DEPARTMENT OF CORRECTIONS

November 2026

MN DOC Nutritional Analysis of Adult Menus

Nutrient:	Calories	Protein	Saturated Fat	Cholesterol	Carbohydrates	Dietary Fiber	Vitamin D	Calcium	Potassium	Sodium
Unit of Measure:	Kcal	gram	gram	mg	gram	gram	mcg	mg	mg	mg
Reference Value:	2000	≥60	20	300	300	≥25	15-20	1000-1200	4700	2300

DAILY AVERAGE OFFERING

Men's General Menu	2761	111	24	361	377	34	19	1811	3992	4521
Men's Alternative Menu	2266	90	17	338	315	39	19	1655	3847	2728
Men's Bootcamp Menu	3917	141	45	367	517	44	23	2272	5148	5881
Women's General Menu	2201	91	19	325	305	27	18	1681	3553	3689
Women's Alternative Menu	1809	76	13	326	259	34	18	1529	3495	2226
Women's Bootcamp Menu	2233	94	21	377	303	30	18	1742	3594	3640

These combined nutrient totals may have missing/incomplete data on food products.

© Powered By: Culinary Suite