believe that behavioral health builds the foundation for health and well-being.

We assess each individual's situation and create a personalized plan. We focus on giving individuals the tools they need to successfully navigate the challenges they are facing to create the best outcomes.



Call Lutheran Social Service at

1-844-577-2673

or contact your County Veteran Service Officer (CVSO) directly.

Visit www.minnesotaveteran.org for more information about C.O.R.E. services and locations.



Minnesota Department of Veterans Affairs

20 W. 12th Street, St. Paul, MN 55155

1-888-LinkVet (546-5838)

www.minnesotaveteran.org



Lending a hand to
our deserving Veterans.



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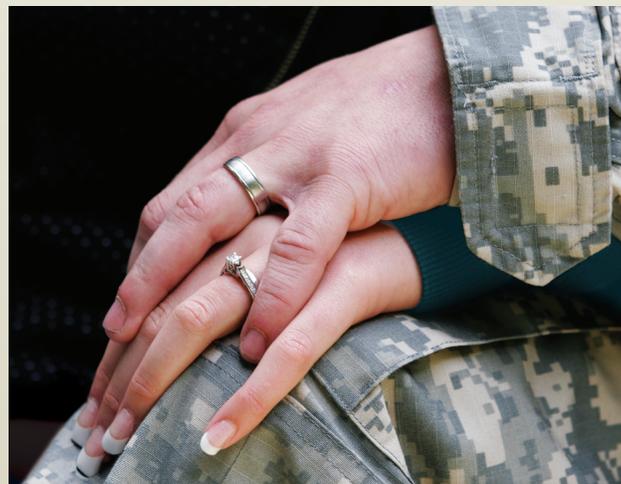
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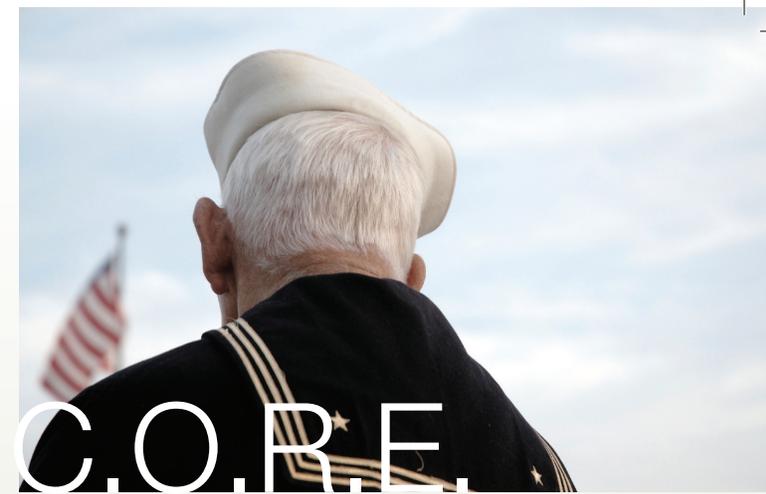


Counseling

- Deployment and reintegration support
- Diagnostic assessment
- Individual/couple/family counseling
- Stress and anger management
- Substance use and addictive behaviors
- Trauma-focused behavioral therapy



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Financial Counseling

Financial counseling can help you strategize for a stable financial future. We offer expertise in budgeting, debt management, home buyer education, and student loan counseling.

Support Groups

Our support, therapy and wellness groups are facilitated by staff trained in trauma-informed care and experienced in working with military families.

Help is only a phone call away: 1-844-577-2673

Call today to speak confidentially to a professional, compassionate counselor.

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