Statewide Resource List as updated due to COVID-19
This list will be updated weekly as new information becomes available – if you would like to add your organizational changes to this list, please email Christen.Donley@state.mn.us

This is an extensive list of resources that have changed due to COVID-19. If you are looking for something specific, please hit control “F” on your keyboard and search in the box that pops up. The links are in blue are all “live”. If you are unable to find what you are looking for or find that a link is not working, please email me at Christen.Donley@State.mn.us and let me know. I will do what I can to assist.

AA/NA – Recovery Groups

The locator can connect you to other groups. First Baptist in Cambridge, Branchline church, Monticello Covenant, and Chapel Hill in Eagan were planning on starting something online. https://locator.crgroups.info/
Other groups are doing a Facebook live message that is open to the public. Here are a couple of links:
Every night at 8pm https://www.facebook.com/celebraterecovery/ (Also posted on Youtube.)
Tuesday 6:30 pm https://www.facebook.com/Valley-Free-Celebrate-Recovery 110558977196123/
Eaglebrook Church quest 180 has an online recovery meeting:
https://eaglebrookchurch.com/event/1054790-2020-04-16-meeting-online--quest-180-woodbury

American Indian OIC’s campus remains closed, but we have adjusted our service delivery so we can provide distance support to people who need education, vocational training, and employment services to find success in today's economic reality. If you or someone you know needs help, please refer to the contacts outlined below.

Takoda Prep Alternative High School is following Minneapolis Public Schools' distance learning plan and distance learning will begin on Monday, April 6. Third quarter work will be accepted through Friday, April 10. Daily instruction is provided on Google Classroom, families with technology barriers should email christyi@takoda.org or call 612.389.8751.

Adult Basic Education/GED classes are provided online. To be connected with this resource, email ness@takoda.org.

The Takoda Institute of Higher Education will begin its spring Patient Services and Computer Support training programs on Monday, April 13. The school is prepared to provide remote instruction throughout the quarter. For questions or to enroll, email erinw@takoda.org

Our career counselors are providing virtual assistance to clients who are experiencing unemployment as a result of COVID-19 or other circumstances. To get help, email
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This list will be updated weekly as new information becomes available – if you would like to add your organizational changes to this list, please email Christen.Donley@state.mn.us barbarah@takoda.org. Please note, we encourage prospective participants to apply for unemployment benefits as soon as possible.

Housing for Native American Men - We are excited to share that our second sober house for Native American men will be accepting residents starting June 15th, 2020. We’ve updated our eligibility criteria and outlined some key details about the program, along with contact information in the email below. Please review our announcement and feel free to reach out—I am happy to spend some time talking through specifics and answer any questions you might have. If you would like to make a referral please have your client complete the attached application.  adam@endaad.com

Anishinaabe Endaad
application.pdf

Canvas Health - provide services to people struggling with mental illness, substance use, abuse, crisis, unstable housing, and trauma. Holding Tele-health sessions.

Care Counseling – Telehealth therapy appointments

CareerForce is providing services online and on the phone to help Minnesotans during the COVID-19 crisis. While people are being urged to stay at home right now, businesses that provide essential and emergency services are still operating and hiring. If you have transferable skills, your work could protect others and help save lives. Everyone hopes that current layoffs are just temporary, and that people will be rehired soon. But whether you’re looking for work now or thinking ahead, here are some job search resources and services you can access from home.

Virtual and interactive career services here:
https://www.careerforcemn.com/virtual-interactive-services-career-seekers

Children and Families – various resources below:

Children and Families
Resources in COVID-1

Crisis Care – Mental Health COVID website through DHS

The Drivers Diversion Program is in operation for applicants to be processed. The DDP
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required classes are being done through teleconferences. In the end, DVS offices hours are restricted, but an applicant can proceed to get license reinstated based on DVS office hours. There is NO cost and No obligation to completing the application (waiver). It does however permit the applicant to have a resource to call and discuss their driver’s license issues with an advisor that will work with them in navigating the steps that they need to take. Waiver located here.

**Fast-Tracker** Your link to mental health and substance use disorder resources – searchable directory and real time assistance with resources.

**Family Innovations** is accepting referrals in all seven of its Minnesota clinics for mental health counseling for children, youth and families, couples and adults. All services currently are provided through telehealth - planning is in progress to begin opening clinics for on-site, in person therapy. Telehealth will be an ongoing option.
Medication management evaluations and ongoing care is available in person at our Maplewood and Centerville clinics - telehealth services are also an option.
Family Innovations also is accepting referrals for in-home counseling - these services can be provided through telehealth - planning is also underway to return to in-person home based visiting.
We accept all insurances, including Medical Assistance and Medicare.
Please contact us at familyinnovations.com, or call us at 612.924.3807 (office based counseling), or 612.746.7329 (home based counseling).

**FreedomWorks** - FreedomWorks is a Faith-Based, Recovery Community located in North Minneapolis for highly motivated men who have a desire to grow in their recovery with support and structure, including onsite support groups, and other growth opportunities. Participants do not need to share the same faith but must be respectful of others in all interactions. FreedomWorks works with men who are on various levels of supervision, and with men in transition from higher levels of care without the accountability of formal supervision. FreedomWorks is receiving applications for our Intensive Outpatient Lodging Program (IOP) as we partner with providers such as (Partners in Recovery (PIR) and NuWay), and our faith-driven Re-entry and Aftercare Program. Finally, males who have at least one year of sobriety, and/or one year out of incarceration who value a sober living community are invited to consider our studio and 1-bedroom apartments. Please contact us at www.freedomworks.com or (612)522-9007 for inquiry and applications. Here are the links for our programs. The first is our traditional self-pay faith based Reentry & Aftercare program, [https://myfreedomworks.com/r-and-a-application/](https://myfreedomworks.com/r-and-a-application/) The 2nd is our general sober housing application which is applicable for IOP housing, and long-term sober housing for people with at least 1 year of sobriety and 1 year out of incarceration. [https://myfreedomworks.com/sober-housing-application-2/](https://myfreedomworks.com/sober-housing-application-2/) Tyler Fearing is our new Reentry Coordinator overseeing our Reentry & Aftercare program (my old job) [case.manager@myfreedomworks.com](mailto:case.manager@myfreedomworks.com)

**Goodwill Easter Seals** - Ramsey County WIOA (Job search for Ramsey County Adults) Minneapolis Works (Job Search for Minneapolis Adults), and Dislocated worker are all taking enrollments right now.
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Healthcare for Re-Entry Veteran (HCRV) Program - Veterans released from incarceration will have a successful re-entry into their communities, families, and achieve the best possible outcomes.

Contact:
John Moore, LICSW
HCRV Specialist
Minneapolis VA Healthcare System
Community Resource and Referral Center (CRRC)
1201 Harmon Place
Minneapolis, MN 55403
612-313-3263

Him4Her Ministries – Mentoring/Housing for Women
- HIM4Her Ministries is a faith based non-profit organization. We are a women's ministry that exists to empower women for success through our five initiatives; radio, speaking engagements, prison ministry, mentoring, and housing.

HousingLink – COVID-19 Resources for Renters and Landlords
HousingLink is tracking the impact of COVID-19 on renters and landlords. We created two resources pages to help both parties navigate this crisis.

- Our COVID-19 page for renters features the following information:
  Evictions: Specifically tracking the executive orders of MN Governor Tim Walz
  Unemployment Insurance
  Emergency Assistance, Food, Utilities, Internet

- COVID-19 page for landlords features the following information:
  Evictions: Specifically tracking the executive orders of MN Governor Tim Walz.
  Emergency preparedness for apartment firms.
  Recommendations from the Minnesota Multi Housing Association to show flexibility during this time.
  Ideas for landlords to support renters
  Minnesota Department of Public Safety Driver and Vehicle Services Offices

LGBTQ resources
- JustUs Health’s Behavioral Health Clinic is providing telehealth services statewide
- HIV and AIDS Community Service Directory during COVID-19
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The Minnesota AIDSLine staff have gathered information from other AIDS Service Organizations to create a centralized list of services affected by the Novel Coronavirus (COVID-19).

Minnesota AIDSLine: 612-373-2437

MNDHS
- Housing and Homelessness assessments
  A youth is anyone under 24 years old: Safe Zone: 651-224-9644
  www.ysmn.org
  Ramsey County Residents:
  Single Adults: Call: 651-647-2377 or 651-602-7549
  Families: Call: 211 or 651-215-2262, 651-266-7818
  Hennepin County Residents: Call: 612-283-2567 or 612-790-7827
  Dakota County Residents: Call: 651-554-5751 Adults press 1, youth under 24 yrs press 2
  Washington County Residents:
  Single Adults: Call: 651-430-6488
  Families: Call: 651-430-6488
  Anoka County Residents: Call: 763-324-1215
  Scott County Residents: Youth: 952-865-0195 Singles/Families: 952-496-2125

Mn Adult & Teen Challenge - Residential and Outpatient Telemedicine SUD Treatment
  - Continuing to accept new clients in each of our 11 residential facilities, with necessary protocols in place to protect and safeguard our community. In addition, we are now providing outpatient services via doxy.me, a virtual HIPAA-compliant telemedicine platform. Telemedicine services are available for anyone sheltered or at home who requires treatment and support for addiction and recovery while adhering to mandates for social distancing.

Call 612-373-3366(FREEDOM) to make a referral or to schedule an assessment.

Locations:
  Minneapolis – Men and Women – 612-373-3366, Fax 612-823-4913
  Rochester – Men and Women – 507-288-3733, Fax 855-545-2217
  Brainerd – Men only – 218-833-8777, Fax 218-833-8778
  Duluth – Men Only - 218-529-3733, Fax 218-740-4330
  Buffalo – Adolescent Boys 13 -18 – 844-768-8336, Fax 855-894-0427

Minnesota Assistance Council for Veterans - Operational and serving Veterans and their families who are homeless or at risk of becoming homeless with Housing, Employment, and Legal Assistance. Please call us for assistance at 833-222-(MACV) 6228

MN SUD Treatment Programs that are/are not accepting new clients
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**Nuway – Intensive outpatient and Residential Treatment** - Continues to accept referrals to all programs

NUWAY’s residential programs, including Cochran Recovery Services, are still accepting referrals and admitting clients and just a reminder, all of NUWAY’s programs are:
- Co-occurring
- GLBTQIA+ safe & friendly
- Medication-assisted treatment/recovery friendly
- Trauma informed

Residential Contact Information
NUWAY I, II & III and Cochran Recovery Services
- Residential Admissions Team - Office: 612-767-0309 Fax: 612-870-3796 o David Joubert, Residential Admissions Supervisor (david.joubert@nuway.org)
- Ryan Splett – Residential Admissions Coordinator (ryan.splett@nuway.org)
- Robyn Seguin, Residential Admissions Counselor (robyn.seguin@nuway.org)

For more information on how to enroll an individual in to telehealth outpatient services at NUWAY, please contact any of our outpatient sites directly. Their contact information can be found [here](#).

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**Nystrom and Associates:**

- Continues to accept new clients

ALL appointments/programs will be done by phone EXCEPT: First-Time Appointments with a Psychiatry Provider and All Injection Appointments must take place in-person at the scheduled clinic location. [contactus@nystromcounseling.com](mailto:contactus@nystromcounseling.com)

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**Partners in Recovery** – provides traditional Outpatient treatment and integrated ‘Trioccurring’ Outpatient with the option of Sponsored Lodging through the Roseville location

**MINNESOTA LOCATIONS:**
ROSEVILLE
1611 County Rd B, Suite 102
P: 888.648.7652 ext 4
F: 651.348.8349

HIBBING
704 East Howard St., Suite C
P: 888.648.7652 ext 1
F: 651.348.8349

VIRGINA
216 North 5th Avenue West
P: 888.648.7652 ext 2
F: 651.348.8349

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**Portico**
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- They can now help people apply for MNsure online even if they don’t have internet. MNsure has allowed them to create online accounts for clients as we talk with them on the phone. 651-603-5100

Project Turnabout
- Chemical Use Assessments (CUA's), Rule 25’s and Rule 82’s - Gambling Assessments - ALL available via telehealth
- Inpatient residential treatment services at our Granite Falls, MN campus
- Half-way residential treatment services at our Marshall, MN campus
- Outpatient treatment services via telehealth
- Immediate availability for Women’s, Men’s and Gambling programs
  Please contact our admissions department at 1.800.862.1453 or by email at admissions@projectturnabout.org to make a referral

RAMSEY COUNTY SNAP ENROLLMENT
Ramsey County Residents should call: 651-266-4444
All documents should be faxed to: 651-266-3942
Documents can also be dropped off in the drop box outside the building, or other designated drop-off locations.

RCCS (Restoration Counseling and Community Services) is an Out-Patient with Lodging program serving adult men and women with substance abuse disorder, mental health and criminal behavior issues. We offer both Intensive and Modified programming, with flexible evening hours. RCCS welcomes clients as a step-down from other programs and offers Rule 25 assessments at all three locations:
RCCS, 3805 Washington Av N., Mpls 55412
RCCS 900 Rice Street St. Paul
RCCS800 42nd Ave N., Mpls 55412

(612)767-6601-Info and Admissions
(612)767-9832-Fax

EMAIL
Admissions@rccsdayone.net
Info@rccsdayone.net

www.rccsprograms.com

SMART Recovery USA is fully operational at this time
Meetings are taking place, but some local meetings have moved from in-person to online
Check meeting list (https://www.smartrecovery.org/local/) to confirm local meeting format (in-person or online)
You can also join national online meetings (http://www.smartrecovery.org/srol-2/)
Send Coronavirus questions to importantnews@smartrecovery.org
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**SOAR Career Solutions –**
SOAR Career Solutions is still offering services
SOAR has transitioned from face to face meetings to phone calls with the capability to host video meetings too.
For new clients just being released from incarceration, they should contact SOAR via phone at 218.722.3126 or e-mail us at info@soarcareers.org to get added to a case managers meeting calendar.

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**Vinland National Center**
- Continuing daily operations and clinical care

**Residential program in Loretto, MN** - Currently accepting referrals for males only. Remains open and ready to serve new clients.

**Outpatient Clinic in NE Minneapolis** - remains open and ready to serve new clients via Telemedicine. Conducting both Rule 25 and Rule 82 (problem gambling) Assessments at this location.

**Youth Services Network** – Housing, Shelters, Employment, Education, Pregnant and Parenting, Mental Health and food resources for youth.

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**Official Websites & Resource documents**
- [CDC Covid-19 Updates Page](#)
  - [En Español](#)
- [Minnesota Stay at home except for essential needs order](#)
  - [PSAs multiple languages!](#)
- [MN Dept of Health Updates page](#)
  - [Print/PDF resources](#) (multiple languages) on preventing the spread
- [State Covid-19 Hotline](#), 651-201-3920 or 1-800-657-3903 7 a.m. to 7 p.m.
- [City of Minneapolis update page](#)
  - 3-20 update: [Mpls Mental Health Fund](#) (provider apply to provide mental health services to priority communities)
- [Hennepin County update page](#)
- [Minneapolis Public Schools update page](#)
  - [Mental Health Support Hotline](#): 612-767-4158
  - Southside Community Education Resource Document (English and Spanish)
- [St. Paul Public Schools update page](#)
- [Metro Transit schedule impacts](#)
- [Minneapolis Park and Recreation Board COVID-19 FAQs and updates](#)
- [Find Help](#) a resource database that sorts based on zip code and services needed
- [UMN Medical School Resource Document](#) (updated daily)
- Minneapolis Youth Coordinating Board updates
- [National Parent Helpline](#): 1-855-427-2736
- [Postpartum Support International Helpline](#): 1-800-944-4773
- [National Domestic Violence Hotline](#): 1-800-799-7233 | TTY 1-800-787-3224
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- **Immigrante Informado**
- **Federal Legislation Updates**
  - Family First Coronavirus Response Act **Overview**
    - Article: summary about potential benefits

**Unemployment & Financial Support:**

- Apply online: [uimn.org](http://uimn.org)
  - Reserve phone lines for those who don’t speak English
  - Q & A about Unemployment [here](#)
  - Executive order unemployment updates:
    - Waiting period waived;
    - may not have to look for employment to get benefits;
    - sick/quarantined/home because of work outbreak, you qualify;
    - stay home due to lack of child care, you qualify
- **Minneapolis Community Financial Aid request**
- **MN Disabled/Elderly/Caregiver Aid request**
- **Other City of Mpls resources for workers**

**Ramsey County Emergency General Assistance (EGA) – for adults without dependent children**

- Suspension of 12-month issuance rule. Our residents can apply for emergency help, even if they’ve used EGA assistance within the past 12 months.
- Suspension of maximum $812 issuance. Financial Workers can review requests with emergency needs of up to $3000, and will refer applications to a supervisor or manager for review if the need is more than that amount.
- Implementation of a $2000 asset limit for applicants that will not need to be used to resolve an emergency need.

**Ramsey County Emergency Assistance (EA) – for families with dependent children**

- Suspension of 12-month issuance rule
- Increased the living expense allowance from $500 to $1000. Ramsey County has a “50% test” with EA policy. What this means: Families must show they’ve spent ½ of net income received in the 30 days prior to application date on meeting basic needs such as paying rent or utilities. Ramsey County currently allows a $500 allowance to go towards meeting that requirement, since we know that families incur expenses that can’t necessarily be verified. This has now been increased to $1000; in addition, we will factor verified rent/utility payments into the 50% rule calculation.
- Allow applicants who are not meeting the 50% test to make a payment towards rent or utilities in the application processing period. Current policy requires workers to review expenses paid in the 30 days prior to an application being received. Workers can let applicants know if they aren’t meeting the 50% test that they can make a payment in that amount towards rent or utilities.

We are asking workers to take applications by phone, with a verbal signature. Residents can call their assigned worker, or call 651-266-4444 if they do not have a worker or know who that is. Our residents can also apply online at [applymn.dhs.mn.gov](http://applymn.dhs.mn.gov) or complete a fillable application [here](#) and email to [chs.ea-ega.unit@co.ramsey.mn.us](mailto:chs.ea-ega.unit@co.ramsey.mn.us). Documents can be emailed to [fas.forms@co.ramsey.mn.us](mailto:fas.forms@co.ramsey.mn.us). Our emergency assistance hotline is available to assist callers with
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This list will be updated weekly as new information becomes available – if you would like to add your organizational changes to this list, please email Christen.Donley@state.mn.us program information, how to apply, etc: 612-266-4884. Please share my contact information below; if I’m unable to assist directly, I can refer the request to the appropriate person.

● Health Care
  ● Finding low cost health care resources [doc](#)
    ○ Available in multiple resources (scroll down) [here](#)
  ● MNSure: [special Covid-19 enrollment period](#) for those without health insurance
    ○ Help applying (language services available): 612-668-4222
  ● MPS [Mental Health Support Hotline](#): 612-767-4158
  ● MN Department of Health
    ○ [Mental Health Promotion](#)
    ○ [Behavioral Health and Emergency Preparedness](#)
  ● General health info
    ○ [WSJ: Facts about boosting your immune system](#)
    ○ [Tips for maintaining mental health and crisis line info](#)
    ○ [CNN Covid-19 Health Podcast](#)
    ○ [Quick tips to take care of your wellbeing during the Covid-19 Pandemic](#)

Food:
  ● [Mpls Public School food pickup information](#)
    ○ Starting 3/30, switching to weekly meal pickup: 50 sites across MPS, 10 meals at a time. See map of locations and weekly schedule [here](#)
    ○ Through 4/3 MPS will provide meals to students at 20 locations around the city while schools are closed due to COVID-19; see where these sites are and related information.
  ● [Hunger Impact Partners](#)
    ○ As public schools and community meal sites are closed, free nutritious school meals for kids 18 and under are only a click away. Starting immediately, the [Free Meals for Kids](#) mobile app will help families and kids in need find and access free meals at nearly 400 schools and other sites across Minnesota.
      ○ [DOWNLOAD](#) (iOS)
      ○ [DOWNLOAD](#) (Android)
  ● [Food resources by school district](#)
  ● [Meals for kids](#) (statewide resource collection from Hunger Solutions)
  ● Food banks:
    ○ Hunger Solutions: [Local Foodbank search database](#)
      ■ Helpline for food resources or SNAP signup support (translation services available): 1-888-711-1151
    ○ Feeding America: [Find your local food bank](#)
    ○ [Second Hand Harvest](#)
    ○ [Sheridan Story](#)
    ○ [CAPI](#) (Asian-American family focus)
    ○ [Pillsbury United Food Shelves](#)
      ■ Continuing [free community meals](#), takeout only! No ID required, quick check in about family numbers for amount of food.
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- At Oak Park Center: Tuesdays-Thursdays 4-6 pm, 1701 Oak Park Ave N and at Waite House Community Center: Mondays-Fridays 11am-12:30pm, 232311th Ave S, Minneapolis, MN 55404.

**Serenity Shelf – BY APPOINTMENT ONLY**

Where:
- Serenity Village Community Church
  4100 Douglas Drive N
  Crystal, MN 55422
- During this season of social distancing and shelter in place, we will not be serving meals on Friday nights. Alternatively, we will be giving free groceries and hot meals via drive-thru pickup. Please call our office to schedule an appointment – 763-533-3929.
Whether you find yourself in a temporary season of need or something more long term – we are here for you! Join us every Friday for fresh produce and other groceries, a delicious meal, and great fellowship! Bring home as many bags full of groceries as you need for the week.

- Urban Ventures:
  - FREE CURBSIDE HOT MEAL PICKUP (drive-through food distribution)
  - 11a - 2p Thursday, March 26 (and starting next week, every Tues/Thurs/Fri during the Coronavirus shutdown). A partnership between Urban Ventures and Hope Breakfast Bar
  - Example dishes: Chicken sandwiches, burgers, sides. *All are welcome!*
  - Meals for all ages!
  - Location: Urban Ventures Colin Powell Center, 2924 4th Ave S., Mpls, MN 55408
  - Questions? Call 612-638-1000

- Metro Restaurants providing free food for kids:
  - Twin Cities Eatery list
  - KSTP list
  - Bring me the news list

- Restaurants with curbside pickup:

- Orgs doing meal delivery (have pay-it-forward purchase options)
  - Wandering Kitchen
  - Common Roots

**Internet access:**

- City of Minneapolis WIFI updates and map
  - USI Opens their WiFi network in Minneapolis for those that may need temporary Internet access
Select the “City of Minneapolis Public WiFi” or “USI Wireless” network on your mobile device and you will be connected. The process is similar to using Wi-Fi at a coffee shop or the airport. No password or credit card is required to sign in.
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These networks are available throughout the City of Minneapolis. Check the signal strength for your best option based on your location.
Contact US Internet for more information or to get help over the phone.

- **Comcast**
  - Opens Xfinity WiFi network and is offering unlimited data for free
  - For a map of Xfinity WiFi hotspots, visit [www.xfinity.com/wifi](http://www.xfinity.com/wifi). Once at a hotspot, select the “xfinitywifi” network name open your Internet browser.
  - Internet Essentials is free to new customers
  - Refer to Comcast’s COVID-19 resources for additional details and how to get help.

- **Charter**:
  - People without a Spectrum broadband subscription can get free broadband and Wi-Fi for 60 days with the installation fees waived. Low income households without children may still be eligible for the Spectrum Internet Assist. Charter will open it’s Wi-Fi hotspots across our footprint for public use.

- **Arvig**
  - New customers in homes with K-12 or college students can sign up for free internet with Arvig. Service will be free until school year resumes.

**Bills**
- 3-20: Updated list of which utility companies are suspending disconnections
- No cutoffs from Xcel or Centerpoint (article link)
- No water cutoffs from City of Minneapolis through at least April 13th
  - The Energy Assistance Program (EAP) helps pay for home heating costs and furnace repairs for income-qualified households
- Renters: Homeline Free legal assistance for renters OR 612-728-5767
  - Consumer issues: MN Attorney General’s Consumer Hotline (651) 296-3353

**Housing**
- State of Minnesota Housing Questions
  - Single-family residences: 651-296-8215
  - Multi-family residences: 651-297-4455
- MN Housing Updates
  - Executive order: suspending evictions
- Minnesota Multihousing Authority
- Resources for renters (including legal resources)
- FAQs on suspension of evictions
- Minneapolis Public Housing COVID-19 information

**Other / Business**
- Law Help MN resources
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- City of Minneapolis Small Business Owner contact
  - Mónica Romero, 612-673-5992
- Small business resources, compiled by Davis Law Offices
- Small business loans: US Chamber of Commerce brochure and Schusterman Foundation information doc

Handbook of the streets for Minneapolis and St. Paul

[St Paul Handbook of the Streets 2020.pdf](St Paul Handbook of the Streets 2020.pdf)