

Minnesota Sex Offender Program  
Minnesota Department of Human Services  
**Unit Omega Handbook**

The Omega unit is designed for specialized treatment to identify and resolve treatment-interfering attitudes or behaviors impacting a client's treatment progress. A client's placement on Omega is intended to be short term to meet immediate treatment goals before transitioning to a different living unit.

Clients are encouraged to follow the expectations in an effort to make Unit Omega a positive place to live and to progress in treatment.

Upon arrival to Unit Omega, clients will participate in an orientation meeting with staff to discuss the unit rules. Clients are expected to know the rules of the unit and contribute to making Unit Omega a positive and therapeutic environment in which to live.

Clients on Unit Omega are expected to follow all information in MSOP policies and procedures located on the unit client computers. Below is a brief general description of various rules and expectations for Unit Omega 1, 2, and 3, which clients are expected to know and follow. Clients on Unit Omega are responsible to check with staff to clarify rules not clearly defined here or in policies.

A. Canteen/Linen Exchange

1. Omega 3

Canteen and Linen exchange is conducted on the living unit at the scheduled time. This will be announced by an overhead page.

2. Omega 1/Omega 2

Canteen and Linen exchange is conducted on the living unit. Clients are limited to ordering stationery and hygiene supplies.

B. Client Rooms

1. Clients do not have access to personal room keys.

2. Room Visiting

a) Omega 3

Visiting is not allowed in rooms and/or through doors or windows. Clients may socialize on the carpeted area of the dayroom or the unit tables so as to not obstruct movement on the walkway.

b) Omega 1/Omega 2

Visiting is not allowed in rooms and/or through doors or windows.

3. Stereo/Television

a) Omega 3

Personal Televisions and stereos are allowed at a volume level to not disturb the unit.

b) Omega 1/Omega 2

Personal televisions are not allowed. A unit television is provided for community use. Available television times are posted for client use.

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4. Doors

a) Omega 3

Doors of client rooms may remain completely open or closed but not secured.

b) Omega1/Omega2

Doors of client rooms may remain completely open or closed but not secured.  
While on Pre-Hearing Restriction Status, the client's door may remain open.

5. Storage Totes

Storage totes must be placed in an area allowing visibility during count and access to conduct window checks.

C. Community Leaders

The unit representative for the Behavior Therapy Unit (BTU) must be a client residing on Omega 3.

D. Ironing

1. Omega 3

All ironing is conducted in the unit team room. Clients may verbally ask unit staff to use the iron.

2. Omega 1/Omega 2

Clients may submit a request to unit staff for iron use due to an upcoming legal appearance or outside appointment.

E. Hygiene

1. Omega 3

Personal, disposable razors are stored in the staff office and must be returned by the client immediately after use.

2. Omega 1/Omega 2

A hygiene bin containing items such as nail clippers, tweezers, and disposable razors is stored in the staff office for each client. Clients may request these items.

F. Laundry

Client laundry is sent out to the complex for washing. Each day is limited to two laundry bags per client. Clients must wash their blankets and coats on scheduled day(s).

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G. Library/Law Library

1. Omega 3

Library materials are available via client request sent to the unit director. Clients needing access to law books unavailable on the computer may submit a request to the unit staff for access to these items. Access to the requested law books will be available on the unit for a set amount of time determined by the unit director/designee.

2. Omega 1/Omega 2

A library cart is available on the living unit once per week. Clients who need access to law books not available on the computer may submit a request to unit staff for access to these items. Access to the requested law books will be available on the unit for a set amount of time determined by the unit director/designee.

H. Mail:

1. Omega 3

Client mailbox lids may be left unlocked or locked. If the client chooses to have a lock, the lock must be secured at all times.

2. Omega 1/Omega 2

There are no personal mailboxes on the unit. Clients will receive all mail/legal materials/packages at the unit office. Clients must follow any Administrative Restriction/Behavioral Expectations Report/Individual Abuse Prevention Plan/Individualized Program Plan guidelines regarding mail.

I. Meals

Meals are served on the unit. Clients have 30 minutes to eat each meal.

1. Omega 3

- a) All meals are served for 10 minutes.
- b) No state food, including condiments may be taken out of the dining area.
- c) No personal condiments, seasonings, mugs, containers, or plastic ware may be at the table during meals.
- d) Heating of personal food in the microwave is not allowed during unit meal time.

2. Omega 1/Omega2

- a) No state food, including condiments may be taken out of the dining area.
- b) No personal condiments, seasonings, mugs, containers, or plastic ware may be at the table during meals.

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J. Medication and Diabetic Checks

1. Omega 3

All medications are distributed at the unit med pass window. Clients on restrictions may receive medications at their rooms as specified in their plan, guidelines, or by staff. Diabetic checks are conducted in Health Services with a unit staff escort. Blood pressure checks and weight checks are conducted in Health Services once a month. Clients must notify staff if they are interested in attending.

2. Omega 1/Omega 2

Medications are delivered on the unit. Clients on restrictions may have medications delivered to their rooms as specified in their Individual Program Plan, restriction guidelines, or by staff. Diabetic checks are conducted in Health Services with a unit staff escort. Blood pressure checks and weight checks are conducted in Health Services once a month. Clients must notify staff if they are interested in attending.

K. Movement

All clients are escorted to and from all off-unit activities and appointments. Clients are subject to a pat search upon arrival to the unit. Clients are expected to remain in a group during movement with no stopping to talk with peers along the way.

L. Notary Services

Notary services are available per the unit schedule. Clients must sign up for services the day prior to the event at the staff office. Clients must be displaying calm and controlled behaviors prior to receiving this service on the living unit. Clients will be notified of any changes due to holidays via an all-client memo.

M. Property

Items considered contraband on Unit Omega and in the client's possession when moved to Unit Omega are placed in storage within the Property Department until the client returns to their living unit, at which time the client must submit a client request to obtain the property from storage. Items arriving into the facility considered contraband on Unit Omega after a client's arrival will be sent out or disposed of. When a client is unable to demonstrate the ability to meet property limits, the overages are considered contraband and will be handled as such.

N. Recreation

Clients may access the multi-purpose room or gym per the posted recreation schedule. The multi-purpose room door will remain closed during this activity. Vending machines may not be used by Omega clients.

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- O. Spiritual Programming  
Clients may attend available spiritual programming as scheduled by Volunteer Services staff.
- P. Room Cleaning
  1. Omega 3  
Clients must ask staff (upon staff availability) to access the utility closet to obtain the items needed for cleaning. Spray bottles and rags are available from the unit office.
  2. Omega 1/Omega 2  
Clients may be allowed 30 minutes per day to conduct room cleaning, upon verbal request and staff approval. The client must inform staff which items are needed as well as an approximate time in which the client would prefer to conduct cleaning.
- Q. Scrip  
Scrip is contraband on Unit Omega.
- R. Second Tier Omega 3
  1. Clients residing on the first tier may not be on the second tier (except for unit expectations cleaning or access to the 2nd tier utility closet).
  2. Clients may only use the showers located on the tier in which they reside.
  3. Clients may not exercise on the second tier (walking, pacing back and forth).
  4. Clients may not communicate between tiers (yelling, talking loudly).
- S. Unit Expectations  
Clients on restrictions will need an approved verbal request to participate in unit cleaning. Omega 1/Omega 2 clients must notify staff in advance when the clients want to clean. If clients choose not to participate in community expectations, the units may have an early curfew time to allow off-unit workers the opportunity to clean the living units.
- T. Visits  
Clients on Unit Omega will have non-contact visits. Exceptions may be considered and must be requested by the client in advance of the visit for approval by the unit treatment team.
- U. Yard Use  
The yard may be accessed as noted on the posted unit schedule.