Welcome Everyone

Presenter audio is muted until the presentation begins.

If you are using your computer speakers and have trouble hearing the volume during the presentation, we recommend participating with a telephone line.

Attendee microphones are muted upon entry.

Teleconference call information is available in the Event info section.
Stakeholder Engagement: Primary Prevention
12:00am-1:00pm

Presenter Today: Darren Reed, Primary Prevention Section
Behavioral Health Division
WebEx Technical Difficulties

• For technical difficulties please send your comments to “Jacob Owens” by selecting his name from the drop down menu in the Q&A section.
Today’s Agenda

• Stakeholder Engagement Overview

• Strategic Prevention Framework Rx

• Questions

• Wrap-Up
Stakeholder Engagement Overview

Brytanie Mertes | Legislative and Communications
2018 Stakeholder Engagement Overview

• Engage stakeholders for input on policy recommendations from Minnesota’s Plan for the Prevention, Treatment and Recovery of Addiction.

• The report was developed with stakeholder engagement input from a core and fiscal stakeholder workgroup that was convened in 2016. The core workgroup incorporated and built on the recommendations of the 2013 Legislative Report: Minnesota's Model of Care for Substance use Disorder and the input collected in the fall 2015 ADAD listening sessions.

• Several of the policy recommendations were included in legislation that passed as part of SUD reform legislation in 2017 (i.e. care coordination, peer recovery support, comprehensive assessments, direct reimbursement and withdrawal management).
Stakeholder Engagement Plan

• **Stakeholder Feedback Window: Completed**
  
  • **July 12th - July 27th** - Submit questions, comments, considerations on policy recommendations to youropinionmatters.dhs@state.mn.us. An e-Memo will be sent out following this WebEx with a link to the previous policy report, and a document to utilize when inputting feedback.

  • Feedback received will guide the information and format for the WebEx topics.

• **Topic specific WebEx's begin:**
  
  • **August 6th - September 7th** - Topic specific WebEx's will be held to gather feedback on previous policy recommendations

• **Two Stakeholder Engagement “Updates” will be held:**
  
  • Thursday, August 23rd 11:30am-12:30pm
  
  • Thursday, September 13th 11:30-12:30pm
2018 Stakeholder Engagement Timeline

• July 12 Announce Stakeholder Engagement Plan
• July 12th-July27th Stakeholder Engagement Feedback Window
• August-September Stakeholder Engagement Topic WebEx’s
• October-November Listening Sessions on Policy Recommendations
Stakeholder Engagement Overview

We will host WebEx sessions to review the policies that were not passed into law in the 2017 legislative session.

• Sub-workgroups will review policies, provide updates and gather feedback.

• The purpose of the primary prevention workgroup is to:
  • Provide information on strategies currently being implemented in MN
  • Solicit information on a proposed legislative ‘ask’ for additional primary prevention funding.
“Primary Prevention” WebEx schedule

Four Primary Prevention WebEx sessions

• Tuesday, Aug. 7th 12-1 PM – P&I Strategies & Outcomes
• Thursday, Aug. 9th 10-11 AM – SPF-PFS Strategies & Outcomes
• Tuesday, Aug. 14th 10:30-11:30 AM – RPCs, MPRC, SEOW
• Thursday, Aug. 16th 12-1 PM – SPF Rx Strategies
Primary Prevention Participant Engagement Process

• Information will be collected from WebEx participants via:
  • [YourOpinionMatters.DHS@state.mn.us](mailto:YourOpinionMatters.DHS@state.mn.us) with “Primary Prevention” in the subject line.
  • Input emailed directly to sub-workgroup lead: [Darren.reed@state.mn.us](mailto:Darnen.reed@state.mn.us)
  • Input during the WebEx via polling and/or a survey: Polling questions will appear on the right hand of the screen, located in the “Polling” tab
    • Audio will be muted while polling is commencing
Primary Prevention

Strategic Prevention Framework Rx
The Strategic Prevention Framework Prescription Drug Prevention Project (SPF Rx) is a grant from the Substance Abuse Mental Health Service Administration (SAMHSA) to combat the prescription drug misuse and specifically the opioid epidemic at the local level.
Goals and Objectives of the SPF Rx Grant

• 1) Prevent the onset and reduce prescription drug abuse among adults 18 and older and among 12-17 year youth;

• 2) Reduce prescription drug abuse-related morbidity and mortality among individuals most at risk;

• 3) Build prevention capacity through the use of the Strategic Prevention Framework (SPF) at the State, community, and tribal level;

• 4) Assess and enhance the MN PMP operations, including its utilization by prescribers where feasible; and

• 5) Continue to examine the consequences of prescription drug misuse by high-risk populations and plan prevention approaches as appropriate.
The Strategic Prevention Framework (SPF)

STEP 1: DATA, PROBLEM ID, NEEDS FOR CHANGE

STEP 2: RESOURCES NEEDED TO BRING CHANGE

STEP 3: LAYING OUT A PLAN

STEP 4: IMPLEMENTATION OF PLAN

STEP 5: EVALUATING YOUR WORK

SUSTAINABILITY AND CULTURAL COMPETENCE WOVEN THROUGHOUT THE PROCESS
Why are we here?

SAMHSA’s Expectations

Use a data-driven approach to identify high-need/low-capacity communities to fund.
Minnesota’s Approach

State Epidemiological Outcomes Workgroup (SEOW):

• Reviewed potential data sources and indicators
• Vote on indicators
• Determined scoring process
• Analyzed the data

Strategic Prevention Framework (SPF) Advisory Council:

• Approved SEOW recommendations
• Helped interpret findings
• Recommended communities to fund
Which indicators did the SEOW consider?

- Rate of prescriptions filled for all controlled substances
- Rate of prescriptions filled for opioids
- Neonatal Abstinence Syndrome/ Maternal Opioid Use Disorder
- Youth pain reliever misuse

- Treatment admissions for opioid abuse
- Opioid overdose deaths
- Opioid-related ED visits
- Opioid-related hospitalizations
- Opioid-related EMS runs
Which indicators were used to identify communities?

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Geographic Level</th>
<th>Year(s)</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate of opioid overdose deaths</td>
<td>County</td>
<td>2006-2015</td>
<td>Death certificate data from MDH</td>
</tr>
<tr>
<td>Percent of youth reporting past year pain reliever misuse</td>
<td>School District</td>
<td>2016</td>
<td>Minnesota Student Survey</td>
</tr>
<tr>
<td>Rate of opioid prescriptions filled per 100 population</td>
<td>County</td>
<td>2015</td>
<td>Minnesota Prescription Monitoring Program</td>
</tr>
</tbody>
</table>
How were communities scored?

0-4 points for percent of youth misusing + 0-4 points for prescriptions filled + 0-4 points for overdose death rate = 0-12 overall points for “need” score
Rate of Opioid Overdose Deaths

• 4 points for top 5% of counties: Aitkin, Cass, Carlton, Polk

• 3 points for top 10%: Winona, Traverse, Pine, Mille Lacs

• 2 points for top 15%: McLeod, Houston, Benton, Itasca

• 1 point for top 20%: Chisago, Anoka, Kanabec, Meeker
Rate of Opioid Prescriptions Filled

• 4 points for top 5% of counties: Aitkin, Mille Lacs, Kanabec, Wadena

• 3 points for top 10%: Pine, Itasca, Koochiching, Cass

• 2 points for top 15%: Clearwater, Isanti, Carlton, Traverse

• 1 point for top 20%: Morrison, Todd, Lake, Mahnomen
Past Year Youth Pain Reliever Misuse

• 281 participating districts

• Districts received points for being in the top 5%, 10%, 15% and 20% for any grade level

• Rates ranged from:
  • 0% to 14% among 8th graders
  • 0% to 19% among 9th graders
  • 0% to 47% among 11th graders
### Which communities have the greatest need?

<table>
<thead>
<tr>
<th>Community (District/County)</th>
<th>Score</th>
<th>Community (District/County)</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>McGregor/Aitkin</td>
<td>12</td>
<td>Aitkin/Aitkin</td>
<td>10</td>
</tr>
<tr>
<td>Walker-Hackensack-Akeley/Cass</td>
<td>11</td>
<td>Pine City/Pine</td>
<td>10</td>
</tr>
<tr>
<td>Northland Community Schools/Cass</td>
<td>11</td>
<td>Barnum/Carlton</td>
<td>9</td>
</tr>
<tr>
<td>Pine River-Backus/Cass</td>
<td>11</td>
<td>Cloquet/Carlton</td>
<td>9</td>
</tr>
<tr>
<td>Deer River/Itasca-Cass</td>
<td>11</td>
<td>Cass Lake-Bena/Cass</td>
<td>9</td>
</tr>
<tr>
<td>Isle/Mille Lacs</td>
<td>11</td>
<td>Pillager/Cass</td>
<td>9</td>
</tr>
<tr>
<td>Onamia/Mille Lacs</td>
<td>11</td>
<td>Nashwauk-Keewatin/Itasca</td>
<td>9</td>
</tr>
<tr>
<td>NA</td>
<td>NA</td>
<td>Hinkley-Finlayson/Pine</td>
<td>9</td>
</tr>
</tbody>
</table>
SPF Rx Grantee Information

• Pine River-Backus Family Center
• Working Together Coalition
• SPF Rx Sub-Committee
SPF Rx Deliverables (Year One)

- Hire key staff and identify a structure (i.e., advisory boards, workgroups, task forces) that will provide guidance to the project.
- Develop a strategic plan that: Utilizes a data-driven approach to address prescription drug misuse
- Focuses on improving PDMP partnerships at the agency level, across state, and state-to-state, wherever possible.
- Describes approaches to increase use of PDMP data by sub-recipients, tracking data, monitoring usage, and increasing the data collected by the PDMPs.
- Utilize the SPF process to develop an implementation plan that includes a timeline for the entire five years of the project period,
- Utilize the SPF process to actively engage community members, healthcare providers, key stakeholders, adult, youth, young adults, elders, spiritual advisors, and tribal leaders.
SPF Rx Deliverables (Years Two – Five)

• Develop a local evaluation plan and implement evaluation activities based on year one and year two assessment and planning activities.

• Formalize interagency agreements for collaboration and coordination of services, and develop policies that will increase the use of PDMP data to address prescription drug misuse.

• Develop a community-based social marketing/public education plan to increase awareness of prescription drug misuse issues, the need for a coordinated approach, and promote increased use of PDMP data.

• Conduct an ongoing process evaluation that documents the grant activities, progress, challenges, and lessons learned towards meeting grant goals. This activity must continue through the life of the grant.
SPF Rx Deliverables (Years Two – Five)

• Develop policies, procedures, and other infrastructure changes that will result in system-wide improvements to utilization of PDMP data, and address non-medical use of prescription drugs and opioid overdose.

• Implement the community-based social marketing/public education plan to increase awareness of prescription drug misuse.

• Educate prescribers on the use and benefits of accessing the state’s PDMP database to determine whether a patient is filling the prescriptions provided and/or obtaining prescriptions for the same or similar drug from multiple prescribers.
SPF Rx Deliverables (Years Two – Five)

• Collaborate with pharmacies to ensure timely data input into the PDMP database in an effort to maximize the use of the prescription history data, which has significant implications for patient safety and public health.

• Incorporate PDMPs into a comprehensive prescription drug diversion and prevention strategy that includes education for healthcare providers, patients, and the public on prescription drug misuse.

• Conduct culturally sensitive, environmentally responsible medication disposal programs, and smart law enforcement aimed at reducing pill mills and doctor shopping, to reduce the consequences of prescription drug misuse.
Time for Questions and Comments
Concluding our Primary Prevention Stakeholder WebExs

What we have accomplished together:

• 4 WebExs about primary prevention
• Submitted/gathered feedback
• Compiled feedback on policy recommendations for 2019

Going forward:

• Continue to submit feedback to youropinionmatters.dhs@state.mn.us
• Engage in future WebEx topics
• Stay tuned to hear more on our final Policy Recommendations
Ways to Stay Informed

• Visit our website to:
  • Subscribe for email updates (e-Memo) to receive updates from the Behavioral Health Division on SUD
  • Learn more about substance use disorder policies and procedures, initiatives, workgroups, training and conferences, grant announcements, access forms and more

  Look for our “Friday’s Digest” E-memo!

• We want to hear from you about YOUR substance use disorder system. Send input to: YourOpinionMatters.DHS@state.mn.us
Primary Prevention WebExs have concluded!
Thank you for joining us
Behavioral Health Division