

STATE of MINNESOTA

Proclamation

WHEREAS: Health literacy is a person's ability to obtain, process, and understand basic health

information, and is impacted by how much aid an individual receives in accessing and

using information and services to inform health-related decisions; and

WHEREAS: Health literacy affects all segments of the population, however disparities based on age,

culture, economic status, or language can impact an individual's ability to access,

understand, and use health information; and

WHEREAS: Health literacy advances health equity by providing accessible, understandable, and

actionable health information across lines of race and ethnicity, religion, language,

culture, income, sexual orientation, gender identity, age, and ability; and

WHEREAS: A lack of health literacy increases the risk of misunderstanding information important to

achieving and maintaining health. The provision of health literacy education, use of plain language, and implementation of techniques for confirming patient comprehension

reduces these risks; and

WHEREAS: Improving health literacy can reduce health care costs, increase effective use of

preventive health services, and enhance the health and quality of life of all people in

Minnesota.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim October 2024 as:

HEALTH LITERACY AWARENESS MONTH

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 27th day of September.

GOVERNOR

SECRETARY OF STATE