



## STATE of MINNESOTA

# Proclamation

- WHEREAS:** Since 1980, obesity has doubled for adults resulting in escalating health care costs, and, despite declining smoking rates, tobacco continues to be the leading cause of preventable disease; and
- WHEREAS:** Minnesota spends nearly 6 billion dollars annually in excess health care due to obesity and tobacco use, and nationally, employers spend 93 billion dollars per year in health insurance claims and 1.3 trillion dollars in lost productivity and absenteeism; and
- WHEREAS:** Minnesotans spend nearly half of their waking hours at their jobs, and employees who participate in workplace wellness enjoy better health and higher quality of life; and
- WHEREAS:** Businesses with workplace wellness efforts benefit from greater productivity, decreased absenteeism, reduced health care costs, and a greater likelihood of attracting and retaining employees; and
- WHEREAS:** Workplace wellness is a growing movement, with 87 percent of Minnesota workplaces interested in improving wellness and 23 percent of workplaces currently offering workplace wellness efforts; and
- WHEREAS:** Workplace wellness efforts are supported by many Minnesota organizations and businesses. A few of the organizations that are supporting the Year of Workplace Wellness are: The Schwan Food Company, Taher, Inc., Anytime Fitness, Lifetime Fitness, Fit Minnesota, The Alliance for a Healthier Minnesota, St. Paul and Dakota County Chambers of Commerce, StayWell Health Management, Team Industries, Inc., I&S Group, District One Hospital – Faribault, Lake Wood Health Center, Ecumen Detroit Lakes, and Minnesota Life College. As momentum grows, we look forward to many more organizations joining together to make Workplace Wellness the norm in all Minnesota organizations.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the year of 2014, as:

## THE YEAR OF WORKPLACE WELLNESS

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 5<sup>th</sup> day of February.

  
GOVERNOR

  
SECRETARY OF STATE