Welcome Everyone

Presenter audio is muted until the presentation begins.

If you are using your computer speakers and have trouble hearing the volume during the presentation, we recommend participating with a telephone line.

Attendee microphones are muted upon entry.

Teleconference call information is available in the Event info section.
Stakeholder Engagement: Primary Prevention Services
Tuesday, August 14, 2018: 11 – 12 Noon

Presenter Today: Phyllis Bengtson, Primary Prevention Policy Lead
Primary Prevention, Behavioral Health Division

Teleconference call information is available in the Event info section of the WebEx.
WebEx Technical Difficulties

• **For technical difficulties** please send your comments to “Jacob Owens” by selecting his name from the drop down menu in the Q&A section.
Today’s Agenda

• Stakeholder Engagement Overview
• MN Prevention Resource Center (MPRC)
• Regional Prevention Coordinators (RPCs)
• State Epidemiological Outcomes Workgroup (SEOW)
• Policy recommendations
• Questions/survey?
• Wrap-Up
2018 Stakeholder Engagement Overview

• Engage stakeholders for input on policy recommendations from Minnesota’s Plan for the Prevention, Treatment and Recovery of Addiction.

• The report was developed with stakeholder engagement input from a core and fiscal stakeholder workgroup that was convened in 2016. The core workgroup incorporated and built on the recommendations of the 2013 Legislative Report: Minnesota's Model of Care for Substance use Disorder and the input collected in the fall 2015 ADAD listening sessions.

• Several of the policy recommendations were included in legislation that passed as part of SUD reform legislation in 2017 (i.e. care coordination, peer recovery support, comprehensive assessments, direct reimbursement and withdrawal management).
Stakeholder Engagement Plan

• Stakeholder Feedback Window: Completed
  • **July 12th - July 27th** - Submit questions, comments, considerations on policy recommendations to youropinionmatters.dhs@state.mn.us. An e-Memo will be sent out following this WebEx with a link to the previous policy report, and a document to utilize when inputting feedback.
  • Feedback received will guide the information and format for the WebEx topics.

• **Topic specific WebEx's begin:**
  • **August 6th-September 7th** - Topic specific WebEx's will be held to gather feedback on previous policy recommendations

• **Two Stakeholder Engagement “Updates” will be held:**
  • Thursday, August 23rd 11:30am-12:30pm
  • Thursday, September 13th 11:30-12:30pm
• July 12 Announce Stakeholder Engagement Plan
• July 12th-July 27th Stakeholder Engagement Feedback Window
• August-September Stakeholder Engagement Topic WebEx’s
• October-November Listening Sessions on Policy Recommendations
We will host WebEx sessions to review the policies that were not passed into law in the 2017 legislative session.

• Sub-workgroups will review policies, provide updates and gather feedback.

• The purpose of the primary prevention workgroup is to:
  • Provide information on strategies currently being implemented in MN
  • Solicit information on a proposed legislative ‘ask’ for additional primary prevention funding.
Four Primary Prevention WebEx sessions

• Tuesday, Aug. 7th 12-1 PM – P&I Strategies & Outcomes

• Thursday, Aug. 9th 10-11 AM – SPF-PFS Strategies & Outcomes

• Tuesday, Aug. 14th 10:30-11:30 AM – RPCs, MPRC, SEOW

• Thursday, Aug. 16th 12-1 PM – SPF Rx Strategies
Primary Prevention Participant Engagement Process

• Information will be collected from WebEx participants via:
  • YourOpinionMatters.DHS@state.mn.us with “Primary Prevention” in the subject line.
  • Input emailed directly to sub-workgroup lead: Phyllis.Bengtson@state.mn.us
  • Input during the WebEx via polling and/or a survey: Polling questions will appear on the right hand of the screen, located in the “Polling” tab
    • Audio will be muted while polling is commencing
Primary Prevention

Increase the number of Regional Prevention Coordinators (RPCs), which provide training and technical assistance on substance use prevention.

Currently, the state is divided into seven large geographical areas covered by RPCs. Increased investment in this program would allow each RPC to have a smaller geographical area and permit more concentrated efforts.
Primary Prevention

• Our Primary Prevention funding comes from the Substance Abuse & Mental Health Services Administration (SAMHSA) Block Grant

• 20% Primary Prevention Set Aside

• Federal Definition of Primary Prevention: Services for those who have never been in CD Treatment nor have ever been assessed as needing CD Treatment
Minnesota Prevention Resource Center: An Overview
About MPRC:

- Minnesota Prevention Resource Center supports people and organizations to engage in addressing the root causes of substance abuse.

Lindsey Smith  
Project Director

Esha Seth  
Events Manager

Erica Oesterreich  
Communications Manager
MPRC does this by:

**Sharing stories of Minnesota community-based prevention work in action.**

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**Get to Know a Prevention Pro**

**NAME:** Angela Tschida  
**OCCUPATION:** Detective, Maple Grove Police Department  
**LOCATION:** Maple Grove

How does your work contribute to alcohol, tobacco, and drug prevention in Minnesota?

I was part of a joint effort between Maple Grove and Snow Valley to create guidelines for drug consumption on public property. Our Police Department enforces these guidelines and works with the City to ensure adherence. We also create law enforcement strategies to address alcohol and drug problems in our community.

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**Get to Know a Prevention Pro**

**NAME:** Pastor Gary Shaw  
**OCCUPATION:** Pastor, Friendship Assembly of God  
**LOCATION:** Braham, MN

How does your work contribute to alcohol, tobacco, and other drug prevention in Minnesota?

In 2014 I opened the door of the church to find a young man sitting on the sidewalk crying and praying the Lord’s Prayer. Through his tears he looked up at me and said, “I’m on meth.” This encounter led me and other ordinary citizens to form Braham United Against Drug Abuse and organize a forum to discuss drug abuse in the community. Partnering with the Isanti County Substance Abuse Prevention and Recovery Coalition we are working to end the tide of drug abuse.
MPRC does this by:

Hosting the top annual statewide substance abuse prevention conference.

https://www.youtube.com/watch?v=giPLcG0nvj4
MPRC does this by:

Hosting day-long ethics trainings and 4-day basic skills trainings.
MPRC does this by:

**Communicating essential news and information on substance abuse prevention work in Minnesota.**
MPRC does this by:

Providing information via:

- Literature Searches
- Reports
MPRC does this by:

Supporting & collaborating with the 7 Regional Prevention Coordinators, who help start & grow prevention coalitions across MN

Melissa Perreault
Northwest MN

Kelly Felton
West Central MN

Sean Culhane
Southwest MN

Kjirsten Anderson
Metro

Paulette Clark
Southeast MN

Jenilee Telander
East Central MN

Laura Bennett
Northeast MN
More about the
REGIONAL PREVENTION COORDINATORS
RPCs Help Support, Facilitate and Consult On . . .

• Where to begin
• Getting the right people to the table
• Creating a plan

• Putting the plan into action
• Figuring out what’s working and what’s not
Community Perspectives

What assistance do you need to do prevention in your community?

- More action
- Brainstorm ideas
- Student coalition members
- Brainstorming session
- Making the leap: Public health prevention in real world
- We need money for primary prevention
- They connect to available grants
- Peer support
- Peer to peer support
- Training
- Connection
- Engaging kids in the rural community
Community Perspectives

What projects or examples has your RPC helped with?

- Conversation Cards
- Local Biz
- Cookie Bags
- Community Evaluation

I can make a difference
Youth
Preventing Coordinator

We come to you!
Mobile Support for Rural Areas
Why do you value your RPC?

- Awesome knowledge + authentic relationships with coalition
- They understand our whole region
- They have impacted our community — the successes we’ve had are directly linked
- BEST PROCESS
- They are so knowledgeable
- Facilitation of strategic plan
- One on one support
- Validation!
Geographic Regions

Northwest – 13 counties
Northeast – 7 counties
West Central – 12 counties
East Central – 10 counties
Southwest – 27 counties
Southeast – 11 counties
Metro – 7 counties
State Epidemiology Outcomes Workgroup (SEOW)

- Established in 2006
- Is a cross-sector collaborative effort
- Mission is to examine & synthesize available data related to Alcohol, Tobacco and Other Drug (ATOD) use, consequences, and risk and protective factors
- Goal is to inform MN DHS, Behavioral Health Division, prevention practitioners statewide and other partners regarding prevention needs, resources and conditions
State Epidemiology Outcomes Workgroup (SEOW)

• Assists prevention activities in communities by the use of valid behavioral health data with the intention of building their capacity to implement prevention initiatives guided by data.

• SEOW activities are lead and directed by an experienced epidemiologist with expertise in ATOD and mental health data collection and research.

• SEOW members prioritized need for the SPF-PFS, SPF-RX & Opioid Prevention grants.
**What's The (data)Point?** is a monthly feature of MN-Prev.

It is a collaboration of Minnesota's substance abuse prevention support service providers:

- State Epidemiological Outcomes Workgroup
- Minnesota Prevention Resource Center
- Regional Alcohol, Tobacco, and Other Drug Prevention Coordinators
Youth who use one substance are more likely to report using other substances. For example,

MN youth who **drink alcohol** are 11.9 times more likely to **use marijuana**

MN youth who **use marijuana** are 7.3 times more likely to **drink alcohol**

*Past-month use by 8th, 9th, and 11th graders (2016 Minnesota Student Survey)*
Substance Use in MN: on-line database

Data on over 100 indicators of alcohol, tobacco, and other drugs

- consumption patterns
- consequences
- contributing factors in MN
Primary Prevention

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Q and A Period
Ways to Stay Informed

• Visit our website to:
  • Subscribe for email updates (e-Memo) to receive updates from the Behavioral Health Division on SUD
  • Learn more about substance use disorder policies and procedures, initiatives, workgroups, training and conferences, grant announcements, access forms and more

Look for our “Friday’s Digest” E-memo!

• We want to hear from you about YOUR substance use disorder system. Send input to: YourOpinionMatters.DHS@state.mn.us
Next Primary Prevention WebEx: Aug. 16th 12-1 PM
Thank you for joining us
Behavioral Health Division