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STATE ADVISORY COUNCIL ON MENTAL HEALTH  
*and Subcommittee on Children's Mental Health*

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December 5, 2019 – 10:00am-12:30pm, Work Groups 12:30-1:30pm  
unless otherwise noted

### Location:

DHS Elmer L Andersen Building, Room 2360, 540 Cedar Street, St. Paul, MN 55101  
Vidyo telepresence upon request ELA2360

**Attendees:** Jeff Lind, Dave Lee, Pa Kong Lee, Anna Rodell, Laura Sutter, Ken Moorman, Kim Stokes, Cecilia Hughes, Jennifer Pedersen, Ellie Miller, Alison Wolbeck, Claire Courtney, Michelle Schmid-Egleston, Melissa Balitz, Nick Puente, Allison Stolz, Sam Smith, Mary Kjolsing, Michael Trangle, Jamaica Delmar, Claudia Daml, Linda Hansen, Jennifer Giesen, Rozenia Fuller, Sarah Fuerst, BraVada Garrett-Akinsanya, Anna Lynn, Stephen Huot, Jode Freyholz-London, Shelley White, Abigail Franklin and via Vidyo: Dave Johnson, Maleenia Mohabir

### Workgroups:

- Local Advisory Council, Wednesday, December 4, 3:30-5pm, Room 2223
- Mental Health & Juvenile Justice / Mental Health & Schools, Thursday, 12:30-1:30pm
- Recovery Supports Workgroup, Thursday, 9:15-10am, 2<sup>nd</sup> floor
- Integrated Care & Access, Thursday, 12:30-1:30pm
- Family Systems, Thursday, 12:30-1:30pm
- Outreach to Cultural Diversity, TBD

Note: Each workgroup should identify one liaison and one alternate to be on the Outreach to Cultural Diversity workgroup and identify 2-3 diversity goals. Next meeting: January 8 2:30pm.

### Joint Meeting Minutes:

- Welcome and Introductions:
  - Approved Minutes 11/07/19 and today's agenda
  - Other topics for discussions: January meeting date 1/2/2020 some members will be unable to attend due to holiday plans. We will have the meeting on January 2 from 10am-2pm. Please RSVP with your intent to attend either in person or via Vidyo telepresence.
- Election for new vice chair:
  - Duties, monthly phone call to plan agenda. Review applications for new members, make recommendations, write letters. Need to be a State Advisory Council member to be Vice Chair. New elections will be held in August. Dr. Trangle accepted nomination and was voted in as Vice Chair.
- MDH Updates: 10:40-10:50am: *Laura Sutter, Anna Rodell*
  - Office of Rural Health and Primary Care has a [Rural Health Advisory Committee](#) with 15 members when it is full. Charged with advising the Commissioner of Health on things



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affecting health in rural MN. Held 4 listening sessions across the state which had a focus on determining the barriers for providing crisis mental health services in MN. Currently workgroup is developing report from these listening sessions. Report will include policy recommendations and best practices.

- Office of Rural Health and Primary Care at MDH is currently working on a data sharing agreement with DHS crisis teams. We have not been making recommendations on clinical practice, more focused on the public health infrastructure (transportation, workforce). Is DHS looking at these things? Yes. What ancillary services are in place for crisis response and stabilization? Recommendation that DHS and MDH work together on these recommendations to write one combined report.
- There currently is one statewide number to access crisis services, this needs to be publicized better.
- How do crisis services meet the needs of children? This has been a consistent problem heard at NAMI. Crisis teams do not know how to work with children and families in crisis. Need better stabilization services for children to focus on prevention. Suggestion to treat children in the same way as we are allowed to treat adults in the sense of how services are funded and paid for.
- BHD is promoting family centered approach to services. Frustration that there have been several workgroups talking about this but not action. We know the needs, we need the services put in place. We have had some movement to include Family Peers on children's crisis stabilization teams. Family Peers have been trained though we have challenges finding the right people to be trained. Region 2 crisis teams do a pretty good job working with kids, the challenge is on stabilizing – what is the next option, where are the placements, how do we support the kids who are in continual crisis and they cannot be stabilized in the community? This is a big and ongoing challenge in the state.
- The State Advisory Council on Mental Health is birth to death. The legislation is fragmented. How do we elevate the priorities here? MDH/DHS working more closely now, need MDE, Corrections and other state agencies to work together. The Council and Subcommittee need to really focus our legislative recommendations.
- Concern that children's crisis funding gets funneled through the AMHI. Clarification on this is needed. Need to look at Mental Health Initiatives and not "Adult" Mental Health Initiatives. What efforts are going on in the hospital setting...wait times in ED?. Children and adolescents are being boarded in hospital settings (9 days before placement). Are PRTFs going to enter into this at all? There has been talk about some beds available for children with aggressive behaviors. New PRTF hopes to get kids who are now being hospitalized and will consider children directly from EDs, but the child needs a treatment plan and must be able to participate in treatment. New program being built in Wilmar will only take children who have been hospitalized in an acute care setting, not someone from an ER. Juvenile facilities should be seen as "acute care setting." How are we tracking numbers of those receiving services versus those not getting served in MN?



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- When crisis teams are dispatched and unable to deescalate the situation, 911 is called and they are transported by ambulance to an ER.
- MDE is not tracking crisis needs/calls in schools. MDE needs to create a tool to track mental health services and absences/truancy from schools, calls to crisis, 911, etc. We need to make this recommendation. Reintegration into more concrete terms and actions. Prioritize this as a recommendation for 2020. Need data from law enforcement as they are many times the ones transporting children in crisis. School resource officers are also a good resource in deescalating a crisis and providing support to children.
- Is there funding for mental health funding in shelters? Pilot project to allow for colocation of MH services in youth shelters.
- How are we including children of color? Different culture that comes into play, how are we addressing these cultural needs? Service providers tend to be white which poses a challenge for delivering services. What initiatives are bringing individuals of color into the schools to become service providers? The mental health service delivery system is very scattered and fragmented, it is not a coordinated effort. Creating a strategic diversity plan for the SAC/Subcommittee. Most schools getting SLMH grants are white, need to make sure all schools are getting these funds. Need to make stronger recommendations and hold decision makers accountable. Systems are “culturally destructive” to the point that children have to quit school in order to get housing or other services. Challenge is how the money flows. How do we do training for people of color to support them in getting these professional roles in mental health? Workforce issue is a challenge across the board everywhere in Minnesota.
- DHS Updates:
  - Uniform Mental Health Service Standards, Ben Ashley-Wurtmann Community & Care Integration Reform
    - Multi-stage, multi-year work. Clarity, legal authority, and equity: build services on a strong foundation and reduce unintentional barriers to service integration; right legal authority at the right time; re-examine how policies impact diverse communities, emphasize person/family centered practice. We have 47 places where Mental Health Professional is defined, many contradict each other. This is an opportunity to clean up the law and clarify what is in place. Current regulations (Rule 47) say what can be asked during a diagnostic assessment and limits what services are included in this process. Will have draft language of the entire bill by December 18. Will be soliciting feedback on this language throughout January.
  - Behavioral Health Division, Nick Puente: The Behavioral Health Division Director has received the letter from the State Advisory Council and has met with leadership to draft a formal response. Also, RFP process is including [CLAS standards](#).
- State Advisory Council / Subcommittee on Children's Mental Health Work plan: workgroups need to identify tasks they will take on in 2020



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- Reminder: Plan for 2020 Legislative Report – Timeline and Process for submitting recommendations sent in separate email. Workgroups need to submit first draft of recommendations to [mhadvisory.council.dhs@state.mn.us](mailto:mhadvisory.council.dhs@state.mn.us) by February 15, 2020.
- Other business: Membership updates, upcoming conferences, celebrations:
  - Tuesday, February 4, 5pm Northrup Auditorium, Power & Privilege Series An Evening with Robin DiAngelo <http://www.northrop.umn.edu/events/power-privilege-series-evening-robin-diangelo>
  - Yale law school / medical school joint study regarding banking for individuals with mental illness  
[https://law.yale.edu/sites/default/files/area/clinic/document/banking\\_for\\_all\\_cedc.report.final.pdf](https://law.yale.edu/sites/default/files/area/clinic/document/banking_for_all_cedc.report.final.pdf)
  - Suicide awareness article featuring State Advisory Council member Alison Wolbeck  
<https://www.inforum.com/news/4770835-Suicide-numbers-keep-rising-in-North-Dakota-and-Minnesota-but-theres-help-and-hope>
  - NAMI civil commitment bill is close to finalized language, if you have questions, talk to Sam Smith, should the State Advisory Council endorse this bill?
  - Potential closure of St. Joe's hospital which will eliminate 100+ inpatient mental health beds. Opportunity for SAC/Subcommittee for responding to this. Suggestions: write a letter to the governor or a press release. Motion to write an open letter to the St. Joe's system and the governor. Sam Smith will make recommendations on what to include in the letter.
  - A new staff has been hired at NAMI who will lead up the state fair planning which will begin in February
  - Thank you Shelley White for helping out over the years!
  - Thank you Allison Stolz for your service on the State Advisory Council!
- Adjourn for lunch and Work Group meetings

### Next Meeting:

Date: January 2, 2020  
Time: 10am-2:00pm  
Location: DHS Elmer L Andersen Building, Room 2360  
540 Cedar Street  
St. Paul, MN 55101  
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