













# September 2018

## Minnesota Veterans Home-Adult Day Center



Mon	Tue	Wed	Thu	Fri
<p>3</p> <p><b>*** Closed ***</b></p> 	<p>4 <b>National Extra Dessert Day</b></p> <p>8:00 Morning Coffee Hour 9:45 News and Views <b>9:50 Load Hero's on Horseback</b> 10:15 Fit Bodies Exercises 10:45 Laborers Trivia 11:00 Hilarious Job History 11:15 Disc Slam 12:00 Lunch 1:00 6-5-4 Dice Game 2:00 Sing-a-Long 2:45 Afternoon Social</p>	<p>5</p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 Scrambled Words 11:15 Horse Shoes <b>11:00 Load Savage American Legion lunch &amp; Music</b> 12:00 Lunch 1:00 Trivia Toss <b>1:30 Sota &amp; Debbie Visit</b> 2:00 Ladder Ball</p>	<p>6</p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 Occupational Taste Buds 11:00 Dart Ball 1:00 Bingo <b>2:00 Improv w/ Vickie &amp; Kathy</b> 2:00 Dutch Shuffleboard <b>3:00 Birthday Social Bart S</b> (September 1)</p>	<p>7 <b>National Beer Lovers Day</b></p> <p>8:00 Morning Coffee Hour 9:45 Dancing Styles Quiz 10:00 Fit Bodies Exercise <b>11:00 Jenelle &amp; Michael from Awakened Dance Studio Demonstration &amp; Lessons</b> 12:00 Lunch <b>1:00-3:15 LDS Volunteers</b> 1:00 Corn Hole Tournament 2:00 Table Games 2:30 NA Beer &amp; Munchies</p> 
<p>10</p> <p>8:00 Morning Coffee Hour <b>9:20 Load Let's Go Fishing</b> 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 Who Wants to be a Millionaire 11:15 Ring Toss 12:00 Lunch 1:00 Movie &amp; Popcorn 1:00 Wii Bowling 2:45 Afternoon Social</p> 	<p>11</p> <p>8:00 Morning Coffee Hour 9:45 News and Views 10:15 Fit Bodies Exercises 10:45 Who What When 11:15 Skee Ball 1:00 Trivia Catch <b>1:30 JFK Assassination The Mystery &amp; Legend Presentation by David Jones</b> 2:45 Afternoon Social 3:15 Table Games</p>	<p>12 <b>Chocolate Milk Shake Day</b></p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views <b>10:10 Load for Fort Snelling History on the Go Bus Tour</b> 10:15 Fit Bodies Exercise 10:45 Hangman 11:15 Bulls Eye Game 1:00 Trivial Trivia <b>1:30 Sota &amp; Debbie Visit</b> 2:00 Putting Green 2:45 Milk Shake Social</p> 	<p>13</p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:00 Fit Bodies Exercise <b>10:45 Bobby &amp; Christine Concert</b> 12:00 Lunch 1:00 Crossword <b>2:00 Improv w/ Vickie &amp; Kathy</b> 2:00 Ladder Ball 3:00 Afternoon Social 3:30 Sing-a-long</p> 	<p>14</p> <p>8:00 Morning Coffee Hour 9:45 News and Views 10:15 Fit Bodies Exercise <b>11:00 Jenelle &amp; Michael from Awakened Dance Studio Demonstration &amp; Lessons</b> 12:00 Border Battle Lunch Vikings vs Packers 9/16 <b>1:00-3:15 LDS Volunteers</b> 1:00 Art Project 2:00 Table Games 2:30 Afternoon Social</p>  
<p>17 <b>Apple Dumpling Day</b></p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:00 Fit Bodies Exercise <b>10:45 Music by Michael &amp; Jokes by Jim</b> 1:00 Newspaper Headlines Game 2:00 Newspaper Throwing Contest 2:30 Apple Dumpling Social</p>	<p>18</p> <p>8:00 Morning Coffee Hour 9:45 News and Views <b>9:50 Load Hero's on Horseback</b> 10:15 Fit Bodies Exercises 10:45 Who What When 11:00 6-5-4 Dice Game 12:00 Lunch 1:00 Disc Slam 2:00 Putting Green 2:45 Afternoon Social 3:15 Classic Re-Runs</p> 	<p>19 <b>Butterscotch Pudding Day</b></p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 9 letter Word Game 11:00 Dutch Shuffleboard 12:00 Lunch 1:00 Finish the Lyric <b>1:30 Sota &amp; Debbie Visit</b> 2:00 Star Toss 2:45 Butterscotch Pudding Social</p> 	<p>20</p> <p>8:00 Morning Coffee Hour <b>9:20 Load Let's Go Fishing</b> 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 Tickle your funny-Bone 11:15 6-5-4 Dice Game 1:00 Progressive Bingo <b>2:00 Improv w/ Vickie &amp; Kathy</b> 2:00 Sing-a-Long 3:00 Afternoon Social</p>	<p>21</p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 Scrabbled 11:00 Ladder Ball 12:00 Lunch <b>1:00-3:15 LDS Volunteers</b> 1:00 Outdoor Games 1:00 Documentary 2:30 Afternoon Social 3:00 Table Games &amp; Visiting</p>
<p>24</p> <p>8:00 Morning Coffee Hour 9:45 News and Views 10:15 Fit Bodies Exercise <b>10:45 Participant Council</b> 11:15 Bean Bags 12:00 Lunch 1:00 Movie and Popcorn 1:00 Wii Bowling 3:00 Afternoon Social 3:30 Trivia</p>	<p>25</p> <p>8:00 Morning Coffee Hour 9:45 News and Views 10:15 Fit Bodies Exercises 10:45 Jeopardy 11:30 Balloon Toss 12:00 Lunch 1:00 Bowling 2:15 Pictionary 2:45 Afternoon Social 3:15 Crossword</p> 	<p>26</p> <p>8:00 Morning Coffee Hour 9:45 News &amp; Views 10:15 Fit Bodies Exercise 10:45 Who Wants to be a Millionaire 11:15 Ring Toss 12:00 Lunch 1:00 Charades <b>1:30 Sota &amp; Debbie Visit</b> 2:00 Bingo 2:45 Afternoon Social</p>	<p>27</p> <p>8:00 Morning Coffee Hour 9:45 News and Views <b>10:00 Load OSS Photo Shoot</b> 10:15 Fit Bodies Exercise 10:45 Hangman 11:15 Putting Green 12:00 Lunch 1:00 Horse Shoes <b>2:00 Improv w/ Vickie &amp; Kathy</b> 2:00 Balloon Volleyball 3:00 Afternoon Social</p>	<p>28</p> <p>8:00 Morning Coffee Hour 9:45 News and Views 10:15 Fit Bodies Exercise 10:45 Fact or Crap 11:00 Disc Slam 12:00 Lunch <b>1:00-3:15 LDS Volunteers</b> 1:00 Sing-a-Long 2:00 Table Games 2:45 Afternoon Social 3:15 Classic ReRuns</p>