

## Virtual EBP Training Ideas

Almost any activity/idea designed for a CoP (and more!) can be conducted in smaller peer groups via Skype, WebEx, Zoom, or whatever your agency preferred method is. Here are some suggestions:

**Book Club** – weekly (or monthly) discussion on designated book or sections. For example, DFO used *The Coaching Habit* by Michael Bungay Stanier over a four-week period for those staff in the process of becoming peer coaches. Staff would read the designated section, participate in a one-hour discussion to share key insights and identify next step/s to put into action. Other EBP books include:

- *The Psychology of Criminal Conduct* – Andrews & Bonta
- *Motivational Interviewing: Helping People Change* – Miller & Rollnick
- *Therapy with Difficult Clients: Using the Precursors Model to Awaken Change* - Hanna

The book club concept can be expanded to include almost any EBP article or presentation that lends itself to great conversation starters. Staff would read/watch and attend a remote session with some ideas/thoughts on how to incorporate the approach into what they do. Some considerations:

PO as a Coach: Building a New Professional Identity – Brian Lovins

Article: [https://www.uscourts.gov/sites/default/files/82\\_1\\_2\\_0.pdf](https://www.uscourts.gov/sites/default/files/82_1_2_0.pdf)

The Role of Probation: Coach v Referee – Brian Lovins

Video Presentation: [https://zoom.us/rec/play/tcd5le-v-Go3SIGWuASDUKJ-W9S6KqKsgCAfqfQMnkjnWngANlugY-QSZQsmzW2rbUYfovT30JltH8s?continueMode=true&\\_xzm\\_rtaid=18gTcw83QVizhmNIMdue2g.1585851328337.955f3586abb5eea31647d437a07e5ec5&\\_xzm\\_rhtaid=200](https://zoom.us/rec/play/tcd5le-v-Go3SIGWuASDUKJ-W9S6KqKsgCAfqfQMnkjnWngANlugY-QSZQsmzW2rbUYfovT30JltH8s?continueMode=true&_xzm_rtaid=18gTcw83QVizhmNIMdue2g.1585851328337.955f3586abb5eea31647d437a07e5ec5&_xzm_rhtaid=200)

How to Stop Screwing Yourself Over – Mel Robbins

<https://www.youtube.com/watch?v=Lp7E973zozc>

Beyond the Cliff - Vicarious Trauma – Washington Corrections Center for Women

<https://www.youtube.com/watch?v=uOzDGrcvmus>

Developing Effective Working Relationships with Victims and Offenders for Community Corrections Professionals – Webinar – National Criminal Justice Training Center

[https://ncjtc.fvtc.edu/trainings/TR00011436/TRI0011437/developing-effective-working-relationships-with-victims-and-offenders-for-community-corrections-prof?utm\\_source=cc&utm\\_medium=email&utm\\_campaign=2020-08-19-watch%20now%20ccc&utm\\_term=recorded%20webinar](https://ncjtc.fvtc.edu/trainings/TR00011436/TRI0011437/developing-effective-working-relationships-with-victims-and-offenders-for-community-corrections-prof?utm_source=cc&utm_medium=email&utm_campaign=2020-08-19-watch%20now%20ccc&utm_term=recorded%20webinar)

Great Lakes MI Collaborative Learning Sessions – YouTube

[https://www.youtube.com/playlist?list=PLd9xWon\\_wErTbNYAU7Ba-9s-Y0wig\\_FCI](https://www.youtube.com/playlist?list=PLd9xWon_wErTbNYAU7Ba-9s-Y0wig_FCI)