1. **SUBJECT**: Interim Enforcement Guidance on the application of the Americans with Disabilities Act of 1990 to disability-based distinctions in employer provided health insurance.

2. **PURPOSE**: This interim enforcement guidance sets forth the Commission's position on the application of the Americans with Disabilities Act to disability-based distinctions in employer provided health insurance.

3. **EFFECTIVE DATE**: Upon issuance.

4. **EXPIRATION DATE**: As an exception to EEOC Order 205.001, Appendix B, Attachment 4, § a(5), this Notice will remain in effect until rescinded or superseded.

5. **ORIGINATOR**: Americans with Disabilities Act Division, Office of Legal Counsel.

6. **INSTRUCTIONS**: This enforcement guidance is to be used on an interim basis until the Commission issues final guidance after publication for notice and comment. File after [ ] of Volume II of the Compliance Manual.

7. **SUBJECT MATTER**:

I. **INTRODUCTION**

The interplay between the nondiscrimination principles of the ADA and employer provided health insurance, which is predicated on the ability to make health-related distinctions, is both unique and complex. This interplay is, undoubtedly, most complex when a health insurance plan contains distinctions that are based on disability. The purpose of this interim guidance is to assist Commission investigators in analyzing ADA charges which allege that a disability-based distinction in the terms or provisions of an employer provided health insurance plan violates the ADA.\(^1\) This interim guidance does not address the application of the ADA to other issues arising in the context of employer provided health insurance. Nor does it address the application of the ADA to other types of "fringe benefits," such as employer provided pension plans, life insurance, and disability insurance. These subjects will be addressed in future documents.

\(^1\) In light of the recent amendments to the Rehabilitation Act of 1973, the analysis in this interim guidance also applies to federal sector complaints of discrimination arising under section 501 of that statute.
II. BACKGROUND AND LEGAL FRAMEWORK

The ADA provides that it is unlawful for an employer to discriminate on the basis of disability against a qualified individual with a disability in regard to "job application procedures, the hiring, advancement, or discharge of employees, employee compensation, job training, and other terms, conditions, and privileges of employment." 42 U.S.C. § 12112(a). Section 1630.4 of the Commission's regulations implementing the employment provisions of the ADA further provides, in pertinent part, that it is unlawful for an employer to discriminate on the basis of disability against a qualified individual with a disability in regard to "[f]ringe benefits available by virtue of employment, whether or not administered by the [employer]." 29 C.F.R. § 1630.4(f). Employee benefit plans, including health insurance plans provided by an employer to its employees, are a fringe benefit available by virtue of employment. Generally speaking, therefore, the ADA prohibits employers from discriminating on the basis of disability in the provision of health insurance to their employees.

The ADA also prohibits employers from indirectly discriminating on the basis of disability in the provision of health insurance. Employers may not enter into, or participate in, a contractual or other arrangement or relationship that has the effect of discriminating against their own qualified applicants or employees with disabilities. 42 U.S.C. § 12112(b)(2); 29 C.F.R. § 1630.6(a). Contractual or other relationships with organizations that provide fringe benefits to employees are expressly included in this prohibition. 42 U.S.C. § 12112(b)(2); 29 C.F.R. § 1630.6(b). This means that an employer will be liable for any discrimination resulting from a contract or

2 The ADA also prohibits employment agencies, labor organizations, and joint labor management committees from discriminating in employment against qualified individuals with disabilities. However, for convenience, only the term "employer" is used throughout this document.
agreement with an insurance company, health maintenance organization (HMO), third party administrator (TPA), stop-loss carrier, or other organization to provide or administer a health insurance plan on behalf of its employees.


Several consequences result from the application of these statutory provisions. First, disability-based insurance plan distinctions are permitted only if they are within the protective ambit of section 501(c) of the ADA. (See the discussion in Section III, infra.) Second, decisions about the employment of an individual with a disability cannot be motivated by concerns about the impact of the individual's disability on the employer's health insurance plan. Appendix to 29 C.F.R. § 1630.15(a). Third, employees with disabilities must be accorded "equal access" to whatever health insurance the employer provides to employees without disabilities. See Appendix to 29 C.F.R. § 1630.16(f). Fourth, in view of the statute's "association provision," 42 U.S.C. § 12112(b)(4); 29 C.F.R. § 1630.8, it would violate the ADA for an employer to make an employment decision about any person, whether or not that person has a disability, because of concerns about the impact on the health insurance plan of the disability of someone else with whom that person has a relationship.

As previously noted, this interim guidance is devoted solely to the ADA implications of disability-based health insurance plan distinctions. The ADA implications of other issues arising in the context of employer provided health insurance will be addressed in future guidance.
III. DISABILITY-BASED DISTINCTIONS

A. Framework of Analysis

Whenever it is alleged that a health-related term or provision of an employer provided health insurance plan violates the ADA, the first issue is whether the challenged term or provision is, in fact, a disability-based distinction. If the Commission determines that a challenged health insurance plan term or provision is a disability-based distinction, the respondent will be required to prove that that disability-based distinction is within the protective ambit of section 501(c) of the ADA.

In pertinent part, section 501(c) permits employers, insurers, and plan administrators to establish and/or observe the terms of an insured health insurance plan that is "bona fide," based on "underwriting risks, classifying risks, or administering such risks that are based on or not inconsistent with State law," and that is not being used as a "subterfuge" to evade the purposes of the ADA. Section 501(c) likewise permits employers, insurers, and plan administrators to establish and/or observe the terms of a "bona fide" self-insured health insurance plan that is not used as

3 An "insured" health insurance plan is a health insurance plan or policy that is purchased from an insurance company or other organization, such as a health maintenance organization (HMO). This is in contrast to a "self-insured" health plan, where the employer directly assumes the liability of an insurer. Insured health insurance plans are regulated by both ERISA and state law. Self-insured plans are typically subject to ERISA, but are not subject to state laws that regulate insurance.

4 The term "bona fide" is defined in Section III (C)(1), infra.
Section 1630.16(f) states:

(f) Health insurance, life insurance and other benefit plans—

(1) An insurer, hospital, or medical service company, health maintenance organization, or any agent or entity that administers benefit plans, or similar organizations may underwrite risks, classify risks, or administer such risks that are based on or not inconsistent with State law.

(2) A covered entity may establish, sponsor, observe, or administer the terms of a bona fide benefit plan that are based on underwriting risks, classifying risks, or administering such risks that are based on or not inconsistent with State law.

(3) A covered entity may establish, sponsor, observe, or administer the terms of a bona fide benefit plan that is not subject to State laws that regulate insurance.

(4) The activities described in paragraphs (f)(1), (2) and (3) are permitted unless these activities are being used as a subterfuge to evade the purposes of [Title I of the ADA].

If an employer provided health insurance plan is a "multiple employer welfare arrangement" (MEWA) pursuant to section 3(40) of ERISA, it may be subject to certain state insurance laws even if it is self-insured. See footnote 13, infra.
If the respondent so demonstrates, the Commission will conclude that the challenged disability-based distinction is within the protective ambit of section 501(c) and does not violate the ADA. If, on the other hand, the respondent is unable to make this two-pronged demonstration, the Commission will conclude that the respondent has violated the ADA.

B. What Is a Disability-Based Distinction?

It is important to note that not all health-related plan distinctions discriminate on the basis of disability. Insurance distinctions that are not based on disability, and that are applied equally to all insured employees, do not discriminate on the basis of disability and so do not violate the ADA.

For example, a feature of some employer provided health insurance plans is a distinction between the benefits provided for the treatment of physical conditions on the one hand, and the benefits provided for the treatment of "mental/nervous" conditions on the other. Typically, a lower level of benefits is provided for the treatment of mental/nervous conditions than is provided for the treatment of physical conditions. Similarly, some health insurance plans provide fewer benefits for "eye care" than for other physical conditions. Such broad distinctions, which apply to the treatment of a multitude of dissimilar conditions and which constrain individuals both with and without disabilities, are not distinctions based on disability. Consequently, although such distinctions may have a greater impact on certain individuals with disabilities, they do not

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7 The term "discriminates" refers only to disparate treatment. The adverse impact theory of discrimination is unavailable in this context. See Alexander v. Choate, 469 U.S. 287 (1985), a case brought under § 504 of the Rehabilitation Act of 1973. See also the discussion of Choate in the Senate Report at 85; House Labor Report at 137.
intentionally discriminate on the basis of disability \textsuperscript{8} and do not violate the ADA. \textsuperscript{9}

Blanket pre-existing condition clauses that exclude from the coverage of a health insurance plan the treatment of conditions that pre-date an individual's eligibility for benefits under that plan also are not distinctions based on disability, and do not violate the ADA. Universal limits or exclusions from coverage of all experimental drugs and/or treatments, or of all "elective surgery," are likewise not insurance distinctions based on

\textsuperscript{8} However, it would violate the ADA for an employer to selectively apply a universal or "neutral" non-disability based insurance distinction only to individuals with disabilities. Thus, for example, it would violate the ADA for an employer to apply a "neutral" health insurance plan limitation on "eye care" only to an employee seeking treatment for a vision disability, but not to other employees who do not have vision disabilities. Charges alleging that a universal or "neutral" non-disability based insurance distinction has been selectively applied to individuals with disabilities should be processed using traditional disparate treatment theory and analysis.

\textsuperscript{9} This position is consistent with the case law developed pursuant to § 504 of the Rehabilitation Act of 1973, as amended, 29 U.S.C. § 794, the statute on which the ADA is patterned. Courts faced with challenges to insurance plan distinctions between physical benefits and mental/nervous benefits under the Rehabilitation Act have held that such distinctions are rational and do not discriminate on the basis of disability. \textit{See, e.g., Doe v. Colautti}, 592 F.2d 704 (3d Cir. 1979) (holding that Pennsylvania's medical assistance statute was not required by the Rehabilitation Act to provide the same level of benefits for inpatient hospital treatment of mental illness as for inpatient hospital treatment of physical illness; the court noted that care for physical illness and care for mental illness were two different benefits), and \textit{Doe v. Devine}, 545 F. Supp. 576 (D.D.C. 1982), \textit{aff'd on other grounds}, 703 F. 2d 1319 (D.C. Cir. 1983) (holding that Blue Cross "cutbacks" in mental health benefits for federal employees are reasonable and do not discriminate on the basis of disability).
disability. Similarly, coverage limits on medical procedures that are not exclusively, or nearly exclusively, utilized for the treatment of a particular disability are not distinctions based on disability. Thus, for example, it would not violate the ADA for an employer to limit the number of blood transfusions or X-rays that it will pay for, even though this may have an adverse effect on individuals with certain disabilities.

**Example 1.** The R Company health insurance plan limits the benefits provided for the treatment of any physical conditions to a maximum of $25,000 per year. CP, an employee of R, files a charge of discrimination alleging that the $25,000 cap violates the ADA because it is insufficient to cover the cost of treatment for her cancer. The $25,000 cap does not single out a specific disability, discrete group of disabilities, or disability in general. It is therefore not a disability-based distinction. If it is applied equally to all insured employees, it does not violate the ADA.

In contrast, however, health-related insurance distinctions that are based on disability may violate the ADA. A term or provision is "disability-based" if it singles out a particular disability (e.g., deafness, AIDS, schizophrenia), a discrete group of disabilities (e.g., cancers, muscular dystrophies, kidney diseases), or disability in general (e.g., non-coverage of all conditions that substantially limit a major life activity).

As previously noted, employers may establish and/or observe the terms and provisions of a bona fide benefit plan, including terms or provisions based on disability, that are not a "subterfuge to evade the purposes" of the ADA. Such terms and provisions do not violate the ADA. However, disability-based insurance distinctions that are a "subterfuge" do intentionally discriminate on the basis of disability and so violate the ADA.

**Example 2.** R Company's new self-insured health insurance plan caps benefits for the treatment of all physical conditions, except AIDS, at $100,000 per year. The treatment of
AIDS is capped at $5,000 per year. CP, an employee with AIDS enrolled in the health insurance plan, files a charge alleging that the lower AIDS cap violates the ADA. The lower AIDS cap is a disability-based distinction. Accordingly, if R is unable to demonstrate that its health insurance plan is bona fide and that the AIDS cap is not a subterfuge, a violation of the ADA will be found.

Example 3. R Company has a health insurance plan that excludes from coverage treatment for any pre-existing blood disorders for a period of 18 months, but does not exclude the treatment of any other pre-existing conditions. R's pre-existing condition clause only excludes treatment for a discrete group of related disabilities, e.g., hemophilia, leukemia, and is thus a disability-based distinction. CP, an individual with acute leukemia who recently joined R Company and enrolled in its health insurance plan, files a charge of discrimination alleging that the disability-based pre-existing condition clause violates the ADA. If R is unable to demonstrate that its health insurance plan is bona fide and that the disability-specific pre-existing condition clause is not a subterfuge, a violation of the ADA will be found.

It should be noted that the ADA does not provide a "safe harbor" for health insurance plans that were adopted prior to its July 26, 1990 enactment. As the Senate Report states, subterfuge is to be determined "regardless of the date an insurance or employer benefit plan was adopted." Senate Report at 85; see also House Labor report at 136-138; House Judiciary Report at 70-71; Appendix to 29 C.F.R. § 1630.16(f). Consequently, the challenged disability-based terms and provisions of a pre-ADA health insurance plan will be scrutinized under the same
subterfuge standard as are the challenged disability-based terms, provisions, and conditions of post-ADA health insurance plans. 10

C. The Respondent's Burden of Proof

Once the Commission has determined that a challenged health insurance term or provision constitutes a disability-based distinction, the respondent must prove that the health insurance plan is either a bona fide insured plan that is not inconsistent with state law, or a bona fide self-insured plan. The respondent must also prove that the challenged disability-based distinction is not being used as a subterfuge. Requiring the respondent to bear this burden of proving entitlement to the protection of section 501(c) is consistent with the well-established principle that the burden of proof should rest with the party who has the greatest access to the relevant facts. 11

10 It has been suggested that the Commission should interpret "subterfuge" under the ADA as having the same meaning as was accorded that term under the Age Discrimination in Employment Act (ADEA) of 1967, 29 U.S.C. § 621 et seq. In Ohio Public Employees Retirement System v. Betts, 492 U.S. 158 (1989), the Court held that a pre-ADEA benefit plan could not be a subterfuge, and that, since the ADEA did not expressly apply to fringe benefits, subterfuge required a showing of the employer's specific intent to discriminate in some non-fringe aspect of the employment relationship. However, both the language of the ADA, expressly covering "fringe benefits," and the Act's legislative history, rejecting the concept of a "safe harbor" for pre-ADA plans, make plain congressional intent that the Betts approach not be applied in the context of the ADA.

11 See Morgado v. Birmingham-Jefferson County Civil Defense Corps., 706 F.2d 1184, 1189 (11th Cir. 1983, cert. denied, 464 U.S. 1045 (1984) (employer relying on Equal Pay Act provision allowing pay differentials for reasons other than sex must prove entitlement to provision's protection because such facts "are peculiarly within the knowledge of the employer"); EEOC v. Whitin Machine Works, Inc., 635 F.2d 1095, 1097 (4th Cir. 1980) (when facts are "within [the] unique knowledge" of the employer, it bears burden of proof concerning those facts); EEOC v. Radiator Specialty Co., 610 F.2d 178, 185 n. 8 (4th Cir. 1979)
In the health insurance context, it is the respondent employer (and/or the employer's insurer, if any) who has control of the risk assessment, actuarial, and/or claims data relied upon in adopting the challenged disability-based distinction. Charging party employees have no access to such data, and, generally speaking, have no information about the employer provided health insurance plan beyond that contained in the employer provided health insurance plan description. Consequently, it is the employer who should bear the burden of proving that the challenged disability-based insurance distinction is within the protective ambit of section 501(c).

1. **The Health Insurance Plan Is "Bona Fide" and Consistent with Applicable Law**

   In order to gain the protection of section 501(c) for a challenged disability-based insurance distinction, the respondent must first prove that the health insurance plan in which the challenged distinction is contained is either a bona fide insured health insurance plan that is not inconsistent with state law, or a bona fide self-insured health insurance plan. If the health insurance plan is an insured plan, the respondent will be able to satisfy this requirement by proving that: 1) the health insurance plan is bona fide in that it exists and pays benefits, and its terms have been accurately communicated to eligible employees; and 2) the health insurance plan’s terms are not inconsistent with applicable state law as interpreted by the appropriate state authorities. If the health insurance plan is a self-insured

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("general principle of allocation of proof to the party with the most ready access to the relevant information" requires Title VII defendant to show inappropriateness of labor pool statistics).

12 See footnote 3, supra, for a discussion of the difference between "insured" and "self-insured" insurance plans.

13 The term "applicable state law" refers both to the determination of: 1) which state's laws are applicable to the particular charge (e.g., which state's laws are applicable in the event that the health insurance policy was drawn up in accordance
plan, the respondent will only be required to prove that the health insurance plan is bona fide in that it exists and pays benefits, and that its terms have been accurately communicated to covered employees.

2. The Disability-Based Distinction Is Not a Subterfuge

The second demonstration that the respondent must make in order to gain the protection of section 501(c) is that the challenged disability-based distinction is not a subterfuge to evade the purposes of the ADA. "Subterfuge" refers to disability-based disparate treatment that is not justified by the risks or costs associated with the disability. Whether a particular challenged disability-based insurance distinction is being used as a subterfuge will be determined on a case by case basis, considering the totality of the circumstances.

The respondent can prove that a challenged disability-based insurance distinction is not a subterfuge in several ways. A non-exclusive list of potential business/insurance justifications follows.

a. The respondent may prove that it has not engaged in the disability-based disparate treatment alleged. For example, where a charging party has alleged that a benefit cap of a particular catastrophic disability is discriminatory, the respondent may prove that its health insurance plan actually treats all similarly catastrophic conditions in the same way.
Actuarial data that is seriously outdated and/or inaccurate is not legitimate actuarial data. The respondent, for example, will not be able to rely on actuarial data about a disability that is based on myths, fears, or stereotypes about the disability. Nor will a respondent be able to rely on actuarial data that is based on false assumptions about disability, or on assumptions that may have once been, but are no longer, true. For example, a respondent would not be able to justify an exclusion of epilepsy from its insurance plan that is based on an erroneous assumption that people with epilepsy are more likely to have serious accidents (and thus file more claims for insurance benefits) than are individuals who do not have epilepsy.

Risk classification refers to the identification of risk factors and the grouping of those factors that pose similar risks. Risk factors may include characteristics such as age, occupation, personal habits (e.g., smoking), and medical history. Underwriting refers to the application of the various risk factors or risk classes to a particular individual or group (usually only if the group is small) for the purpose of determining whether to provide insurance.
Adverse selection is the tendency of people who represent poorer-than-average health risks to apply for and/or retain health insurance to a greater extent than people who represent average or above average health risks. Drastic increases in premiums and/or drastic decreases in insurance benefits foster an increase in adverse selection, as those who are considered to be "good" insurance risks drop out and seek enrollment in an insurance plan with lower premiums and/or better benefits. An insurance plan that is subjected to a significant rate of adverse selection may, as a result of the increase in the proportion of "poor risk/high use" enrollees to "good risk/low use" enrollees, become not viable or financially unsound.

16 Adverse selection is the tendency of people who represent poorer-than-average health risks to apply for and/or retain health insurance to a greater extent than people who represent average or above average health risks. Drastic increases in premiums and/or drastic decreases in insurance benefits foster an increase in adverse selection, as those who are considered to be "good" insurance risks drop out and seek enrollment in an insurance plan with lower premiums and/or better benefits. An insurance plan that is subjected to a significant rate of adverse selection may, as a result of the increase in the proportion of "poor risk/high use" enrollees to "good risk/low use" enrollees, become not viable or financially unsound.
condition, alleviate the symptoms of the condition, or maintain the current health status of individuals with the disability who receive the treatment. 17

IV. COVERAGE OF DEPENDENTS

The coverage of an employee's dependents under an employer provided health insurance plan is a benefit available to the employee by virtue of employment. Consequently, insurance terms, provisions, and conditions concerning dependent coverage are subject to the same ADA standards, including the application of section 501(c) to disability-based distinctions, as are other insurance terms, provisions, and conditions.

The ADA, however, does not require that the coverage accorded dependents be the same in scope as the coverage accorded the employee. For example, it would not violate the ADA for a health insurance plan to cover prescription drugs for employees, but not to include such coverage for employee dependents. Nor does the ADA require that dependents be accorded the same level of benefits as that accorded the employee. Thus, it would not violate the ADA for a health insurance plan to have a $100,000 benefit cap for employees, but only a $50,000 benefit cap for employee dependents.

V. CHARGE PROCESSING

1. In General

Charges alleging that a term or provision of an employer provided health insurance plan discriminates on the basis of disability should be processed in accordance with the foregoing guidance. When confronted with a charge alleging that a health insurance plan distinction is a disability-based distinction that violates the ADA, the investigator should initially determine whether the challenged insurance term or provision is, in fact, a

17 However, the respondent may be found to have violated the ADA if the evidence reveals that the respondent's health insurance plan covers treatments for other conditions that are likewise of no medical value.
disability-based distinction. To do this, the investigator should determine whether:

1) the insurance term, provision, or condition singles out a particular disability, discrete group of
disabilities, or disability in general; and/or

2) the insurance term, provision, or condition singles out a procedure or treatment used exclusively, or
nearly exclusively, for the treatment of a particular disability or discrete group of disabilities (e.g., exclusion of a drug used only to treat AIDS). (Section
III. B, supra.)

If it is determined that the challenged insurance term or provision is not a disability-based distinction and is applied equally to all insured employees, the investigator should conclude that the health insurance plan distinction does not violate the ADA.

On the other hand, if the challenged insurance term or provision is found to be a disability-based distinction, the investigator should determine whether the respondent can justify the disability-based distinction by satisfying the requirements of section 501(c) of the ADA. To make this determination, the investigator should take the steps described below.

1) The investigator should obtain evidence from the respondent that the health insurance plan is a bona
fide plan. (Section III.C.1, supra.)

2) If the health insurance plan is an insured plan, the investigator should also obtain evidence from the
respondent that the health insurance plan is not inconsistent with the applicable state law(s). (Section
III.C.1, supra.)

3) The investigator should obtain evidence from the respondent relevant to any business/insurance
justification proffered to justify the disability-based insurance distinction. The evidence obtained should be
specific and detailed. For example, if the respondent is relying on actuarial data to justify the disability-
based distinction, the investigator should require a detailed explanation of the rationale underlying the disability-based distinction, including the actuarial conclusions arrived at, the actuarial assumptions relied upon to reach those conclusions, and the factual data that supports the assumptions and/or conclusions.

Similarly, if the respondent asserts that the disability-based distinction is justified by actual or reasonably anticipated experience, the investigator should obtain evidence about the respondent's insurance claims experience, and the way in which the respondent has reacted to similar previous experience situations. If the respondent asserts that the disability-based distinction was necessary to prevent the occurrence of an unacceptable change in coverage or premiums, or to assure the fiscal soundness of the health insurance plan, the investigator should obtain evidence of the nondisability-based options for modifying the health insurance plan that were considered and the reason(s) for the rejection of these options. If the respondent asserts that its health insurance plan excludes a disability-specific treatment because it is of no medical value, the investigator should obtain evidence regarding the scientific evidence relied upon by the respondent in reaching that determination. (Section III.C.2, supra.)

Commission staff should direct questions concerning the guidance or its application in particular cases to the Office of Legal Counsel Attorney of the Day.

____________________ _____________________________
Date Approved:  Tony Gallegos
Chairman