Department of Human Services

Adopted Exempt Permanent Rules Relating to Dialectical Behavior Therapy

9505.0372 COVERED SERVICES.

Subp. 10. Dialectical behavior therapy (DBT). Dialectical behavior therapy (DBT) treatment services must meet the following criteria:

C. To be eligible for DBT, a client must:

1. be 18 years of age or older;
2. have mental health needs that cannot be met with other available community-based services or that must be provided concurrently with other community-based services;
3. meet one of the following criteria:
   a. understand and be cognitively capable of participating in DBT as an intensive therapy program and be able and willing to follow program policies and rules assuring safety of self and others; and
   b. be at significant risk of one or more of the following if DBT is not provided:

   [For text of subparts 1 to 9, see Minnesota Rules]
   [For text of items A and B, see Minnesota Rules]
   [For text of units (a) and (b), see Minnesota Rules]
   [For text of units (a) to (d), see Minnesota Rules]
   [For text of items D to F, see Minnesota Rules]
   [For text of subpart 11, see Minnesota Rules]

[For text of items D to F, see Minnesota Rules]