



Richfield PS #7

Case # 68080

Precipitating Factors,
Rational Detachment,
Integrated Experience

UNITS

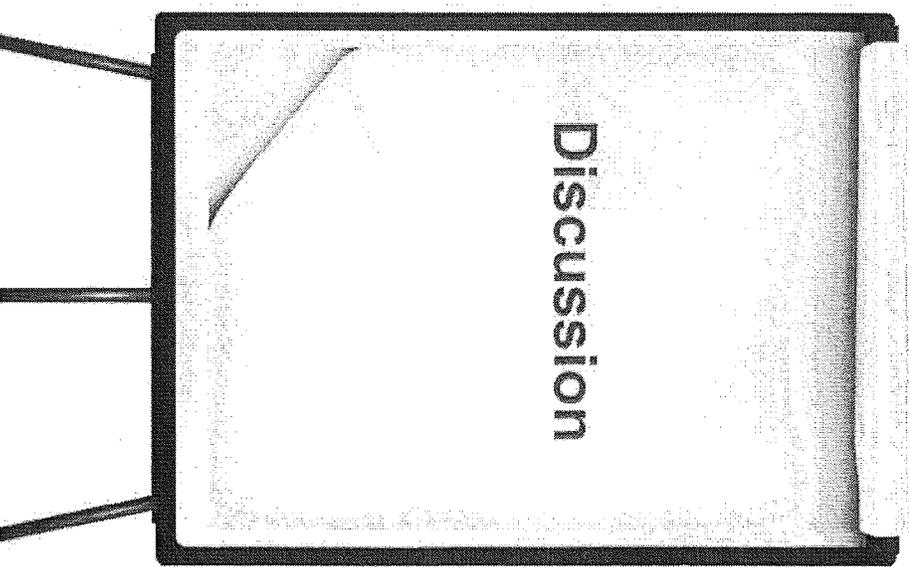


nonviolent crisis intervention

Unit 5: Precipitating Factors, Rational
Detachment, Integrated Experience

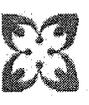
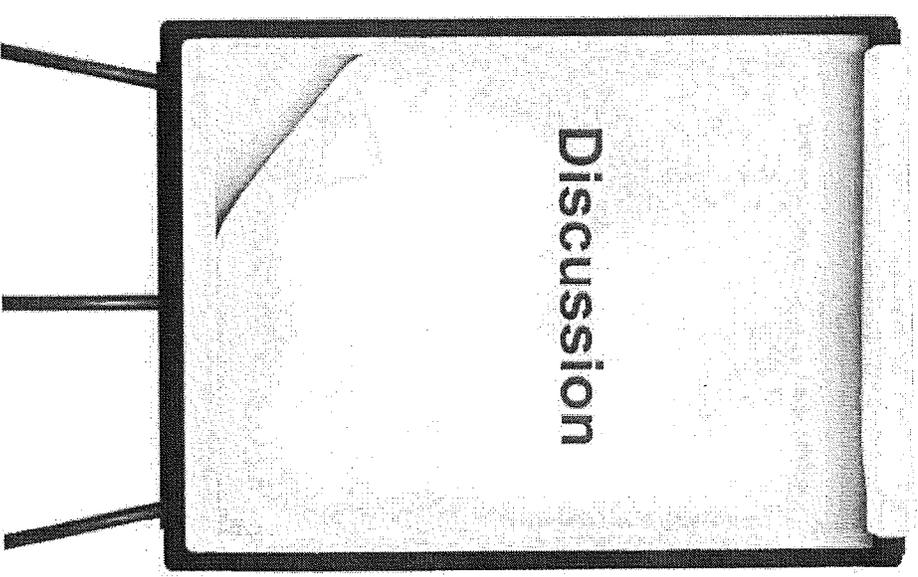
WORKBOOK PG 12

Precipitating Factors



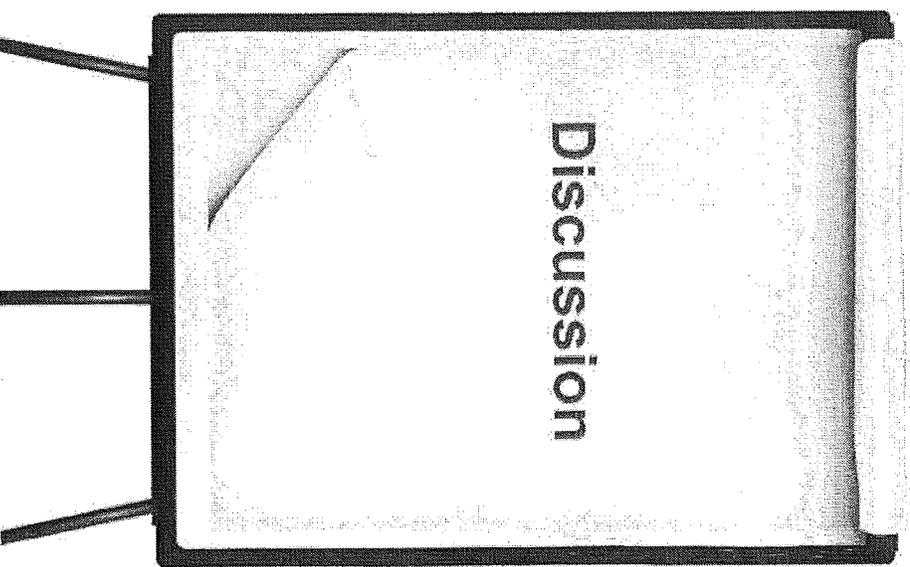
Unit 5: Precipitating Factors, Rational Detachment, Integrated Experience

Precipitating Factors
Factors that influence behavior.



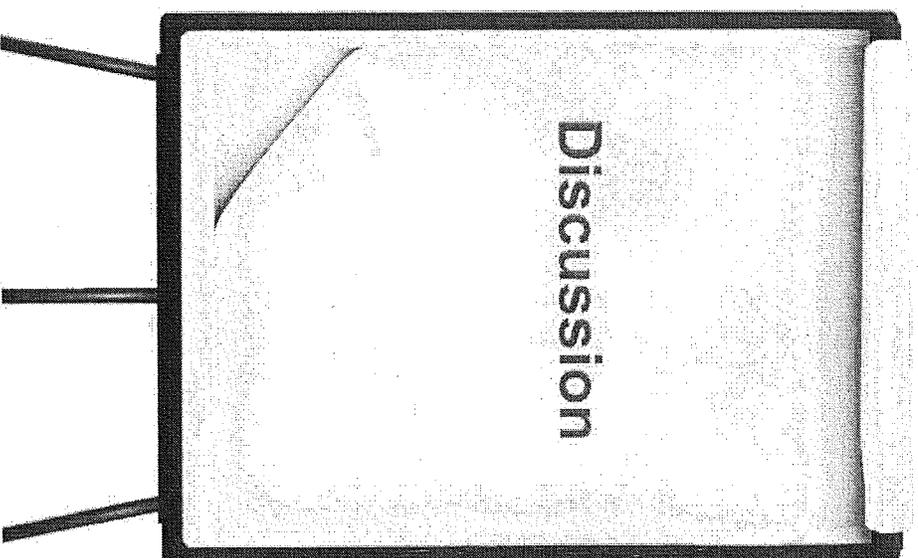
Unit 5: Precipitating Factors, Rational
Detachment, Integrated Experience

Rational Detachment



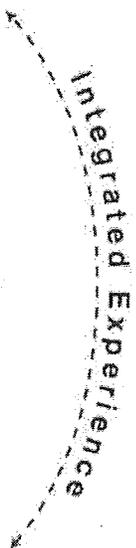
Unit 5: Precipitating Factors, Rational
Detachment, Integrated Experience

Rational Detachment
The ability to manage
your own behavior and
attitude.



Unit 5: Precipitating Factors, Rational Detachment, Integrated Experience

Integrated Experience

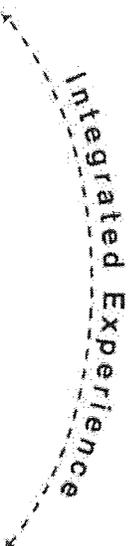


Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety	1. Supportive
2. Defensive	2. Directive
3. Risk Behavior	3. Physical Intervention
4. Tension Reduction	4. Therapeutic Rapport



Unit 5: Precipitating Factors, Rational Detachment, Integrated Experience

Integrated Experience Behavior influences behavior.



Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety	1. Supportive
2. Defensive	2. Directive
3. Risk Behavior	3. Physical Intervention
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Staff Fear and Anxiety

UNIT 6



nonviolent crisis intervention

Unit 6: Staff Fear and Anxiety

Unproductive

Productive



Unit 6: Staff Fear and Anxiety

Unproductive

Productive

- **Freeze**



Unit 6: Staff Fear and Anxiety

Unproductive

Productive

- **Freeze**
- **Overreact**



Unit 6: Staff Fear and Anxiety

Unproductive

Productive

- **Freeze**
- **Overreact**
- **Respond**
inappropriately



Unit 6: Staff Fear and Anxiety

Unproductive

- **Freeze**
- **Overreact**
- **Respond inappropriately**

Productive

- **Increased speed and strength**



Unit 6: Staff Fear and Anxiety

Unproductive

- **Freeze**
- **Overreact**
- **Respond inappropriately**

Productive

- **Increased speed and strength**
- **Increased sensory acuity**



Unit 6: Staff Fear and Anxiety

Unproductive

- **Freeze**
- **Overreact**
- **Respond inappropriately**

Productive

- **Increased speed and strength**
- **Increased sensory acuity**
- **Decreased reaction time**



Unit 6: Staff Fear and Anxiety

Maximizing Productive Responses



Unit 6: Staff Fear and Anxiety

Maximizing Productive Responses

- **Learn to keep yourself safe.**



Unit 6: Staff Fear and Anxiety

Maximizing Productive Responses

- **Learn to keep yourself safe.**
- **Learn how to keep the individual in crisis safe.**



Unit 6: Staff Fear and Anxiety

Maximizing Productive Responses

- **Learn to keep yourself safe.**
- **Learn how to keep the individual in crisis safe.**
- **Use a team approach.**



Unit 6: Staff Fear and Anxiety

Maximizing Productive Responses

- Learn to keep yourself safe.
- Learn how to keep the individual in crisis safe.
- Use a team approach.
- Understand what makes you afraid and drives your decisions.





Decision Making

UNIT 7



nonviolent crisis intervention

Unit 7: Decision Making

Key Legal and Professional Considerations



Unit 7: Decision Making

Key Legal and Professional Considerations

- **Accreditation and regulation**



Unit 7: Decision Making

Key Legal and Professional Considerations

- **Accreditation and regulation**
- **Professional codes of practice**



Unit 7: Decision Making

Key Legal and Professional Considerations

- **Accreditation and regulation**
- **Professional codes of practice**
- **Benchmarks for good practice**



Unit 7: Decision Making

Key Legal and Professional Considerations

- **Accreditation and regulation**
- **Professional codes of practice**
- **Benchmarks for good practice**
- **Criminal/Civil law**



Unit 7: Decision Making

Key Themes



Unit 7: Decision Making

Key Themes

- **Duty of care**



Unit 7: Decision Making

Key Themes

- **Duty of care**
- **Best interests**



Unit 7: Decision Making

Key Themes

- **Duty of care**
- **Best interests**
- **Reasonable and proportionate**



Unit 7: Decision Making

Key Themes

- **Duty of care**
- **Best interests**
- **Reasonable and proportionate**
- **Last resort and least restrictive**



Unit 7: Decision Making

Key Themes

- **Duty of care**
- **Best interests**
- **Reasonable and proportionate**
- **Last resort and least restrictive**
- **The risk of doing something and the risk of doing nothing**



Unit 7: Decision Making

Key Themes

- **Duty of care**
- **Best interests**
- **Reasonable and proportionate**
- **Last resort and least restrictive**
- **The risk of doing something and the risk of doing nothing**
- **Human rights**



Unit 7: Decision Making

Decision-Making Matrix

A 3x3 grid with a diagonal gradient from light to dark. The top-left cell is lightest, and the bottom-right cell is darkest. The middle row and middle column are shaded in a medium gray, while the other cells are in lighter or darker shades of gray.

Lightest Gray	Light Gray	Medium Gray
Light Gray	Medium Gray	Dark Gray
Medium Gray	Dark Gray	Darkest Gray

Risk: The chance of a bad consequence.



Unit 7: Decision Making

Decision-Making Matrix

LIKELIHOOD

Likelihood: The chance that an event or behavior may occur.



Unit 7: Decision Making

Decision-Making Matrix

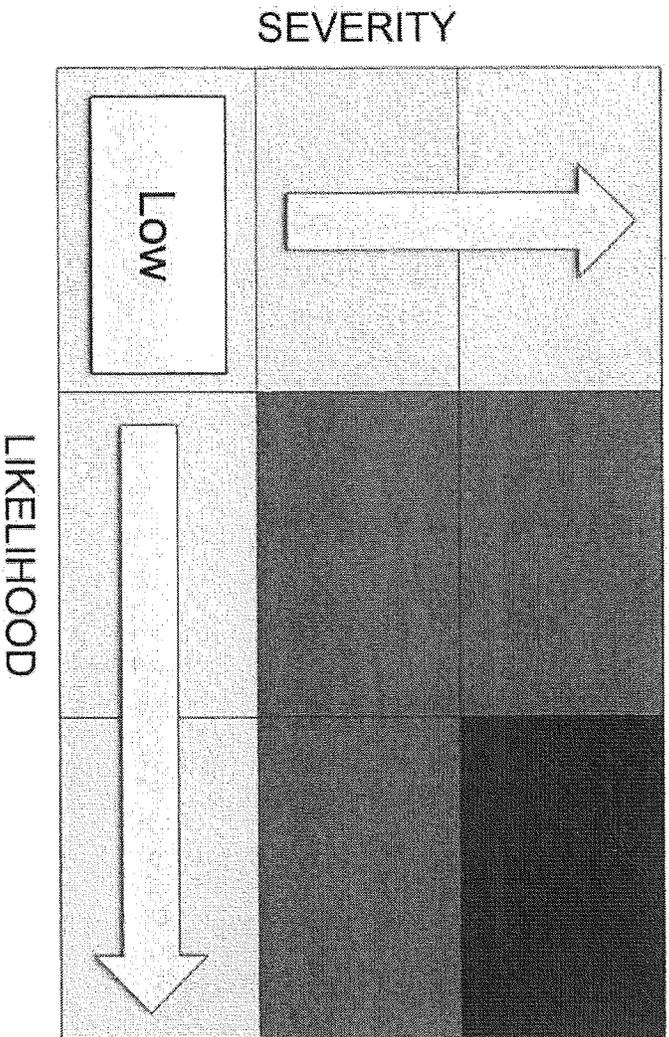
		SEVERITY		
		Low	Medium	High
LIKELIHOOD	Low	Low	Medium	High
	Medium	Low	Medium	High
	High	Low	Medium	High

Severity: The level of harm that may occur.



Unit 7: Decision Making

Decision-Making Matrix



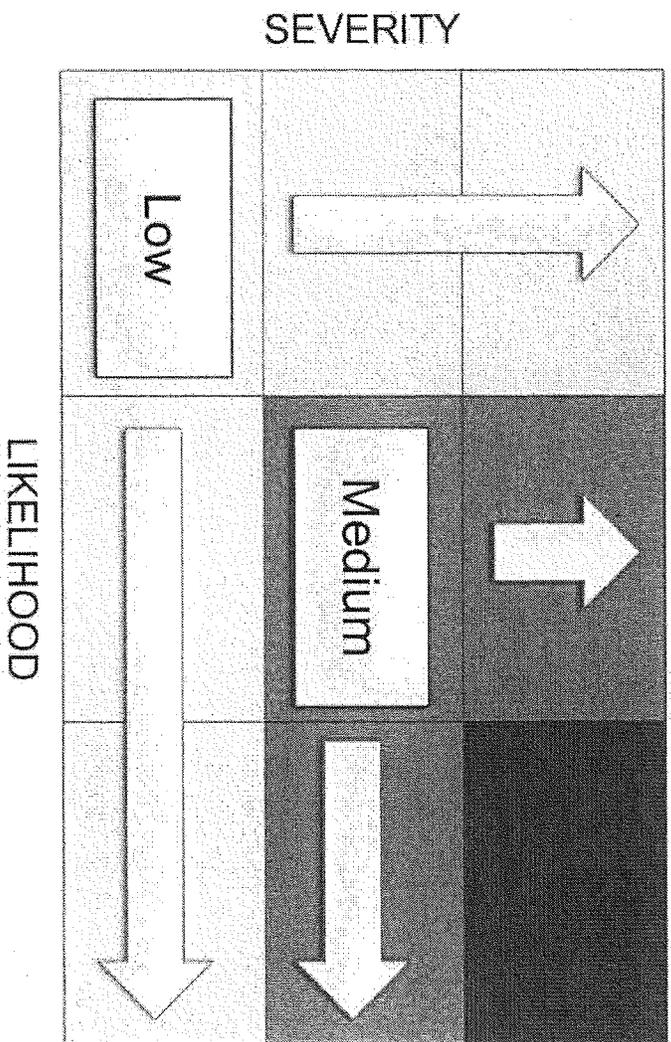
Lower Risk

- Unlikely event/behavior → high severity of harm.
- Likely event/behavior → low severity of harm.



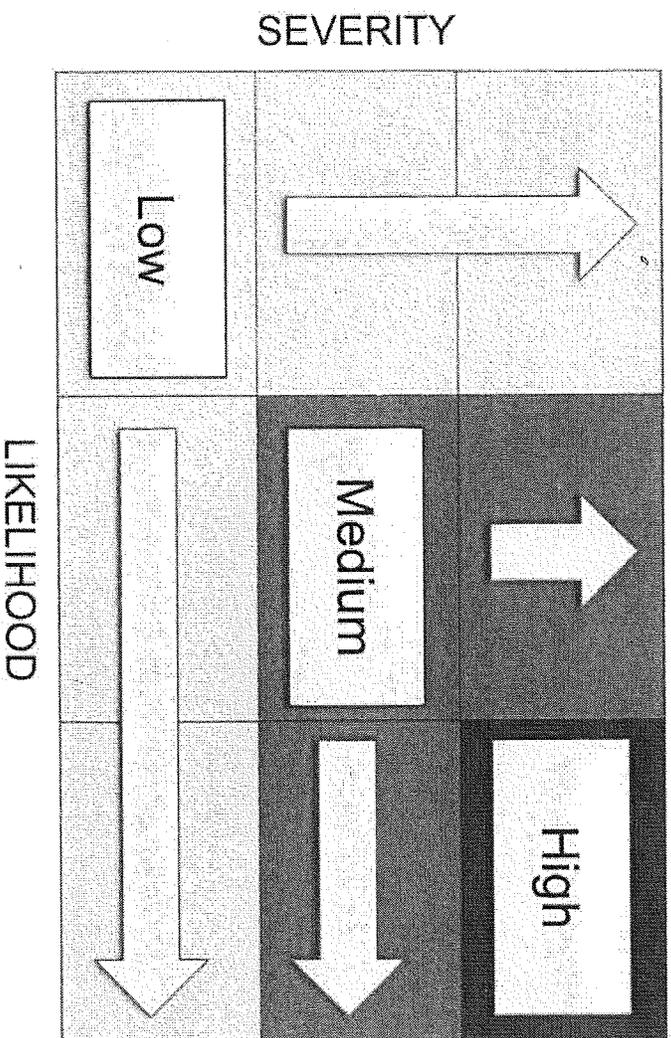
Unit 7: Decision Making

Decision-Making Matrix



Unit 7: Decision Making

Decision-Making Matrix



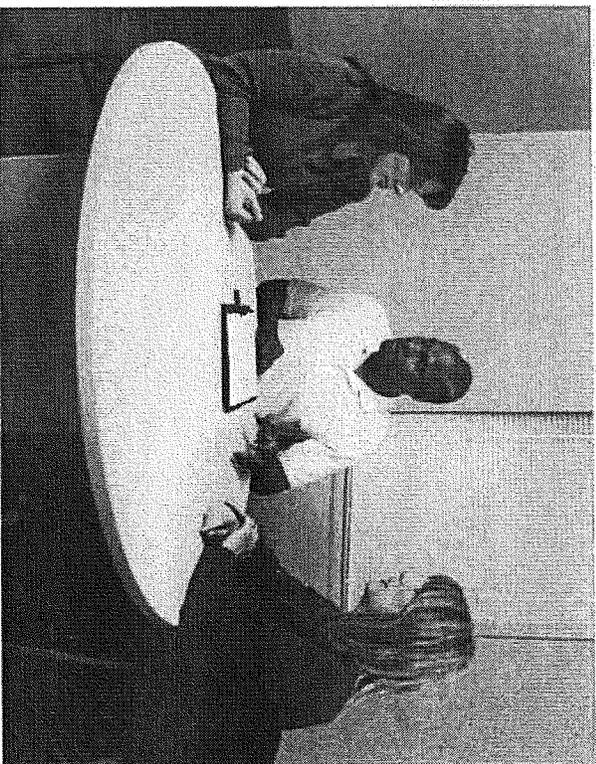
Higher Risk

- Likely event/behavior \longrightarrow high severity of harm.



Unit 7: Decision Making

Team Intervention Reasons for Team

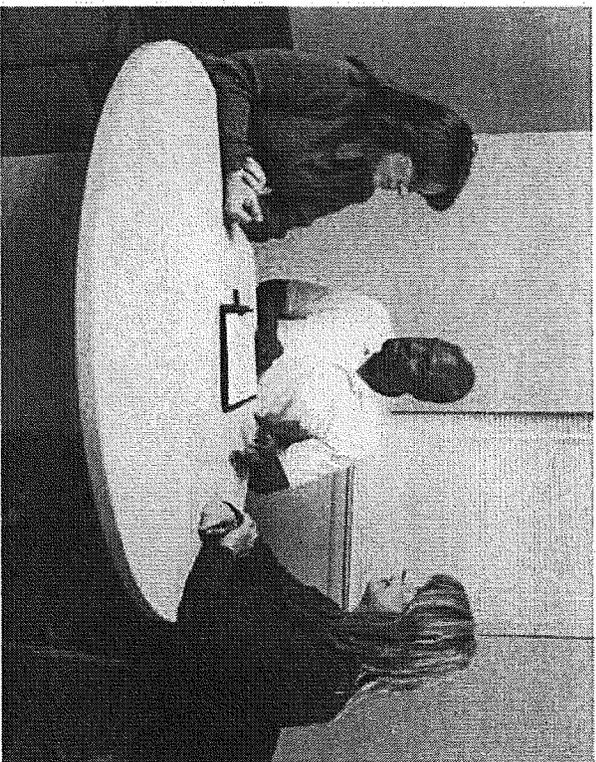


Unit 7: Decision Making

Team Intervention

Reasons for Team

- **Safety**

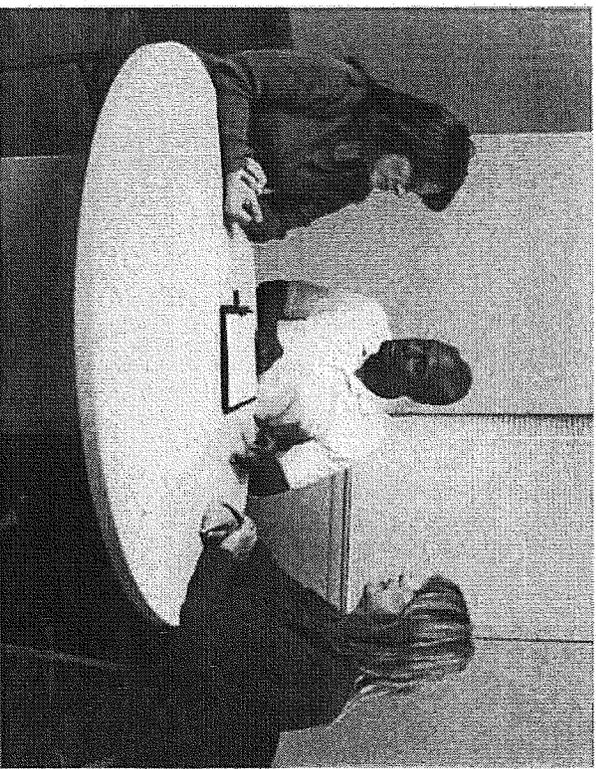


Unit 7: Decision Making

Team Intervention

Reasons for Team

- **Safety**
- **Professionalism**

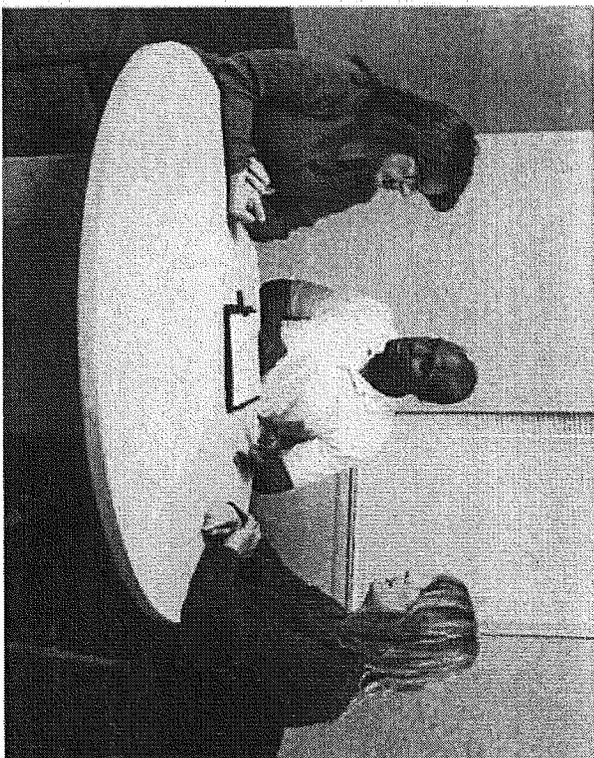


Unit 7: Decision Making

Team Intervention

Reasons for Team

- **Safety**
- **Professionalism**
- **Litigation**



Unit 7: Decision Making

Team Leader



Unit 7: Decision Making

Team Leader

- **First on the scene**



Unit 7: Decision Making

Team Leader

- **First on the scene**
- **Confident/competent**



Unit 7: Decision Making

Team Leader

- **First on the scene**
- **Confident/competent**
- **Best rapport**



Unit 7: Decision Making

Auxiliary Team Member Duties



Unit 7: Decision Making

Auxiliary Team Member Duties

1. Check
 - The physical and psychological status of the individual in crisis.
 - The safety of the environment. Remove dangerous objects.



Unit 7: Decision Making

Auxiliary Team Member Duties

1. Check
 - The physical and psychological status of the individual in crisis.
 - The safety of the environment. Remove dangerous objects.
2. Address
 - What needs to happen to de-escalate the crisis?
 - Are there any safety concerns?
 - In physical interventions, are Control Dynamics being utilized safely?



Unit 7: Decision Making

Auxiliary Team Member Duties

1. Check
 - The physical and psychological status of the individual in crisis.
 - The safety of the environment. Remove dangerous objects.
2. Address
 - What needs to happen to de-escalate the crisis?
 - Are there any safety concerns?
 - In physical interventions, are Control Dynamics being utilized safely?
3. Recognize
 - Additional assistance when needed.
 - The need to change intervention strategies.



Unit 7: Decision Making

Auxiliary Team Member Duties

1. Check
 - The physical and psychological status of the individual in crisis.
 - The safety of the environment. Remove dangerous objects.
2. Address
 - What needs to happen to de-escalate the crisis?
 - Are there any safety concerns?
 - In physical interventions, are Control Dynamics being utilized safely?
3. Recognize
 - Additional assistance when needed.
 - The need to change intervention strategies.
4. Engage in
 - Verbal de-escalation with the escalating individual (if directed by the team leader).
 - Support to other team members.



Unit 7: Decision Making

Team Leader/Incident Manager Duties



Unit 7: Decision Making

Team Leader/Incident Manager Duties

- **Planning**



Unit 7: Decision Making

Team Leader/Incident Manager Duties

- **Planning**
- **Decision Making**



Unit 7: Decision Making

Team Leader/Incident Manager Duties

- **Planning**
- **Decision Making**
- **Communication**



Unit 7: Decision Making

Team Leader/Incident Manager Duties

- **Planning**
- **Decision Making**
- **Communication**
- **Safety**



Unit 7: Decision Making

Team Leader/Incident Manager Duties

- **Planning**
- **Decision Making**
- **Communication**
- **Safety**
- **Postvention Approaches**





Physical Interventions – Disengagement Skills

UNIT 8

Unit 8: Physical Interventions – Disengagement Skills

Key Principles



Unit 8: Physical Interventions – Disengagement Skills

Key Principles

Position – Posture – Proximity



Unit 8: Physical Interventions – Disengagement Skills

Key Principles

Position – Posture – Proximity
Biomechanical Benefit



Unit 8: Physical Interventions – Disengagement Skills

Key Principles

- Position – Posture – Proximity**
- Biomechanical Benefit**
- Hold and Stabilize**



Unit 8: Physical Interventions – Disengagement Skills

Key Principles

Position – Posture – Proximity

Biomechanical Benefit

- **Hold and Stabilize**
- **Pull/Push (move in opposite directions)**



Unit 8: Physical Interventions – Disengagement Skills

Key Principles

Position – Posture – Proximity

Biomechanical Benefit

- **Hold and Stabilize**
- **Pull/Push (move in opposite directions)**
- **Lever**



Unit 8: Physical Interventions – Disengagement Skills

Decision-Making Matrix: Disengagement Skills

Lightest gray	Light gray	Medium gray
Lightest gray	Medium gray	Dark gray
Lightest gray	Medium gray	Dark gray

Last resort; reasonable; least restrictive; proportionate to the level of risk behavior.



Unit 8: Physical Interventions – Disengagement Skills

Decision-Making Matrix: Disengagement Skills

	Medium	High
Low		

Last resort; reasonable; least restrictive; proportionate to the level of risk behavior.



Unit 8: Physical Interventions – Disengagement Skills

Physical Skills Review



Unit 8: Physical Interventions – Disengagement Skills

Physical Skills Review

Safe: What makes these skills safe?



Unit 8: Physical Interventions – Disengagement Skills

Physical Skills Review

Safe: What makes these skills safe?

Effective: What makes it an effective strategy?



Unit 8: Physical Interventions – Disengagement Skills

Physical Skills Review

Safe: What makes these skills safe?

Effective: What makes it an effective strategy?

Acceptable: Would this be viewed as an acceptable response to risk behavior?



Unit 8: Physical Interventions – Disengagement Skills

Physical Skills Review

Safe: What makes these skills safe?

Effective: What makes it an effective strategy?

Acceptable: Would this be viewed as an acceptable response to risk behavior?

Transferable: Is this skill transferable?



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE Continuum*SM



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay

E = Explain or Ask



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay
E = Explain or Ask
S = State or Tell



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay
E = Explain or Ask
S = State or Tell
P = Prompt, Gesture, or Sign



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay
E = Explain or Ask
S = State or Tell
P = Prompt, Gesture, or Sign
O = Option to Use Physical Interventions



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay
E = Explain or Ask
S = State or Tell
P = Prompt, Gesture, or Sign
O = Option to Use Physical Interventions
N = Nurture Recovery



Unit 8: Physical Interventions – Disengagement Skills

The **RESPONSE** ContinuumSM

R = Relax and Downplay
E = Explain or Ask
S = State or Tell
P = Prompt, Gesture, or Sign
O = Option to Use Physical Interventions
N = Nurture Recovery
S = Support



Unit 8: Physical Interventions – Disengagement Skills

The *RESPONSE* ContinuumSM

R = Relax and Downplay
E = Explain or Ask
S = State or Tell
P = Prompt, Gesture, or Sign
O = Option to Use Physical Interventions
N = Nurture Recovery
S = Support
E = Engage and Learn





Physical Interventions – Holding Skills

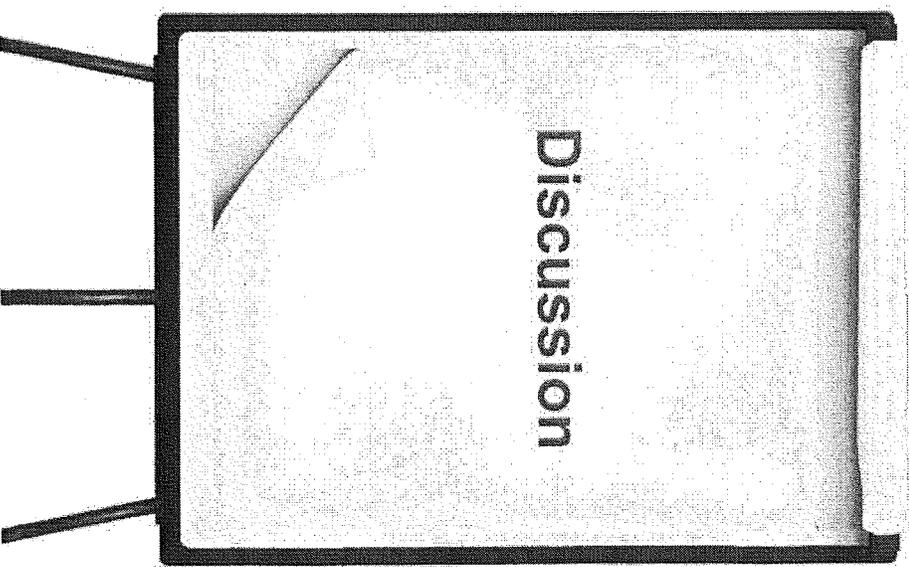
UNIT 9



nonviolent crisis intervention

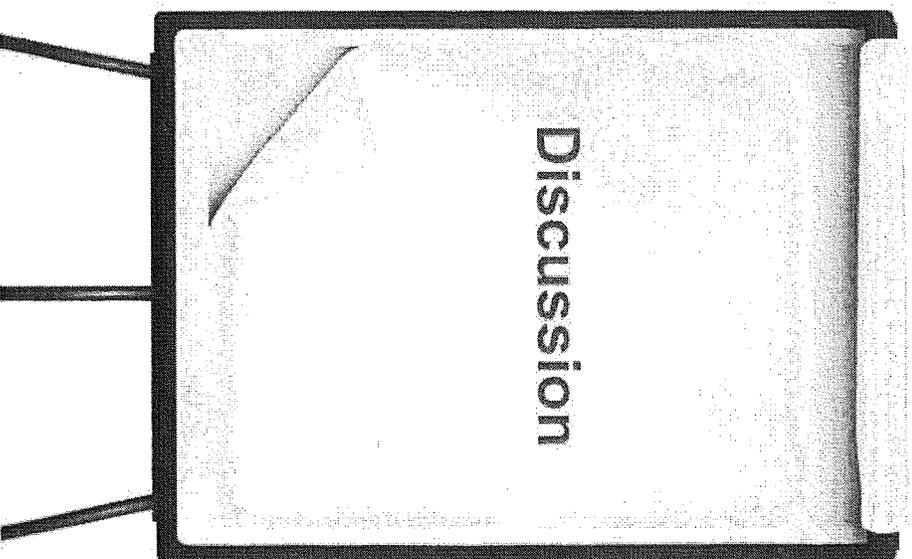
Unit 9: Physical Interventions – Holding Skills

Touch Zones



Unit 9: Physical Interventions – Holding Skills

Risks of Restraints



Unit 9: Physical Interventions – Holding Skills

Key Principles



Unit 9: Physical Interventions – Holding Skills

Key Principles

Position – Posture – Proximity



Unit 9: Physical Interventions – Holding Skills

Key Principles

Position – Posture – Proximity

Biomechanical Benefit



Unit 9: Physical Interventions – Holding Skills

Key Principles

Position – Posture – Proximity

Biomechanical Benefit

- **Outside/Inside**



Unit 9: Physical Interventions – Holding Skills

Key Principles

Position – Posture – Proximity

Biomechanical Benefit

- **Outside/Inside**
- **Limit the range of motion**



Unit 9: Physical Interventions – Holding Skills

Decision-Making Matrix: Holding Skills

Lightest gray	Light gray	Medium-light gray
Light gray	Medium gray	Medium-dark gray
Light gray	Medium-dark gray	Darkest gray

Last resort; reasonable; least restrictive; proportionate to the level of risk behavior.



Unit 9: Physical Interventions – Holding Skills

Control Dynamics



Unit 9: Physical Interventions – Holding Skills

Control Dynamics

Manage the arms.



Unit 9: Physical Interventions – Holding Skills

Control Dynamics

Manage the arms.

Manage the incline.



Unit 9: Physical Interventions – Holding Skills

Control Dynamics

Manage the arms.

Manage the incline.

Manage mobility.



Unit 9: Physical Interventions – Holding Skills

Physical Skills Review



Unit 9: Physical Interventions – Holding Skills

Physical Skills Review

Safe: What makes these skills safe?



Unit 9: Physical Interventions – Holding Skills

Physical Skills Review

Safe: What makes these skills safe?

Effective: What makes it an effective strategy?



Unit 9: Physical Interventions – Holding Skills

Physical Skills Review

Safe: What makes these skills safe?

Effective: What makes it an effective strategy?

Acceptable: Would this be viewed as an acceptable response to risk behavior?



Unit 9: Physical Interventions – Holding Skills

Physical Skills Review

Safe: What makes these skills safe?

Effective: What makes it an effective strategy?

Acceptable: Would this be viewed as an acceptable response to risk behavior?

Transferable: Is this skill transferable?





Postvention

UNIT 10



nonviolent crisis intervention

Unit 10: Postvention

The **COPING Model**SM

Individual	Staff
<p>Control emotional and physical.</p> <p>Orient yourself to the basic facts.</p> <p>Patterns look for triggers.</p> <p>Investigate alternatives to the behavior.</p> <p>Negotiate future approaches, expectations, and behavior.</p> <p>Give control back; provide support and encouragement.</p>	



Unit 10: Postvention

The **COPING Model**SM

Individual	Staff
	<p>Control emotional and physical.</p>
	<p>Orient yourself to the basic facts.</p>
	<p>Patterns in staff responses to the behavior.</p>
	<p>Investigate ways to strengthen staff responses.</p>
	<p>Negotiate changes that will improve future interventions.</p>
	<p>Give support and encouragement.</p>





Thank You

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FOUNDATION COURSE



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