Behavioral health home (BHH) services information session:
State Plan Amendment, Final Evaluation Report, Provider Cohorts, and more!
Thursday, August 26, 2021, 1:00pm

Thank you for joining us today! Our presentation will begin shortly.
BHH services information session

Today’s agenda:

• 1:00PM: Welcome

• 1:05PM: Review State Plan Amendment changes

• 1:15PM: Overview of BHH services final evaluation report; ongoing certification and performance measures

• 2:00PM: Questions and discussion

• 2:30PM: Wrap-up and thank you!

Please note/friendly reminders:

• All lines are muted to start (this helps prevent sound problems)

• If you would like to make a comment, please use the chat box; the DHS team will read your comment for the group

• When sharing with the group, please don’t forget to take your line off mute 😊
Objectives

• Review the changes to the BHH services SPA;
• Provide an overview of the BHH services evaluation report, discuss DHS’ efforts to incorporate performance measures into an ongoing certification process for providers; and
• Hear from BHH services provider cohort representatives.
State Plan Amendment (SPA) updates

• Continued flexibility in the staffing ratio for providers serving 100 or fewer BHH services recipients; providers with 100 or fewer BHH services recipients may utilize a staffing ratio of a minimum of a .5 full time equivalent (FTE) integration specialist and a 1.0 FTE systems navigator.

• The six-month face-to-face requirement was replaced with the requirement to offer a face-to-face every six months. If the person declines the offer of a face-to-face visit, the visit may be completed by telephone contact or interactive video.

• For creation of the health action plan and health wellness assessment, DHS replaced the word “template” with “guidance.”
BHH services 2018-2020 evaluation report:

• puts the BHH services model in context with other MN programs

• identifies trends in enrollment, quality, and cost

• recommends performance measures for an ongoing certification process for BHH services providers
The goals of BHH services are that each person:

• Has access to and utilizes routine and preventative health care services
• Has consistent care for mental illness and other health conditions
• Gains knowledge of health conditions and associated effective treatments
• Increases self-efficacy and improves health management practices
• Has access to and utilizes wellness and recovery resources
• Has access to and uses social and community supports to assist with meeting wellness goals
Expected outcomes of BHH services

• Outcomes
  • Improved utilization
  • Improved experience
  • Improved quality of life
  • Reduced rate of increase in healthcare costs for Medicaid patients
• 25 BHH services organizations
  • 10 IHPs/participate in IHP
  • 6 CCBHCs
  • 5 certified HCHs
• 2017: 1,000 people served
• 2021: 7,500+ people served to date
Data and trends: chronic conditions

- 0-3, 33%
- 4-6, 36%
- 7-9, 25%
- 10-16, 9%
Quality and costs

• Preventative care
• ED utilization
• Follow-up after hospitalization
Other recommendations to support BHH services providers

1. Develop relationships across State agencies to address social drivers of health;

2. Develop relationships with other providers; and

3. Continue to provide learning opportunities for certified BHH services providers.
Provider input: how do providers know they are having a positive impact on a person’s health/wellbeing?

- Self-assessments/gratitude
- Appointment attendance/HAP progress
- Decreased hospitalization/improvement in screening scores
- Navigation through crisis
- Connections to referrals
Ongoing certification process: performance measures

• Considerations and alignment
• Purpose and use
• Provider input
• Next steps
BHH services provider cohort updates

• Vikki Ebenhoh, South Central Human Relations Center
• Julie Plante, Vail Place
Thank you!

Questions?

For more information please contact: Michaelyn Bruer at michaelyn.bruer@state.mn.us