

Mental Health Resource List

for Deaf and Hard of Hearing Children and Adults

November 2016

The Minnesota Department of Human Services (DHS) is providing this information as a public service. The document is designed to enhance public access to information about mental health professionals and agencies and is for information purposes only. DHS neither endorses, certifies nor guarantees the accuracy of any information provided by the professionals or agencies listed herein.

Specializing in Children Only

Laurel Wills, M.D.-Sleep Medicine Specialist

Gillette Children's Specialty Healthcare

9550 Upland Lane N, Suite 220, Maple Grove, MN 55369

6060 Clearwater Dr., Minnetonka, MN 55343

Phone: (651) 290-8707 or (800) 719-4040

Type of Setting and Population Served: Gillette's Children Specialty Healthcare is a place where patients and families come first. GCSH specializes in children and teens who have disabilities and complex medical conditions, ages 0-18

Areas of Specialty: adjustment issues, anxiety, childhood disorders, recent or increased hearing loss, autism, ADHD, developmental disabilities, deaf-blindness, sleep disorders, adjustment to chronic illness (does not do primary care pediatrics at this time), cultural diversity, childhood & adolescence, parenting concerns, working with special education in schools, school nurses, IEP teams

Assessment: parent/child consultation (assessment/treatment), school consultation, medication management, medical diagnostic assessment and treatment of neuro-developmental conditions (in the context of DHH), and medical and/or social-emotional adjustment concerns arising for otherwise healthy "neurotypical" children who are D/HH/DB, family or environmental factors conferring risk or resilience for DHH children and adolescents, liaison/consultation with schools to assist with IEP development

Karen E. Wills, Ph.D., LP, ABPP-CN-Pediatric Neuropsychologist

Children's Hospitals & Clinics of MN

2525 Chicago Avenue South, Minneapolis, MN 55404

Phone: (612) 813-6244, VP: (612) 813-6344

E-mail: karen.wills@childrensmn.org

Website: [Childrens Hospitals](http://ChildrensHospitals.com) (www.childrensmn.org)

Type of Setting and Population Served: Children's Hospitals and Clinics of Minnesota champions the special health needs of children and their families. We are committed to improving children's health by providing high-quality, family-centered pediatric services. We advance these efforts through research and education.

Areas of Specialty: recent or increased hearing loss, neurological/brain disorders

Assessment: neuropsychological evaluation

Specializing in Children, Adolescents, and Families

Alexis Greeves, MA, LPCC, RPT-S, Mental Health Therapist

Sara Ranssi, MA, MSQ, LICSW, Mental Health Therapist

Hope and Healing Family Counseling

2499 Rice St., Suite 70

Roseville, MN 55113

Phone: (651) 484-4184 – Alexis

E-mail : alexis@hopeandhealingmn.org

Phone : (651) 246-4070 – Sara

E-mail: sara@hopeandhealingmn.org

Website: [Hope and Healing \(www.hopeandhealingmn.org\)](http://www.hopeandhealingmn.org)

Type of Setting and Population Served: day treatment serving children, adolescents and families

Areas of Specialty: parent-child relational therapies, trauma-focused cognitive behavioral therapy

Treatment Modalities: play therapy, sandtray therapy, parent-child relational therapies, trauma-focused cognitive behavioral therapy, family therapy

Jamie L. Monson, MSW, LICSW-Mental Health Professional

Vona Center for Mental Health

9220 Bass Lake Road, Suite 255

New Hope, MN 55428

Phone: (763) 225-4052

E-mail: jmonson@voamn.org

Website: [Volunteers of America \(www.voamn.org\)](http://www.voamn.org)

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, childhood & adolescence, anger management, parenting concerns

Treatment Modalities: individual psychotherapy, family psychotherapy, play therapy, dialectical behavioral therapy (DBT)

Assessment: ADHD evaluations

Melinda L. Brown, MSW, LICSW-Mental Health Practitioner

Vona Center for Mental Health

1030 4th Street Southeast, Suite 106, St. Cloud, MN 56304

VP: (320) 774-0401

E-mail: melinda.brown@voamn.org

Website: [Volunteers of America \(www.voamn.org\)](http://www.voamn.org)

Type of Setting and Population Served: agency serving children ages 0 to 18 and their families

Areas of Specialty: adjustment issues, childhood disorders, childhood & adolescence, anger management, parenting concerns

Treatment Modalities: individual psychotherapy, family psychotherapy

Specializing in Children, Families, and Adults

Jackie S. Niemand, M.A., LP-Licensed Psychologist

Private Practice

6750 Stillwater Boulevard N, Stillwater, MN 55082

Phone/TTY: (651) 275-9680

FAX: (651) 430-9296

E-mail: jackie@jackieniemand.com

Website: [Jackie Niemand \(www.jackieniemand.com\)](http://www.jackieniemand.com)

Type of Setting and Population Served: private practice serving children and adults

Areas of Specialty: diagnostic assessment for children, adolescents and adults, emotional behavioral disorder in children/teen issues, child and adolescent development, parenting strategies/family dynamics, ADHD in children and adults, anxiety and depression, relationship issues and mind/body health

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy

Howard Dickman, Ph.D., LP -Licensed Psychologist

Private Practice

Golden Valley: 1405 Lilac Drive, Suite 160F, Golden Valley, MN 55422

St. Paul: Hamline Park Professional Bldg., 570 No. Ashbury Suite #306, St. Paul, MN 55104

Phone: (612) 849-5822 (voice)

E-mail: howarddickmanphd@gmail.com

Type of Setting and Population Served: private practice serving adults and children

Areas of Specialty: adjustment issues, anxiety, childhood disorders, depression, personality disorders, recent or increased hearing loss, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, gay/lesbian/bisexual/transgender, aging/gerontological, childhood & adolescence, anger management, parenting concerns, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy

Assessment: psychological assessment

Kristen Swan, M.A., LP-Mental Health Therapist II

Regions Hospital – Health and Wellness Program

640 Jackson Street, MS: 11302C, St. Paul, MN 55101

Phone: (651) 254-2742 or front desk: (651) 254-4786, TTY: same or (651) 254-1888

E-mail: kristen.l.swan@healthpartners.com

Website: [Regions Hospital \(www.regionshospital.com\)](http://www.regionshospital.com)

Type of Setting and Population Served: clinic serving children and adults

Areas of specialty: adjustment issues, anxiety, childhood disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, gay/lesbian/bisexual/transgender, childhood & adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence, family issues

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy, dialectical behavioral therapy (DBT)

Assessment: ADHD evaluations

Ruth Spiegel, MA, LMFT, LADC-*Psychotherapist*

Spiegel Psychotherapy Services

790 Cleveland Avenue South, Suite 202, St. Paul, MN 55116-3858

Phone: (612) 805-7420

E-Mail: rspiegelrms09@gmail.com or rspiegel@highlandpca.com

Website: [Highland PCA \(www.highlandpca.com\)](http://www.highlandpca.com)

Type of Setting and Population Served: private practice serving children and adults

Areas of Specialty: ADHD, Adjustment Issues, Anxiety, Eating Disorders, Depression, Personality Disorders, Recent or Increased Hearing Loss, PTSD, Substance Abuse, Borderline Personality Disorder

Specific Therapeutic Issues: Gay, Lesbian, Bisexual, or Transgender, Gender (Men's/Women's Issues), Aging/Gerontological, Childhood & Adolescence, Anger Management, Parenting Concerns, Relationship/Marriage, Domestic Violence

Intervention: Individual Psychotherapy, Couples Psychotherapy, Family Psychotherapy, Dialectal Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR)

Assessment: Chemical Health Assessments

Christina Broll-Smith, MFT - *Mental Health Therapist*

Stepping Stone Therapeutic

20288 Highway 15 N, Suite 100, Hutchison, MN 55350

Phone: (320) 587-2326

E-mail: christyb@steppingstonetherapeutic.com

Website: [Stepping Stone Therapeutic \(http://steppingstonetherapeutic.com\)](http://steppingstonetherapeutic.com)

Type of Setting and Population Served: clinic serving adults and children

Areas of Specialty: adjustments issues, anxiety, childhood disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, cultural diversity, childhood and adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy

Assessment: psychoeducational evaluation

Laurie Lee Johnson, Ph.D., L.P. – Licensed Psychologist

Private Practice

33 East Wentworth Ave, Suite 292A, West St. Paul, MN 55118

TTY: (651) 457-1301

Text: (651) 210-1592

Leave message only: (651) 964-2064

E-mail: LaurieLeeJohnson@msn.com

Type of Setting and Population Served: private practice serving adolescents, age 12 and up, and adults

Areas of Specialty: adjustment issues, anxiety, eating disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, organic/developmental, cultural diversity, gay/lesbian/bisexual/transgender, gender (men's/women's issues), aging/gerontological, forensic, HIV/AIDS, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence, deafblind, impulse control, developmental, psychoeducational

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy

Assessment: psychological assessment, vocational assessment, forensic evaluation, psychoeducational evaluation, cognitive functioning, adaptive behavior

Paula J. Detjen, MA, LMFT, LPC, MnGTP-Licensed Marriage and Family Therapist

Private Practice ~ Paula J. Detjen, PLLC

14041 Burnhaven Dr., Suite 145, Burnsville, MN 55337

105 E Fourth Street, Suite 301, Northfield, MN 55057

Phone: (507) 581-0430

FAX: (507) 663-8849

E-mail: Paula.J.Detjen@charter.net

Website: [Detjen Counseling \(www.DetjenCounseling.com\)](http://www.DetjenCounseling.com)

Type of Setting and Population Served: private practice serving children and adults

Areas of Specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, obsessive-compulsive disorder, pathological gambling, cultural diversity, childhood & adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, affected others living with problem gambling

Treatment Modalities: individual psychotherapy, couples psychotherapy, family, psychotherapy, play therapy, gambling intervention

Assessment: rule 82 gambling assessment and non-court ordered gambling assessment as a MN state approved provider on problem gambling, general mental health assessments

Kathy Porter, M.S., LP-Psychologist

Bluestem Center for Child and Family Development

124 Elton Hills Lane NW, Rochester, MN 55901

Phone: (507) 282-1007 or 1-888-283-1009

FAX : (507) 282-0932

E-mail: kporter@bluestemcenter.com

Website: [Bluestem Center \(www.bluestemcenter.com\)](http://www.bluestemcenter.com)

Type of Setting and Population Served: clinic serving children and adults

Areas of specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, substance abuse, attachment disorders, gay/lesbian/bisexual/transgender, childhood & adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy

Assessment: parent-child assessment

Jason Cook, MA, LPCC – Mental Health Professional

Beacon Therapy Associates, PC

11141 Zealand Ave N, Champlin, MN 55316

Phone: (763) 203-3164

E-mail: jasonc@BeaconTherapyAssociates.com

Website: [Beacon Therapy Associates \(http://beacontherapyassociates.com/\)](http://beacontherapyassociates.com/)

Type of Setting and Population Served: private practice serving ages 15+

Areas of Specialty: adjustment issues, anxiety, eating disorders, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, gay, lesbian, bisexual, or transgender issues, men's issues, anger management, parenting concerns, occupational problems, relationship/marriage issues, domestic violence

Treatment Modalities: individual psychotherapy

Specializing in Assessments Only

Nanette McDevitt, Psy.D., LP-Clinical Psychologist

Psychological Advantages, LLC

Rosemount, MN

Phone: (612) 749-8375

Email: Nanette@gmlaunchpad.com

Website: [GM LaunchPAD \(www.gmlaunchpad.com\)](http://www.gmlaunchpad.com)

Type of setting and Population Served: private practice serving children, ages 0-21

Assessment: psychological assessment, vocational assessment, forensic evaluation (e.g., mental competency evaluation), psychoeducational evaluation, neuropsychometric testing, neuropsychological screening

Specializing in Adults Only

Ashlee B. Schmidt, M.A., NCC, LPCC-Mental Health Specialist
Deaf and Hard of Hearing Services (DHHSD)-St. Paul & 7 Metro Counties
85 East 7th Place, Suite 105, St. Paul, MN 55101
Phone: (651) 431-5980, TTY: (888) 292-9540, VP: (651) 964-1514
E-mail: ashlee.schmidt@state.mn.us
Website: [DHS Mental Health at mn.gov/dhs/deaf-hard-of-hearing](https://mn.gov/dhs/deaf-hard-of-hearing)

Type of Setting and Population Served: state agency serving adults

Areas of Specialty: adjustment issues, anxiety, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, anger management, parenting concerns, grief & loss

Treatment Modalities: individual psychotherapy, family psychotherapy, dialectical behavioral therapy (DBT) psychotherapy

Amy Hayes, MA, NCC – Mental Health Specialist
Deaf and Hard of Hearing Services Division-Northeast MN
Duluth: 11 E Superior Street Suite 220, Duluth, MN 55802
Virginia: 820 North Ninth Street, Virginia, MN 55792-2343
Phone: (218) 723-4617, Cell: (218) 343-8628, TTY: (866)292-9730, VP: (218) 206-8466
E-mail: amy.hayes@state.mn.us
Website: [DHS Mental Health at mn.gov/dhs/deaf-hard-of-hearing](https://mn.gov/dhs/deaf-hard-of-hearing)

Type of Setting and Population Served: state agency serving adults

Areas of Specialty: adjustment issues, anxiety, depression, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, cultural diversity, gay, lesbian bisexual or transgender

Treatment Modalities: individual psychotherapy, family psychotherapy

Parker “PG” Greene-Kelly, MA, NCC, LPCC – Mental Health Specialist
Deaf and Hard of Hearing Services Division-Southern MN
12 Civic Center Plaza, Suite 1670, Mankato, MN 56001
Phone: (507) 389-1626, TTY: (866) 266-2461, VP: (507) 573-5060
E-mail: parker.greene-kelly@state.mn.us
Website: [DHS Mental Health at mn.gov/dhs/deaf-hard-of-hearing](https://mn.gov/dhs/deaf-hard-of-hearing)

Type of Setting and Population Served: state agency serving adults

Areas of Specialty: adjustment issues, anxiety, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, cultural diversity, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, family psychotherapy

Christina M. Costello, MA, NCC, LPC – Mental Health Specialist
Deaf and Hard of Hearing Services Division – East/West Central
3400 1st Street North, Suite 302, St. Cloud, MN 56303
Phone: (320) 223-7133, TTY: (866) 274-5753, VP: (320) 227-2494
E-mail: christina.costello@state.mn.us
Website: [DHS Mental Health at mn.gov/dhs/deaf-hard-of-hearing](http://mn.gov/dhs/deaf-hard-of-hearing)

Type of Setting and Population Served: state agency serving adults

Areas of Specialty: adjustment issues, anxiety, eating disorders, depression, personality disorders, post-traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, gay, lesbian, bisexual, or transgender, gender (men's/women's issues), anger management, parenting concerns, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, dialectical behavioral therapy (DBT)

Tobias Wilde, LGSW – Mental Health Specialist
Deaf and Hard of Hearing Services Division – Northwest
715 11th Street N, Suite 200, Moorhead, MN 56560
Phone: (218) 304-3471, TTY: (218) 304-3470
E-mail: tobias.wilde@state.mn.us
Website: [DHS Mental Health at mn.gov/dhs/deaf-hard-of-hearing](http://mn.gov/dhs/deaf-hard-of-hearing)

Type of Setting and Population Served: state agency serving adults

Areas of Specialty: adjustment issues, anxiety, depression, personality disorders, recent or increased hearing loss, post-traumatic stress disorder, substance abuse, other addictions, cultural diversity, gender issues, anger management, parenting concerns, relationship/marriage

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy

DHHS Contract Services and Special Programs

People Incorporated – Deaf Mental Health Services Drop In Center
Katie O'Brien, Area Director
726 2nd Street NE
Minneapolis, MN 55413
Phone/TTY: (612) 379-1079
E-mail: katie.o'brien@peopleincorporated.org
Website: [People Incorporated \(www.peopleincorporated.org\)](http://www.peopleincorporated.org)

Providing community-based support services for adults who are deaf, deafblind or hard of hearing and have a mental illness. The Deaf Mental Health Services Program (DMHS) includes a drop-in center and the community living outreach program.

Minnesota Chemical Dependency Program for Deaf and Hard of Hearing Individuals – Fairview University Medical Center
2450 Riverside Avenue
Minneapolis, MN 55454
Phone/TTY: (612) 273-4402, TTY: (612) 273-4114
Toll Free Voice: (800) 282-3323
Website: [MN Chemical Dependency Program \(www.mncddeaf.org\)](http://www.mncddeaf.org)

An adult inpatient chemical dependency program located in Minneapolis, Minnesota. This program has been providing services nationally since 1989.

Vona Center for Mental Health

Jamie Monson, MSW, LICSW, Clinical Supervisor

9220 Bass Lake Road, Suite 255

New Hope, MN 55428

Phone: (763) 225-4085 desk; (763) 225-4082 front desk

E-mail: jmonson@voamn.org

Website: [Volunteers of America \(www.voamn.org\)](http://www.voamn.org)

Providing specialized mental health services to youth with hearing loss from ages 0-21 and their families: Services can be provided in the school, home, clinic, or via telehealth.

DHH IMPACT – Vona Center for Mental Health

Lynn Bloom, LICSW

9220 Bass Lake Road, Suite 255

New Hope, MN 55428

Phone: (763) 225-4064 / (866) 400-8229, Fax: (763) 225-4081

E-mail: Lbloom@voamn.org

Minnesota State Academy for the Deaf – Admissions Office

PO Box 308, Faribault, MN 55021

Phone: (507) 384-6618 / (800) 657-3996, VP: (507) 412-5020, Fax: (507) 332-5450

E-mail: Denise.Reid@MSAD.state.mn.us

An intensive day program, serving children with behavioral, emotional and learning problems severe enough to interfere with daily functioning in their home, school, and community environments. This program specifically addresses the needs of deaf, hard of hearing and deafblind children in a culturally and linguistically accessible setting.

Deaf Can, Inc.

Kathryn Rose, BA, LADC, CPRP, President

E-mail: deafcan.rs@gmail.com

Website: [Deaf Can, Inc. \(www.deafcan.net\)](http://www.deafcan.net)

Deaf Living Sober Project

Contact: Mike Adams, Program Manager

1828 Central Ave N.E.

Minneapolis, MN 55418-4541

VP: (612) 999-2430 – Mike

VP: (612) 999-2429 – Program Case Manager

E-mail: mike.deafcan@gmail.com

A non-profit organization serving the Deaf, Hard of Hearing and DeafBlind communities in the Twin Cities metro area and soon outstate. The mission is to assist, mentor and support Deaf, Hard of Hearing and DeafBlind individuals who experience chemical dependency, mental illness and homelessness by offering community-based rehabilitation services. Deaf Living Sober (DLS) is a sober apartments program for Deaf, Hard of Hearing and DeafBlind individuals, ages 18 and older, located in the Twin Cities metro area. DLS provides sobriety support services for people in recover who may also experience mental illness. DLS also offers post-treatment support, education community system connections and care for recovering chemically dependent individuals, increased accessibility to AA/NA/CA meetings, transportation training and support, a strong support system and sober socialization resources and support in establishing community resources and relationships. Their Deaf Outreach Services offers in home licensed ILS/CADI, Companion and Homemaker services for deaf, hard of hearing and deafblind individuals, ages 18 and older, who experience chemical dependency, mental illness, TBI and other challenges requiring individuals to have assistance in their daily lives. Our license number is 1074197-1-HCBS.

Certified Peer Support Specialist Program**Consumer Directions, Inc. (Fiscal Support Entity Agency)****Contact: John Gournaris, DHHS Mental Health Program Director**

85 East 7th Place, Suite 105, St. Paul, MN 55101

Phone: (651) 431-5963, VP: (651) 964-1512

E-mail: John.Gournaris@state.mn.us

Providing a statewide peer support services to deaf, deafblind and hard of hearing adults. Certified Peer Support Specialists (CPSS) are individuals who have had success with their own mental health recovery process. Additionally, they have: (1) completed a training program, including passing an exam demonstrating that they have the skills to work with peers who have mental health challenges, (2) receive clinical supervision from a licensed mental health professional while working as a CPSS, (3) have "been there" as clients in treatment and have valuable experiences that can help others who have similar struggles, and (4) are available to peers who are experiencing mental health challenges, and will provide support in many different ways.

Minnesota Deaf Domestic Violence Program**Communication Service for the Deaf****Contact: Stephanie Ritenour, Domestic Violence/Sexual Assault Advocate**

2800 Rice Street, Suite 154, St. Paul, MN 55113

Phone: (651) 337-4005 VP: (651) 829-9089, Fax (651) 256-1053

E-mail: sritenour@csd.org

Facebook Page: <https://www.facebook.com/pages/Minnesota-Deaf-Domestic-Violence-Program/66765200722>

CSD of Minnesota's Deaf Domestic Violence Program is a resource for Deaf, Hard of Hearing, and DeafBlind victims and survivors of domestic violence, sexual assault, and adult bullying. They empower clients with information, knowledge, and resources so they can make the best decisions for their situation. Services and information available through this program include: Planning for safety, legal advocacy and education about abuse, sexual assault, and bullying, assistance completing an order for protection or harassment, restraining order, and referrals to support groups, lawyers, family services, and other services. CSD also provides training on working with interpreters, interpreter sensitivity to DV/SA cases, and legal interpreting.