

**Minnesota Department of Human Services  
Mental Health Policy Division  
Dialectical Behavior Therapy Intensive Outpatient Program (DBT IOP)  
May 19, 2017**

**Standards for National Certification of Dialectical Behavior Therapy**

The Commissioner of the Minnesota Department of Human Services (DHS) must approve DBT Program accreditors as stated in Minnesota Rules. This notice outlines the standards that DHS has traditionally used to ensure that DBT providers are compliant with the requirements of the rule. An accreditor must meet or exceed these standards to obtain commissioner approval.

**A DBT Program accreditor must** require verification of the DBT IOP Program to ensure that providers are qualified and follow current nationally recognized, research-informed practices and standards that meet requirements as stated in Minnesota Rules and the Department of Human Services Provider Manual.

Accreditation must be subject to verification of:

- A team leader who meets requirements in MN Rule 9505.0372, subp. 10 F(1), and the Department of Human Services Provider Manual
- Team members who meet requirements in MN Rule 9505.0372, subp. 10 F(2), and the Department of Human Services Provider Manual
- A consultation team that consists of team members following the standards in MN Rule 9505.0372, subp. 10 F(2), and the Department of Human Services Provider Manual
- A program manual that follows the standards in MN Rule 9505.0372, subp. 10 E(4)

In addition a national certification body must:

- Base accreditation on valid evaluation measures to assure commitment to the treatment model
- Have verification procedures established to assure clinicians are qualified and credentialed
- Assure maintainance of certification is contingent on notification and verification of staffing changes and related competencies
- Be able to provide verification of certification to the DHS Dialectical Behavior Therapy Intensive Outpatient Program

**Reference**

[MN Rules, part 9505.0372, subp. 10](#), Dialectical behavior therapy (DBT)