

# 150th Anniversary

## Minnesota Security Hospital

Starting in the mid-1950s, advances in drug therapy, a deeper understanding of mental illness, and sweeping social reforms laid the groundwork for the treatment and patient-centered care that are now the hallmarks of daily life at the hospital.

In earlier times, however, there was little expectation of effective treatment or recovery. During this custodial period, life for patients was a mixture of work, play, routine and boredom.



Women snapping green beans, circa 1930



Patients who worked on the milking crew wore white uniforms like the man at right.



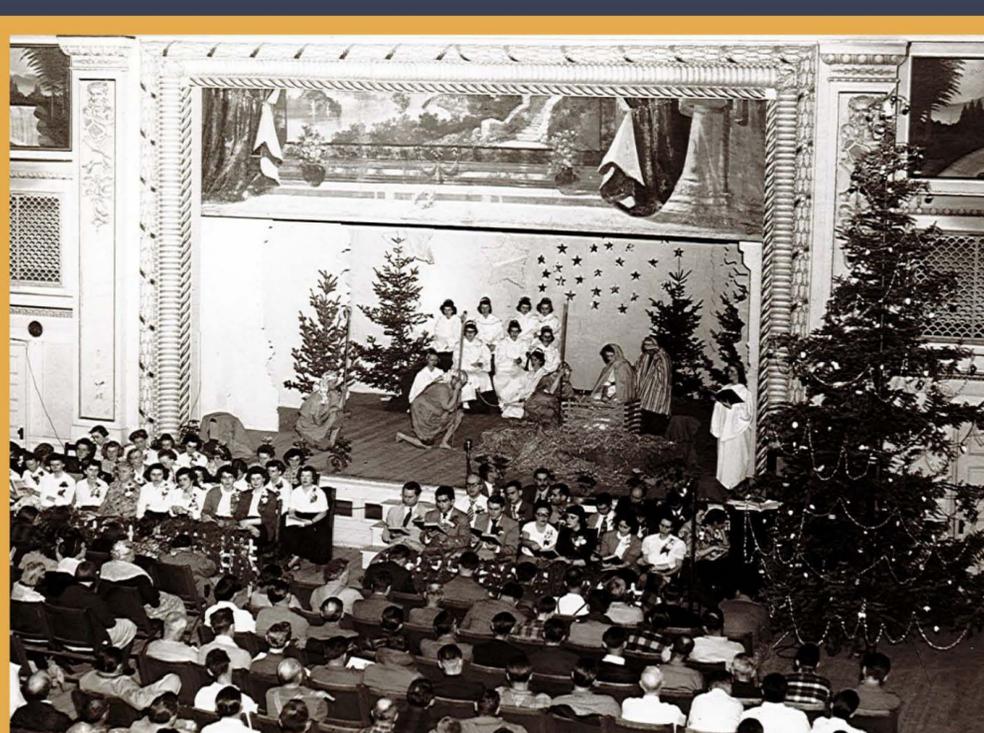
If you can't stand the heat ... Patients worked preparing meals in the diet kitchen, left, and the stoking the boiler with coal.



Patient dormitory, circa 1920



Patient area, circa 1950



A Christmas program in the hospital auditorium, circa 1950. Male patients are seated on the right, female patients on the left.



Picnics, outings to lakes, holiday celebrations, dances, games, even study and book clubs were also part of life for patients at the hospital.