SUPPLEMENTAL RESOURCE LIST:
RETURNING TO WORK POST-COVID

General COVID-19 Information and Updates

ABA COVID-19 Resources
https://www.americanbar.org/groups/gpsolo/resources/disaster-resources/

ABA Commission on Lawyer Assistance Programs Mental Health Resources
https://www.americanbar.org/groups/lawyer_assistance/resources/covid-19--mental-health-resources/

ABA Practice Forward Amid COVID-19
https://www.americanbar.org/initiatives/practice-forward/
Continually updated tools and resources to help move your practice and the legal profession forward during COVID-19 and beyond.

American Psychiatric Association Foundation Center for Workplace Mental Health COVID-19: Mental Health and Well-being

Centers for Disease Control and Prevention (CDC)
https://www.cdc.gov
The CDC site is likely to offer the most current information on the COVID-19 virus, its spread, vaccinations, community recommendations, and other news.

Cleveland Clinic Employer Solutions
COVID-19: Creating a Safe Workplace

National Institutes of Health
The NIH site contains frequently updated blog posts and news releases relating to research and other COVID-19 information.

Minnesota Department of Health
https://www.health.state.mn.us/diseases/coronavirus/

Minnesota Courts COVID-19 Information
https://www.mncourts.gov/emergency.aspx

Minnesota COVID Response
https://mn.gov/covid19/

University of Minnesota Center for Infectious Disease Research and Policy (CIDRAP)
https://www.cidrap.umn.edu/covid-19
Publications & Literature

Ethics


Gender Disparity


Grief and Loss


The Legal Profession


Mental Health


“We are all either desperately lonely—or desperate for alone time. Which are you?” Emma Beddington, *The Guardian* (March 22, 2021), [https://www.theguardian.com/commentisfree/2021/mar/22/we-are-all-either-desperately-lonely-or-desperate-for-alone-time-which-are-you](https://www.theguardian.com/commentisfree/2021/mar/22/we-are-all-either-desperately-lonely-or-desperate-for-alone-time-which-are-you)

**Substance Use**


Last Reviewed: 7/20/2021
Well-Being


“Emotional Well-Being and Coping During COVID-19,” *Weill Institute for Neurosciences, Department of Psychiatry and Behavior Sciences, University of California, San Francisco*, [https://psychiatry.ucsf.edu/copingresources/covid19](https://psychiatry.ucsf.edu/copingresources/covid19)


“How to Reset Your Family’s Screen Time After the Pandemic,” Maryam Abdullah, *Greater Good Magazine* (July 1, 2021), [https://greatergood.berkeley.edu/article/item/how_to_reset_your_familys_screen_time_after_the_pandemic](https://greatergood.berkeley.edu/article/item/how_to_reset_your_familys_screen_time_after_the_pandemic)


The Workplace


“Workplace Mental Health: Employee Support Guide,” Mental Health America,
https://mhanational.org/employeesupportguide