

Health Services Release Planning

Introduction

The Department of Corrections (DOC), in addition to standard facility reentry programming, offers specialized release planning services for incarcerated individuals with the following treatment needs: sexual offending, substance use disorder, opioid use disorder, medical, mental health, and/or brain injury.

Specialized release planners provide assistance related to the following community-based services and programs: applying for health insurance and Social Security disability benefits, housing, substance use disorder and support, arranging medical services, mental health services and dental care, release medications, employment, education, transportation, leisure activities, veterans' services, and personal need resources, such as clothing and food.

Medical Release Planning

The criteria needed to receive medical release planning services are a referral from a DOC medical provider and existence of chronic or acute medical conditions that require continuity of care upon release into the community. Possible conditions include: cancer, HIV, end-stage conditions (renal, liver, pulmonary, etc.), paralysis, hormone and surgical interventions for those who identify as transgender, and/or recent major surgeries or medical procedures.

Additional Services Offered: Some individuals may need additional services. These might include placement at a health care facility (nursing home or assisted living facility), specialized medical services (dialysis), obtaining medical equipment, waived services, advanced health care directive facilitation, State Medical Review Team (SMRT) applications, and financial benefits in addition to Social Security.

Mental Health Release Planning

The criteria needed to receive mental health release planning services are:

- 1) A current diagnosis of schizophrenia, bipolar disorder, major depression, schizoaffective disorder, and/or borderline personality disorder
- 2) A recent long-term hospitalization/inpatient care due to mental health conditions
- 3) Multiple recent short-term hospitalizations/inpatient care due to mental health conditions; and/or
- 4) A recent court commitment or stayed commitment as mentally ill

Additional Services Offered: Some individuals many need additional services. These services might include: placement at specialized mental health facilities such as Intensive Residential Treatment Services (IRTS), group homes, board and lodges, housing supports, or dual diagnosis treatment providers, making therapy and psychiatric appointments, SMRT applications, county mental health case management, Adult Rehabilitative Mental Health Services (ARMHS), waived services, and financial benefits in addition to Social Security.

Substance Use Disorder Release Planning

The criteria needed to receive substance use disorder release planning services is participation in a DOC substance use disorder treatment program at the Minnesota Correctional Facility Moose Lake, St. Cloud, Lino Lakes, Stillwater, Faribault, and Shakopee. MCF-Red Wing residents are also offered substance use disorder release planning.

Additional Services Offered: Some individuals may need additional services such as substance use disorder specific transitions classes that address various reentry topics, comprehensive assessment, and referral for community-based substance use disorder services such as residential services, outpatient treatment, aftercare, recovery coaches, temporary sponsors, and/or mental health treatment.

Co-occurring Disorder Release Planning

The criterion needed to receive co-occurring release planning services is participation in the DOC co-occurring disorder treatment program at the MCF-Lino Lakes.

Additional Services Offered: Some individuals may need additional services such as arranging for services that specialize in providing transitional care specific to the needs of those with mental illness, as well as a substance use disorder diagnosis. These services may include a comprehensive assessment, and a referral for community-based mental health and substance use disorder services.

Opioid Use Disorder Release Planning

The criteria needed to receive opioid use disorder release planning services are an Opioid Use Disorder, moderate to severe.

Additional Services Offered: Some individuals may need additional services such as arranging for Medication Assisted Treatment (MAT), comprehensive assessment, and a referral for community based services such as residential, outpatient treatment, aftercare, recovery coaches, temporary sponsors, and/or mental health treatment.

Sex Offense Release Planning

The criteria needed to receive sex offense release planning services is participation in a DOC sex offense treatment program at the MCF-Rush City, Lino Lakes, and Shakopee.

Additional Services Offered: Some individuals may receive additional services including sex offense specific transitions classes that address employment and interview skills training, specialized community support education meetings, and referrals for community-based sex offense services such as outpatient treatment, aftercare, specialized support services and/or sexual addiction support groups.

Fiscal Year 2022 Release Plans

Comp. Assessments	191
Sex offense release plans	83
Substance use disorder release plans	519
Co-occurring release plans	28
Medical release plans	145
Mental health release plans	204
Opioid Use Disorder	195
Declined/Refused	157
Total	1,391