Statewide Training Academy Syllabus

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Motivational Interviewing- Level I (Camp Ripley)

Instructor Information: Trainers from all delivery systems.

Description of course: MI is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion (Miller & Rollnick, 2013, p. 29). In this training participants will learn about the spirit and fundamental processes of MI and will have the opportunity to practice the core elements of active listening skills. Participants must follow all audio tape submission requirements.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: Introduction to Evidence-Based Practices (EBP).

Motivational Interviewing – Level II (Virtual)

Instructor Information: Trainers from all delivery systems.

Description of course: MI is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change within an atmosphere of acceptance and compassion. (Miller & Rollnick, 2013, p. 29). In this training participants will have the opportunity to practice the core elements of active listening skills in-depth and apply them to embrace the spirit of MI and practice the movement through the fundamental processes. Participants must follow all audio tape submission requirements.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: Successful completion of MI I is required prior to registration for MI II.

Core Correctional Practices (CCP) (Camp Ripley)

Instructor Information: Trainers from all delivery systems.

Description of course: This training provides agents the core skills needed to support cognitive behavioral programming. Specific topics to be discussed include: (a) a brief description of the principles of effective interventions (b) an overview of the core correctional practices (relationships skills, effective use of reinforcement, effective use of disapproval, effective use of authority, prosocial modeling, cognitive restructuring, social skills training and problem solving skills (c) practice of each of the core

correctional practices occurs and implementation strategies are discussed (d) principles of an effective behavior management system is emphasized.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Paper copy manual will be provided as well as additional electronic documents.

Pre-requisites: Introduction to Evidence-Based Practices (EBP).

Level of Service/Case Management Inventory (LS/CMI) (Virtual)

Instructor Information: Trainers from all delivery systems.

Description of course: In this training you will learn the necessary skills for interviewing a client, accurately scoring an LS/CMI assessment, as well as enhancing the quality of case management, treatment planning and service delivery.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Paper copy manual will be provided as well as additional electronic documents.

Pre-requisites: Introduction to Evidence-Based Practices (EBP)

Youth Level of Service/Case Management Inventory (YLS/CMI) (Virtual)

Instructor Information: Trainers from all delivery systems.

Description of course: In this training you will learn necessary skills for interviewing a juvenile client, accurately scoring an YLS/CMI 2.0 assessment, as well as enhancing the quality of case management, treatment planning, and service delivery.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Paper copy manual will be provided as well as additional electronic documents.

Pre-requisites: Introduction to Evidence-Based Practices (EBP).

Carey Guides (Camp Ripley)

Instructor Information: Trainers from all delivery systems.

Description of course: In this training you will learn how to effectively address criminogenic needs and enhance case management through the use of individual cognitive behavioral interventions.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: Participants are highly encouraged to complete MI I and MI II training prior to attending and you MUST have access to either paper Carey Guides, e-guides or Tools on Devices (TODs).

Case Planning (Virtual and Camp Ripley)

Instructor Information: Trainers from all delivery systems.

Description of course: In this training participants will learn how to apply the skills they have learned and developed in all other core EBP courses to the process of case planning. Participants will be provided the opportunity to practice the skills while receiving feedback and coaching. Participants must follow all audio tape submission requirements.

Target Audience: Any level of agent or caseworker, or others who need these skills for the completion of assigned job duties.

Course Materials: Materials will be sent to participants prior to the training.

Pre-requisites: Participants must successfully complete MI I, MI II, Assessment and are highly encouraged to complete CCP and Carey Guides or another Cognitive Behavioral Intervention training prior to attending Case Planning training **OR** must be register at the same time for the courses they have not yet completed.

Introduction to Agent Safety, Situational Awareness, Chemical Irritant & Response to Resistance (Virtual)

Instructor Information: MN DOC Safety Trainers

Description of course: This classroom training will introduce staff to critical safety awareness and skills that can be utilized in the field while conducting client visits. In this class, you will learn to sharpen your observational skills to detect potential threats. Develop mental acuity to assess environments quickly and accurately. Understand the psychology of awareness and its impact on personal safety. Employ de-escalation techniques to prevent conflicts before they escalate. Practice scenario-based drills for real-life application of skills learned. Our expert instructors will guide you through the principles of situational awareness, teaching you how to stay alert, oriented, and decisive in dynamic environments.

Target Audience: Field Service Agents or other staff approved by management based on work assignment.

Course Materials: None

Pre-requisites: None

Agent Safety - Live Situational Awareness Scenarios (Camp Ripley)

Instructor Information: MN DOC Safety Trainers

Description of course: This live scenario training will provide agents an opportunity to practice critical safety awareness and skills learned during the online and classroom portion of the agent safety program. Instructors will present different real-life challenges that are designed to give students confidence, learn by repetition, and develop teamwork with classmates. Scenarios are designed to empower students with the skills to handle close-quarter confrontations with confidence and safety. In addition, agents will be able to implement these safety techniques in the course of their everyday employment duties.

Target Audience: Field Service Agents or other staff approved by management based on work assignment.

Course Materials: None

Pre-requisites: Agent Safety-Introduction

Agent Safety – Response to Resistance (Defensive Tactics) – DOC Only (Camp Ripley)

Instructor Information: MN DOC Safety Trainers

Description of course: This hands-on training will provide agents an opportunity to learn and practice defensive tactics. The foundations for this program are SPEAR, Natural Response Control Tactics, Blue Shield edged weapon defense, and Pressure Point Control Tactics. The SPEAR System (an acronym for Spontaneous Protection Enabling Accelerated Response) is a close-quarter protection system that uses a person's reflex action in threatening situations as a basis for defense. It is designed to convert various identified types of flinch responses into effective defensive responses, making it easier for individuals to protect themselves from sudden attacks. Agents will learn defensive tactics including edged weapon defense, firearm takeaways, ground defense, defense against being choked, strikes, knee strikes, elbow strikes, falling safely, balance, stance, and movement.

Target Audience: DOC Field Service Agents or other staff approved by management based on work assignment.

Course Materials: None

Pre-requisites: Agent Safety-Introduction

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APPENDIX

Introduction to Evidence-Based Practices (EBP) is an online training that all participants (CCA, DOC, CPO) must complete before attending any EBP sessions. DOC participants can access this training through ELM.

All non-state personnel will need to request a user ID in ELM; the link is https://mn.gov/doc/staff-partners/training/

Once you have received access to ELM, go to "Learning Management" and "Find Learning" and search by:

Course Title: Introduction into Evidence-Based Practices

Participants attending STA must attach their certificate of completion to their registration.