



STATE of MINNESOTA

Proclamation

WHEREAS: One in 14 children in Minnesota will experience the death of a parent or sibling by age 18; and

WHEREAS: In addition to feelings of grief, many children experience feelings of loneliness and fear, leading to challenges in managing their grief; and

WHEREAS: Many adults and other children erroneously believe that grieving children are resilient enough to overcome their grief, so much so that children have often been called the "forgotten mourners"; and

WHEREAS: It often takes children much longer to process their grief, and the inner turmoil, invisible to most, can be intense; and

WHEREAS: Many classroom teachers report witnessing a negative impact on academic performance when a student loses a parent or guardian; and

WHEREAS: Parents, educators, childcare providers, and community leaders all play a role in acknowledging and supporting childhood grief; and

WHEREAS: Grieving children can benefit from having individual support while also participating in a family-focused model of care that helps children and their family members heal together; and

WHEREAS: The third Thursday in November is designated as Children's Grief Awareness Day, a day to raise awareness and educate others about childhood grief and the importance of providing family-focused support.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim Thursday, November 20, 2025, as:

CHILDREN'S GRIEF
AWARENESS DAY

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 10th day of October.

Tim Walz
GOVERNOR

Steve Simon
SECRETARY OF STATE