

Statewide Training Academy Syllabus

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Motivational Interviewing- Level I

Instructor Information: Trainers from all delivery systems.

Description of course: MI is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion (Miller & Rollnick, 2013, p. 29). In this training participants will learn about the spirit and four tasks of MI and will have the opportunity to practice the core elements of active listening skills. Participants must follow all audio tape submission requirements.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: [Introduction to Evidence-Based Practices \(EBP\)](#).

Motivational Interviewing – Level II

Instructor Information: Trainers from all delivery systems.

Description of course: MI is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion. (Miller & Rollnick, 2013, p. 29). In this training participants will have the opportunity to practice the core elements of active listening skills in-depth and apply them to embrace the spirit of MI and practice the movement through the four tasks. Participants must follow all audio tape submission requirements.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: Successful completion of MI I is required prior to registration for MI II.

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Core Correctional Practices (CCP)

Instructor Information: Trainers from all delivery systems.

Description of course: This training provides agents the core skills needed to support cognitive behavioral programming. Specific topics to be discussed include: (a) a brief description of the principles of effective intervention (b) an overview of the core correctional practices (relationships skills, effective use of reinforcement, effective use of disapproval, effective use of authority, prosocial modeling, cognitive restructuring, social skills training and problem solving skills) (c) practice of each of the core correctional practices occurs and implementation strategies are discussed (d) principles of an effective behavior management system is emphasized.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Paper copy manual will be provided as well as additional electronic documents.

Pre-requisites: [Introduction to Evidence-Based Practices \(EBP\).](#)

Level of Service/Case Management Inventory (LS/CMI)

Instructor Information: Trainers from all delivery systems.

Description of course: In this training you will learn the necessary skills for interviewing a client, accurately scoring an LS/CMI assessment, as well as enhancing the quality of case management, case planning, treatment planning and service delivery.

Target Audience: Any level of agent, or others who need these skills for the completion of assigned job duties.

Course Materials: Paper copy manual will be provided as well as additional electronic documents.

Pre-requisites: [Introduction to Evidence-Based Practices \(EBP\)](#)

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Youth Level of Service/Case Management Inventory (YLS/CMI)

Instructor Information: Trainers from all delivery systems.

Description of course: In this training you will learn necessary skills for interviewing a juvenile client, accurately scoring an YLS/CMI 2.0 assessment, as well as enhancing the quality of case management, case planning, treatment planning, and service delivery.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Paper copy manual will be provided as well as additional electronic documents.

Pre-requisites: [Introduction to Evidence-Based Practices \(EBP\)](#).

Carey Guides

Instructor Information: Trainers from all delivery systems.

Description of course: In this training you will learn how to effectively address criminogenic needs and enhance case planning through the use of individual cognitive behavioral interventions.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: [Introduction to Evidence-Based Practices \(EBP\)](#) and participants are highly encouraged to complete MI I and MI II training prior to attending and you **MUST** have access to either paper Carey Guides, e-guides or Tools on Devices (TODs).

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Case Planning

Instructor Information: Trainers from all delivery systems.

Description of course: In this training participants will learn how to apply the skills they have learned and developed in all other core EBP courses to the process of case planning. Participants will be provided the opportunity to practice the skills while receiving feedback and coaching. Participants must follow all audio tape submission requirements.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: Participants must successfully complete MI I, MI II, Assessment and at least one of the following: CCP, Carey Guides or another Cognitive Behavioral Intervention training prior to attending Case Planning training **OR** must be register at the same time for the courses they have not yet completed.

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APPENDIX

Introduction to Evidence-Based Practices (EBP) is an online training that all participants (CCA, DOC, CPO) must complete before attending any EBP sessions. DOC participants can access this training through ELM.

All non-state personnel will need to request a user ID in ELM; the link is <https://mn.gov/doc/staff-partners/training/>

Once you have received access to ELM, go to "Learning Management" and "Find Learning" and search by:

Course Title: Introduction into Evidence-Based Practices

Participants attending STA must attach their certificate of completion to their registration.