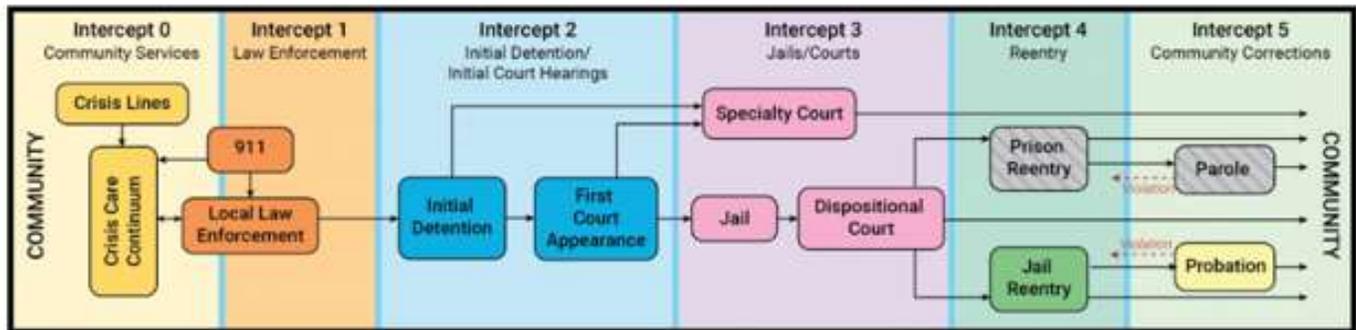


## Programs on the Sequential Intercept Model

Olmsted County has made several efforts towards understanding and responding to behavioral health needs within the context of the criminal justice system. Using the Sequential Intercept Model<sup>1</sup>, shown below, Olmsted County has framed their response to meet these needs at every Intercept to foster better outcomes for those impacted by a serious mental illness when they come into contact with the criminal justice system.



- Law Enforcement Liaison (LEL)
- Mobile Crisis
- Crisis Center - 2021

- Crisis Intervention Team (CIT)

- Jail Diversion

- Competency
- Whatever It Takes (WIT)
- Pretrial

- Reentry (ROC)

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- Crossover

- *Law Enforcement Liaison (LEL) – Intercept 0*: At the beginning of 2018, Olmsted County Health, Housing, and Human Services partnered with the Olmsted County Sheriff’s Department and the Rochester Police Department to hire their first Law Enforcement Liaison Social Worker. The LEL works directly in the field with law enforcement to provide a social service lens to the calls they receive. The LEL acts as a resource and referral agent, but also assists in deescalating crises in effort to decrease unnecessary trips to the emergency department.

- *Mobile Crisis - Intercept 0*: Mobile Crisis is the CREST Region’s mobile crisis response system. The goal of the Mobile Crisis Team provides adults and children experiencing a mental health crisis, and their families/guardians and natural supports, access to family-friendly, strength-based mental health crisis intervention and stabilization services that are provided as part of a larger system of care.

- *Crisis Center – Intercept 0*: Olmsted County and the CREST Region were awarded grant dollars to build and operate a regional behavioral crisis center. The identified services of the center are primary intake, assessment, intervention, stabilization, and psychiatric support services. The center will be open 24/7 and will allow for an alternative to emergency

<sup>1</sup> Mark R. Muentz, M.D.; Patricia A. Griffin, Ph.D. Psychiatric Services 2006; doi: 10.1176/appi.ps.57.4.544

departments for those in a behavioral health crisis. There will also be short-term stabilization beds for youth and adults. The center is scheduled to be open in 2020.

- *The Crisis Intervention Team (CIT) – Intercept 1*: In 2007, the Rochester Police Department and the Olmsted County Sheriff's Department collaborated with the Olmsted County Behavioral Health Unit to provide the first Crisis Intervention Team certification training in Olmsted County. This training is based on the nationally recognized Memphis Crisis Intervention Team (CIT) model<sup>2</sup>, which promotes a more professional, effective and humane response by law enforcement officers to individuals with mental illness. Officers responding to a “psych call” complete a CIT report, which gets forwarded to the CIT Coordinator for further follow up as needed. Olmsted County currently has 319 law enforcement and correctional officers trained, which accounts for approximately 60-70% of the law enforcement workforce.

- *Jail Diversion - Intercept 2*: The jail diversion program diverts individuals with serious mental illness (and often co-occurring substance use disorders) away from jail and provides linkages to community-based treatment and support services. The individual thus avoids arrest or spends a significantly reduced time period in jail and/or lockups on the current charge or on violations of probation resulting from previous charges.

- *Whatever It Takes (WIT) – Intercept 3*: Whatever It Takes (WIT) is a DHS grant-funded program to assist those hospitalized in Anoka Metro Regional Treatment Center (AMRTC) and Minnesota Security Hospital (MSH), by providing case management and whatever supports necessary to mitigate barriers to discharge and create sustainable and lasting discharge plans. This team serves individuals from the entire CREST Region. Prior to the WIT Team, Olmsted County hired one liaison case manager to provide services to CREST individuals in AMRTC. The WIT grant allowed expansion of this program into MSH, including hiring an additional liaison case manager, ARMHS worker, and program coordinator.

- *Outpatient Competency Restoration – Intercept 3*: In 2018, the WIT Team began a pilot program to assist in the restoration to capacity for individuals who have been deemed incompetent to proceed on their criminal files. The team decided to pilot this service, as we had individuals who were “stuck” at AMRTC awaiting a bed at the competency program at MSH. While these individuals were still incompetent to proceed, they did not meet medical necessity to remain at AMRTC. The goal of this pilot program was to aid these individuals in receiving the competency restoration treatment they required in a timely manner, while saving tax payer dollars.

- *Pretrial Supervision – Intercept 3*: Pretrial Supervision in Olmsted County began in early 2019. The goal of the program is to increase public safety, ensure court appearances, and make the best decisions regarding defendants being released while awaiting trial. Some of the individuals who are assigned to Pretrial Supervision are those awaiting Rule 20 evaluations. While many of these individuals are kept in custody, many are unable to be held in the jail due to the level of their charges. It is when they are released that they decompensate further or “fall off the radar.” Without being on a commitment, it is impossible for behavioral health staff to monitor these

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<sup>2</sup> <http://www.memphispolice.org/crisis%20intervention.htm>

individuals. Pretrial supervision will allow for closer monitoring of these individuals so that they can be evaluated and can access appropriate treatment without delay.

- *Re-Entry Olmsted County (ROC) – Intercept 4*: ROC is a multidisciplinary team that provides resources and support to individuals in the criminal justice system to empower them to work towards individual successes in the community. By following the APIC model<sup>3</sup> for transition from jail to community, the team provides assessment, planning, identification and coordination.

- *Crossover – Intercept 5*: The Crossover program is mental health case management for those individuals who are on probation and have a serious and persistent mental illness. Olmsted County has designated one social worker to work with these individuals, who is embedded in the Community Corrections department.

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<sup>3</sup> <http://gainscenter.samhsa.gov/pdfs/reentry/apic.pdf>