Where is best place to get information about MN DBT IOP?
The website DBT IOP Department of Human Services webpage provides a good place to start with information and access to applications. Questions can be sent to dbt.certification@state.mn.us

Can multiple sites be certified as one program?
Yes. If L-BOC certifies multiple sites as one program DBT IOP will follow their certification specifications.

How many people do you have to have for a team?
Three is the minimum number to be considered a team.

Can independent providers become a team?
Yes. Independent providers may come together for consultation/study to make a team. Each provider must bill under one agency NPI. The NPI will be paid by Medicaid which will require the providers to work out payment internally.

What do I need to do to become a MN Certified DBT Provider?
You can find more information about requirements of DBT IOP in the MHCP Provider Manual-DBT IOP. Teams may apply for certification by submitting application with required attachments which can be accessed thru DBT IOP Department of Human Services webpage. Please also read MHCP Provider Update for information on changes coming to DBT IOP program.

What does it cost for MN DBT IOP Certification?
There is no cost.

How long does certification last?
For those teams who have certification from accepted national board which is currently Linehan Board of Certification, the DHS certification will follow the same timelines. For those teams who are certified only from DHS, the certification will last 1-3 years depending on treatment fidelity.

What is meant by ‘enhanced rate for Medicaid’?
As a certified team, you may bill with DBT-H codes Billing Code Grid for increased rate for Medicaid clients for individual therapy and skills group. More information about billing can be found MHCP Provider Manual- Billing.

What insurance is covered for enhanced rate?
Medicaid clients who pay straight fee for service. It does not cover Prepaid Medical Assistance Project (PMAP) insurance plans or private insurance plans. However, these insurance plans may require certification of DBT programs. Each plan would need to be contacted individually due to the complexity of insurance coverage.

Where can I find out what the DBT H codes and modifiers are?
They can be found in the MHCP Provider Manual-DBT IOP under Billing.

Where can I find out the rates for DBT H codes?
Rates can be found on this website: Medical Assistance Rates

Is there increased rate for phone coaching?
There is not a specific rate increase for phone coaching. The increased rate is for therapy and skills group. Phone coaching is considered part of therapy and therefore included within the rate increase.
Can I use DBT H-codes while working on certification process?
DBT H codes may only be used once a program has been certified and provider enrollment has been given necessary information to enroll all individual providers and the program together. While working for certification the Psychotherapy code 90832 would be used for therapy and Group code 90853 for skills group.

What can I do if claim denied?
You may call the provider helpline at 651 431 2700 or toll free 1-800-366-5411. If you feel it may be related to a provider being authorized with a clinic you may contact dbt.certification@state.mn.us or 651 431 2225 and ask for DBT program consultant.

Does MN DBT IOP cover adolescents?
DBT IOP covers adults only. Beginning age is 3 months prior to 18th birthday.

Is DBT required to report into MHIS?
Yes, the Minnesota Department of Human Services (DHS) requires regular reporting of client outcomes information for publicly funded mental health services using the Mental Health Information System.

For DBT services, persons who should not be reported: persons who received services reimbursed entirely by private insurance, Medicare or self-pay.

Where do I go to report for MHIS?
MHIS is an application found in the secure MN-ITS portal (https://mn-its.dhs.state.mn.us). All enrolled MHCP providers and billing agencies have secure access to MN-ITS. For questions on how to register for a MN-ITS account, please contact the MHCP Provider Help Desk at 651-431-2700 or 1-800-366-5411.

I don’t see MHIS after I login to MN-ITS, what should I do?
User access to MHIS is determined by your organization’s MN-ITS Administrator. Please see the MN-ITS User Manual for MN-ITS Administration help, or contact the MCHP Provider Help Desk at 651-431-2700 or 1-800-366-5411 for assistance with adding an application.

How often am I required to report to MHIS?
Reporting is required once every 6 months and falls into two reporting periods. Data is collected on clients served Jan – June and reported by July 31st, clients served July – December are reported on by Jan 31st. For more information on data collection and reporting timelines visit the MHIS Technical Assistance Webpage or the MHIS User Manual.

Other MHIS Questions?
For additional information on MHIS reporting, please contact MHIS Technical Assistance at either dhs.amhis@state.mn.us or 651-431-2239.