



STATE of MINNESOTA

Proclamation

- WHEREAS: Suicide is the tenth leading cause of death in the U.S., claiming the lives of over 38,000 Americans every year; and
- WHEREAS: Every day, approximately 105 Americans die by suicide with one death by suicide occurring every 13 minutes; and
- WHEREAS: Ninety percent of all people who die by suicide have a diagnosable psychiatric disorder at the time of their death; and
- WHEREAS: Depression affects approximately twenty-five percent of Americans over the age of 18 each year. Yet, only half of all Americans experiencing an episode of major depression receive treatment; and
- WHEREAS: Roughly eighty-five percent of people that seek help for depression are treated successfully using therapy and/or medication; and
- WHEREAS: Suicide due to depression and other mental illnesses is preventable; and
- WHEREAS: The fourth Saturday in August is designated Stomp Out Suicide Day, a day to raise awareness for mental health and suicide prevention while celebrating life. As such, the fourth annual Alissa M. Haines' Stomp Out Suicide 5K Walk/Run for Awareness takes place on Saturday, August 22, 2015 in Goodview Park, in Wyoming, Minnesota.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim Saturday, August 22, 2015, as:

STOMP OUT SUICIDE DAY

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 20th day of August.


GOVERNOR


SECRETARY OF STATE