

# Certified Community Behavioral Health Clinics

Certified Community Behavioral Health Clinics (CCBHC) are community clinics that offer mental health and substance use disorder services as well as a range of other services. CCBHC will provide outreach, increase access, improve services, and serve as a “one-stop-shop” to those who are currently underserved.

## About CCBHC

---

Navigating mental health and substance use disorder systems can be difficult. Typically, a person with a mental illness will need to contact several different agencies to obtain a different level of care, and rarely can someone obtain both mental health and substance use disorder treatment through the same agency.

CCBHCs improve the way Minnesotans access mental health and addiction treatment by creating a model of community clinics that provide comprehensive, coordinated and integrated care to children and adults with complex mental and chemical health conditions.

This high level of care coordination and partnerships between providers, social services agencies, counties and other key stakeholders increases the likelihood that care will be received before a person enters into crisis, lessening the burden on emergency rooms, law enforcement and families.



## Integrated care

---

People who use CCBHCs may receive:

- Outpatient mental health and substance use services
- Primary care screening and monitoring
- Screening, assessment and diagnosis, including risk management
- Psychiatric rehabilitation services
- Crisis mental health services, including 24-mobile crisis teams, emergency crisis Intervention services and crisis stabilization
- Patient-centered treatment planning
- Targeted case management
- Peer and family support
- Services for members of the armed forces and veterans
- Connections with other providers and systems

## Demonstration program

In 2014, the U.S. Congress enacted the Excellence in Mental Health Act, which established an eight-state demonstration project to test CCBHCs. The 2015 Minnesota legislature provided funding to support planning. In December 2016, Minnesota was chosen to be one of eight states to pilot CCBHC.

In Minnesota, there are six CCBHC demonstration clinics:

