

နလဲကွၢ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤ မ့တမ့ၢ် မၤန့ၢ်တၢ်မၤစၢၤကသ့လၢတၢ်လီၤဖဲလဲၣ်.

လဲၤဆူ <https://mn.gov/dhs/federalchanges/lawfully-present> မ့တမ့ၢ် စကဲ(န) QR ခိး(ဒ)နီၣ်ဂံၢ် လၢတၢ်ဂ့ၢ်တၢ်ကျိၤ ချးနံၤချးသီ လၢခံကတၢ်တဖၣ်အဂီၢ်န့ၣ်တက့ၢ်.



တၢ်မၤစၢၤလၢပှၢဟံးစုန့ၣ်ကျဲအအိၣ်- နမၤန့ၢ်တၢ်မၤစၢၤအကလီလၢပှၢဟံးစုန့ၣ်ကျဲအအိၣ်သ့န့ၣ်လီၤ. လဲၤကွၢ်ဖဲ

<https://www.mnsure.org/help/find-assister/index.jsp> မ့တမ့ၢ် စကဲ(န) QR ခိး(ဒ) လၢကမၤန့ၢ်တၢ်မၤစၢၤလၢတၢ်ယုကွၢ် ပှၢဟံးစုန့ၣ်ကျဲ လၢနလီၢ်ကဝီၤအပူၤသ့န့ၣ်လီၤ.



တၢ်မၤစၢၤလၢ တၢ်ဆီလီၤဟံၣ်လီၤတၢ်အိၣ်ဆိးလီၢ်ကျဲ တၢ်ရဲၣ်တၢ်ကျဲၤဝဲၤဒၢး (Resettlement Programs Office)-

တၢ်ဆီလီၤဟံၣ်လီၤ တၢ်ရဲၣ်တၢ်ကျဲၤဝဲၤဒၢး, ပပှၢမၤသကိးတၢ်တဖၣ် ဒီး ပှၢတဝၢတဖၣ်, တူၢ်လိာ်မ့ၢ် ပှၢဘၣ်ကီဘၣ်ခဲ ဒီး ပှၢလၢအိၣ်လၢ ပှၢဂ့ၢ်ဝီဘၣ်ထွဲတၢ်လိာ်ဘၣ် တၢ်ဒိသဒါအဖီလၢတဖၣ် ဆူ Minnesota ဖဲအဝဲသ့ၣ် သ့ၣ်ထီၣ်ဘၣ်ထီၣ်ကဒါက့ၤ အဝဲသ့ၣ် အတၢ်အိၣ်မူအိၣ်ဂဲၤ, စးထီၣ် တၢ်အိၣ်ဘီၣ်အိၣ်ညီ ဒီး ဟ့ၣ်လီၤသးမၤစၢၤတၢ်လၢ ကီၢ်ဖဲၣ် အမုၢ်ကျိၤဝဲၤကွၢ်န့ၣ်လီၤ. ကိးဝဲၤဒၢး အပှၢဘၣ်ကီဘၣ်ခဲဒီးပှၢန့ၣ်လီၤအိၣ်ဆိးကီၢ်တၢ်မၤစၢၤလီၤတဲစိနီၣ်ဂံၢ် (Refugee and Immigrant Helpline) ဖဲ 1-800-814-4806 လၢကမၤန့ၢ်တၢ်မၤစၢၤလၢ တၢ်မၤလိာ်ပၢ် မ့ၢ်တၢ်မၤစၢၤဒီးပှၢတဝၢတၢ်ဆီၣ်ထွဲမၤစၢၤမနုၤတဖၣ်လၢ နန့ၣ်လီၤမၤန့ၢ်အိၣ်သ့လဲၣ်န့ၣ်တက့ၢ်.

ခရီးစဉ်များ လိပ်စာအိတ်ဆိတ်ထုံးတဖန်

(စာတိုက်စွဲးကိမ်းနံ့- လိပ်စာရှင်း 2026)

Aitkin County

204 First Street NW
Aitkin, MN 56431-1291
218-927-7200 / 800-328-3744
Fax: 218-927-7210

Anoka County

Economic Assistance Department
1201 89th Ave NE, Suite 4200
Blaine, MN 55434
763-422-7200
Fax: 763-324-3620

Becker County

712 Minnesota Avenue
Detroit Lakes, MN 56501
218-847-5628
Fax: 218-847-6738

Beltrami County

616 America Ave NW
Bemidji, MN 56601
218-333-8300
Fax: 218-333-4150

Benton County

531 Dewey Street
Foley, MN 56329-0740
320-968-5087 / 800-530-6254
Fax: 320-968-5330

Big Stone County

340 2nd Street NW, PO Box 338
Ortonville, MN 56278-0338
320-839-2555
Fax: 320-839-3966

Blue Earth County

410 S 5th Street
Mankato, MN 56002-3526
507-304-4335
Fax: 507-278-0014

Brown County

1117 Center Street, PO Box 788
New Ulm, MN 56073-0788
507-359-6500 / 800-450-8246
Fax: 507-359-4146

Carlton County

14 N. 11th Street, Suite 100
Cloquet, MN 55720-0660
218-879-4583 / 800-642-9082
Fax: 218-878-2500

Carver County

602 East Fourth Street
Chaska, MN 55318-2102
952-361-1600
Fax: 952-361-1660

Cass County

PO Box 519
400 Michigan Avenue W
Walker, MN 56484-0519
218-547-1340
Fax: 218-547-1448

Chippewa County

719 N Seventh Street, Suite 200
Montevideo, MN 56265-1397
320-269-6401 / 877-450-6401
Fax: 320-269-6405

Chisago County

313 North Main Street, Rm 230
Center City, MN 55012-9665
651-213-5600
Fax: 651-213-5685

Clay County

715 North 11th Street, Suite 102
Moorhead, MN 56560-2095
218-299-5200 / 800-757-3880
Fax: 218-299-7106

Clearwater County

Park Avenue NW
Bagley, MN 56621-9500
218-694-6164 / 800-245-6064
Fax: 218-344-8136

Cook County

411 West Second Street
Grand Marais, MN 55604-2307
218-387-3620
Fax: 218-387-3020

Cottonwood County

DVHHS
11 Fourth Street, PO Box 9
Windom, MN 56101-0009
507-831-1891
Fax: 507-831-0126

Crow Wing County

204 Laurel Street, PO Box 686
Brainerd, MN 56401-0686
218-824-1250 / 888-772-8212
Fax: 218-824-1141

Dakota County

1 Mendota Road West, #100
West St. Paul, MN 55118-4765
651-554-5611
Fax: 651-554-5748

Dept of Human Services

Health Care Consumer Support
540 Cedar Street, PO Box 64252
St. Paul, MN 55164-0252
651-297-3862 / 800-657-3672
Fax: 651-431-7500

Dodge County

MnPrairie
22 Sixth Street East, Dept. 401
Mantorville, MN 55955
507-923-2900 / 888-850-9419
Fax: 507-635-6186

Douglas County

809 Elm Street, Suite 1186
Alexandria, MN 56308
320-762-2302
Fax: 320-762-3833

Faribault County

FMCHS
412 Nicollet Street North
Blue Earth, MN 56013
507-526-3265
Fax: 507-526-2039

Fillmore County

902 Houston Street NW, #1
Preston, MN 55965-1080
507-765-2175
Fax: 507-765-3895

Freeborn County

203 W Clark Street
Albert Lea, MN 56007-1246
507-377-5400
Fax: 507-377-5498

Goodhue County

426 West Avenue
Red Wing, MN 55066
651-385-3200
Fax: 651-267-4879

Grant County

Western Prairie Human Services
15 Central Avenue N, PO Box 1006
Elbow Lake, MN 56531-1006
218-685-8200 / 800-291-2827
Fax: 218-685-4978

Hennepin County

PO Box 107
Minneapolis, MN 55440-0107
612-596-1300 EZ Info line for
Cash, Food or Medical Assistance
612-596-1900 for Emergency
Assistance
612-596-8500 for business
partners to contact Economic
Supports
Fax: 612-288-2981

Houston County

304 S. Marshall Street, Rm 104
Caledonia, MN 55921-0310
507-725-5811
Fax: 507-725-3990

Hubbard County

205 Court Avenue
Park Rapids, MN 56470
218-732-1451 / 877-450-1451
Fax: 218-732-3231

Isanti County

1700 E Rum River Dr S, Suite A
Cambridge, MN 55008-2547
763-689-1711
Fax: 763-689-9877

Itasca County

1209 SE Second Avenue
Grand Rapids, MN 55744-3983
218-327-2941 / 800-422-0312
Fax: 218-327-5548

Jackson County

DVHHS
405 4th St. Building 4, PO Box 67
Jackson, MN 56143-0067
507-847-4000
Fax: 507-847-5616

Kanabec County

905 Forest Avenue East, #150
Mora, MN 55051-1316
320-679-6350
Fax: 320-679-6351

Kandiyohi County

2200 23rd Street NE, Suite 1020
Willmar, MN 56201-9423
320-231-7800 / 877-464-7800
Fax: 320-231-6285

Kittson County

410 South Fifth Street, Suite 100
Hallock, MN 56728
218-843-2689 / 800-672-8026
Fax: 218-843-2607

Koochiching County

1000 Fifth Street
Int'l Falls, MN 56649-2485
218-283-7000 / 800-950-4630
Fax: 218-283-7013

Lac qui Parle County

911 8th Avenue, Suite 4
Madison, MN 56256-1156
320-598-7594
Fax: 320-598-7597

Lake County

616 Third Avenue
Two Harbors, MN 55616-1560
218-834-8400 / 800-450-8832
Fax: 218-834-8412

Lake of the Woods County

206 8th Avenue SE, Suite 200
Baudette, MN 56623
218-634-2642
Fax: 218-634-4520

Le Sueur County

88 South Park Avenue
Le Center, MN 56057-1646
507-357-8288
Fax: 507-357-6122

Lincoln County

SWHHS
319 North Rebecca St., PO Box 44
Ivanhoe, MN 56142
507-694-1452 / 800-657-3781
Fax: 507-694-1859

Lyon County

SWHHS
607 West Main Street, Suite 100
Marshall, MN 56258
507-537-6747 / 800-657-3760
Fax: 507-537-6088

McLeod County

520 Chandler Avenue North
Glencoe, MN 55336
320-864-3144 / 800-247-1756
Fax: 320-864-5265

Mahnomen County

103 N Main St.
Mahnomen, MN 56557-0460
218-935-2568
Fax: 218-935-5459

Marshall County

208 East Colvin Avenue, Suite 14
Warren, MN 56762-1695
218-745-5124 / 800-642-5444
Fax: 218-745-5260

Martin County

FMCHS
115 West First Street
Fairmont, MN 56031
507-238-4757
Fax: 507-238-1574

Meeker County

114 North Holcombe Ave, #180
Litchfield, MN 55355-2273
320-693-5300 / 877-915-5300
Fax: 320-693-5344

Mille Lacs County

525 Second Street SE
Milaca, MN 56353
320-983-8208 / 888-270-8208
Fax: 320-983-8306

Morrison County

213 SE First Avenue
Little Falls, MN 56345-3196
320-632-7800 / 800-269-1464
Fax: 320-632-0225

Mower County

201 1st Street NE, Suite 18
Austin, MN 55912-3405
507-437-9700
Fax: 507-437-9721

Murray County

SWHHS
3001 Maple Road, Suite 100
Slayton, MN 56172
507-836-6144 / 800-657-3811
Fax: 507-836-8841

Nicollet County

622 South Front Street
St. Peter, MN 56082-2106
507-934-8559
Fax: 507-934-8552

Nobles County

318 9th Street, PO Box 189
Worthington, MN 56187-0189
507-295-5213
Fax: 507-372-5094

Norman County

15 Second Avenue East, Room 108
Ada, MN 56510-1389
218-784-5400
Fax: 218-784-7142

Olmsted County

2117 Campus Drive SE, Suite 100
Rochester, MN 55904
507-328-6500
Fax: 507-328-7956

Otter Tail County

535 Fir Avenue W
Fergus Falls, MN 56537
218-998-8150
Fax: 218-998-8270

Pennington County

101 Main Avenue N
Thief River Falls, MN 56701-0340
218-681-2880
Fax: 218-683-7013

Pine County

635 Northridge Dr NW, Suite 220
Pine City, MN 55063
320-591-1570
Fax: 320-591-1601

Or

1602 Highway 23 N
Sandstone, MN 55072-5009
320-216-4100
Fax: 320-216-4101

Pipestone County

SWHHS
1091 North Hiawatha Avenue
Pipestone, MN 56164
507-825-6720 / 888-632-4325
Fax: 507-825-6727

Polk County

612 N Broadway, Room 302
Crookston, MN 56716
218-281-3127 / 877-281-3127
Fax: 218-281-3926

Or

1424 Central Avenue NE
East Grand Forks, MN 56721
218-773-2431 / 877-281-3127
Fax: 218-773-3602

Or

250 SW Cleveland Avenue
PO Box 100
McIntosh, MN 56556
218-435-1585 / 877-281-3127
Fax: 218-435-1552

Pope County

Western Prairie Human Services
211 East MN Avenue
Glenwood, MN 56334-1629
320-634-7755 / 800-291-2827
Fax: 320-634-0164

Ramsey County

121 7th Place E, Suite 4200
St. Paul, MN 55101-2101
651-266-4444
Fax: 651-266-3942

Red Lake County

125 Edward Avenue SW
Red Lake Falls, MN 56750-0356
218-253-4131 / 877-294-0846
Fax: 218-253-2926

**Red Lake Nation
Oshkiimaajitahdah**

15525 Mendota Ave, PO Box 416
Redby, MN 56670
218-679-3350 / 888-404-0686
Fax: 218-679-4317

Redwood County

SWHHS
266 E Bridge Street
Redwood Falls, MN 56283
507-637-4050 / 888-234-1292
Fax: 507-637-4055

Renville County

105 S 5th Street, Suite 203H
Olivia, MN 56277
320-523-2202
Fax: 320-523-3565

Rice County

320 NW Third Street, #2
Faribault, MN 55021-0718
507-332-6115
Fax: 507-332-6247

Rock County

SWHHS
2 Roundwind Road, PO Box 715
Luverne, MN 56156-0715
507-283-5070
Fax: 507-283-5074

Roseau County

208 6th Street SW
Roseau, MN 56751-1451
218-463-2411 / 866-255-2932
Fax: 218-463-3872

St. Louis County

320 West 2nd Street
Duluth, MN 55802-1495
218-726-2101 / 800-450-9777
Fax: 218-733-2976

Or

201 S 3rd Avenue W, PO Box 1148
Virginia, MN 55792-1148
218-471-7137
Fax: 218-471-7123

Or

320 Miners Drive E
Ely, MN 55731-1402
218-365-8220
Fax: 218-365-8217

Or

1814 14th Avenue East
Hibbing, MN 55746-1314
218-312-8300
Fax: 218-312-8349

Scott County

Scott County Health and Human
Services
200 4th Avenue West
Shakopee, MN 55379
952-445-7751
Fax: 952-496-8685

Sherburne County

13880 Business Center Drive
Elk River, MN 55330-4600
763-765-4000 / 800-433-5239
Fax: 763-765-4096

Sibley County

111 8th Street, PO Box 237
Gaylord, MN 55334-0237
507-237-4000
Fax: 507-237-4031

Stearns County

PO Box 1107
705 Courthouse Square
St. Cloud, MN 56302-1107
320-650-5839 / 800-450-3663
Fax: 320-656-6447

Steele County

MnPrairie
PO Box 890
630 Florence Ave
Owatonna, MN 55060
507-431-5600
Fax: 507-451-5947

Stevens County

400 Colorado Avenue, Suite 104
Morris, MN 56267-1235
320-208-6600 / 800-950-4429
Fax: 320-589-3972

Swift County

410 21st Street South, PO Box 208
Benson, MN 56215-0208
320-843-3160
Fax: 320-843-4582

Todd County

212 Second Avenue South
Long Prairie, MN 56347-1640
320-732-4500 / 888-838-4066
Fax: 320-732-4540

Traverse County

202 8th Street North, PO Box 46
Wheaton, MN 56296
320-422-7777 / 855-735-8916
Fax: 320-563-4230

Wabasha County

411 Hiawatha Drive E Wabasha,
MN 55981-1573
651-565-3351 / 888-315-8815
Fax: 651-565-3084

Wadena County

124 First Street SE Wadena,
MN 56482-1553
218-631-7605 / 888-662-2737
Fax: 218-631-7616

Waseca County

MnPrairie
1000 West Elm Ave
Waseca, MN 56093-2498
507-837-6600
Fax: 507-835-0566

Washington County

14949
62nd Street North PO Box 30
Stillwater, MN 55082-0030
651-430-6455
Fax: 651-430-6605

Watsonwan County

715 Second Avenue S, PO Box 31 St.
James, MN 56081-0031
507-375-3294 / 888-299-5941
Fax: 507-375-7359

White Earth Financial Services

PO Box 100
Naytahwaush, MN 56566
218-935-2359 / 844-282-6580
Fax: 833-859-0386

Wilkin County

227 6th Street North
PO Box 369
Breckenridge, MN 56520-0369
218-643-7161
Fax: 218-643-7175

Winona County

202 West Third Street Winona,
MN 55987-3146
507-457-6500 / 844-317-8960
Fax: 507-454-9381

Wright County

3650 Braddock Ave NE, Suite 2100
Buffalo, MN 55313-3675
763-682-7400 / 800-362-3667
Fax: 763-682-8920

Yellow Medicine County

415 9th Avenue, Suite 202
Granite Falls, MN 56241
320-564-2211
Fax: 320-564-4165