



# Mental Health and Substance Abuse Treatment Services

# What We Do



Acute inpatient psychiatric care

# MHSATS Vital Statistics

## MHSATS Impact

- More than 1,200 patients and clients served annually
- Services are delivered by about 1,400 full and part-time staff



Budget State Fiscal Year 2025

**\$186 million**

# Our Programs and Services

## Includes

- Anoka-Metro Regional Treatment Center
- Community Behavioral Health Hospitals
- Child and Adolescent Behavioral Health Hospital
- Community Addiction Recovery Enterprise
- Minnesota Specialty Health Systems



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# Anoka-Metro Regional Treatment Center

- Minnesota's largest psychiatric hospital.
- Operates on a secure campus in Anoka.
- Considered Minnesota's psychiatric "ICU," treating the most complex and serious mental illnesses.
- All patients have been court ordered. Many are facing criminal charges.

- Employees: 526
- Budget: \$67.7 million
- Budgeted beds: 96
- Annual admissions: 300
- Average daily census: 90
- Bed occupancy: 93.11%
- Average length of stay: 115 days

# Community Behavioral Health Hospitals

- Provide inpatient psychiatric care.
- Six regional locations, each with 16 beds.
- Alexandria, Annandale, Baxter, Bemidji, Fergus Falls and Rochester.
- CBHHs are locked facilities.
- All patients are court ordered for treatment.

- Employees: 418
- Budget: \$58.5 million
- Budgeted beds: 96
- Annual admissions: 524
- Average daily census: 90
- Bed occupancy: 93.15%
- Average length of stay: 62 days

# Child and Adolescent Behavioral Health Hospital

- Inpatient psychiatric hospital for children ages 4 to 18.
- Located in Willmar.
- Serves children and teens with complex illnesses and behavior disorders who need a hospital level of care.
- Treatment focuses on managing illness and changing behaviors that get in the way of meaningful growth and development.

- Employees: 81
- Budget: \$11.1 million
- Budgeted beds: 16
- Annual admissions: 50
- Average daily census: 10
- Bed occupancy: 62.5%
- Average length of stay: 87 days

# Community Addiction Recovery Enterprise

- Inpatient residential chemical dependency and substance use disorder treatment for adults.
- Three locked, 16-bed facilities located in Anoka, Fergus Falls and Carlton.
- Many clients have co-occurring mental illnesses.
- Clients have been civilly committed as chemically dependent.

- Employees: 141
- Budget: \$16.8 million
- Budgeted beds: 48
- Annual admissions: 269
- Average daily census: 51
- Bed occupancy: 72.23%
- Average length of stay: 78 days

# Minnesota Specialty Health System

- Provides mental health treatment services in residential settings.
- Three 16-bed facilities in Brainerd, Wadena and Willmar.
- Clients no longer require hospitalization but need a period of structured care before going home.
- Clients typically have serious mental illnesses and co-occurring conditions.

- Employees: 98
- Budget: \$13.1 million
- Budgeted beds: 48
- Annual admissions: 159
- Average daily census: 46
- Bed occupancy: 97.98%
- Average length of stay: 105 days

# Challenges and Opportunities

## Challenges

- Staff recruitment
- Admission waitlists
- Difficulty discharging patients due to a lack of placement options in the community
- Staff safety

## Opportunities

- All MHSATS leaders pursuing FACHE credentials
- Potential expansion of hospital and residential capacity (beds)
- National benchmark for other state hospitals and residential programs.

# Questions

