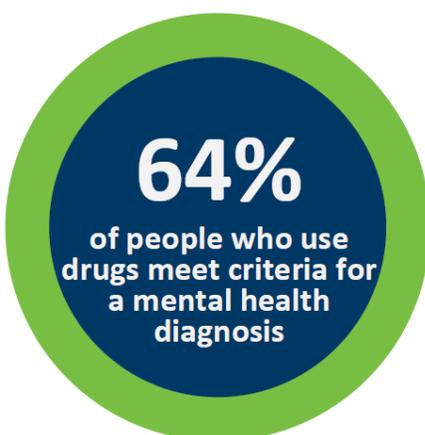
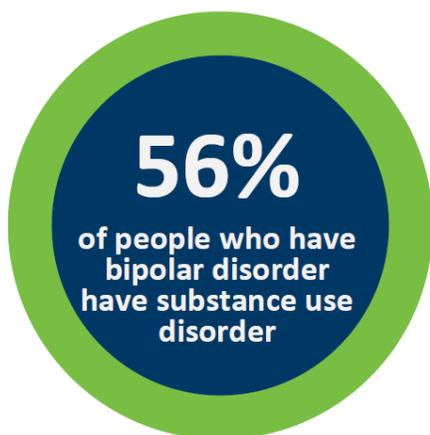
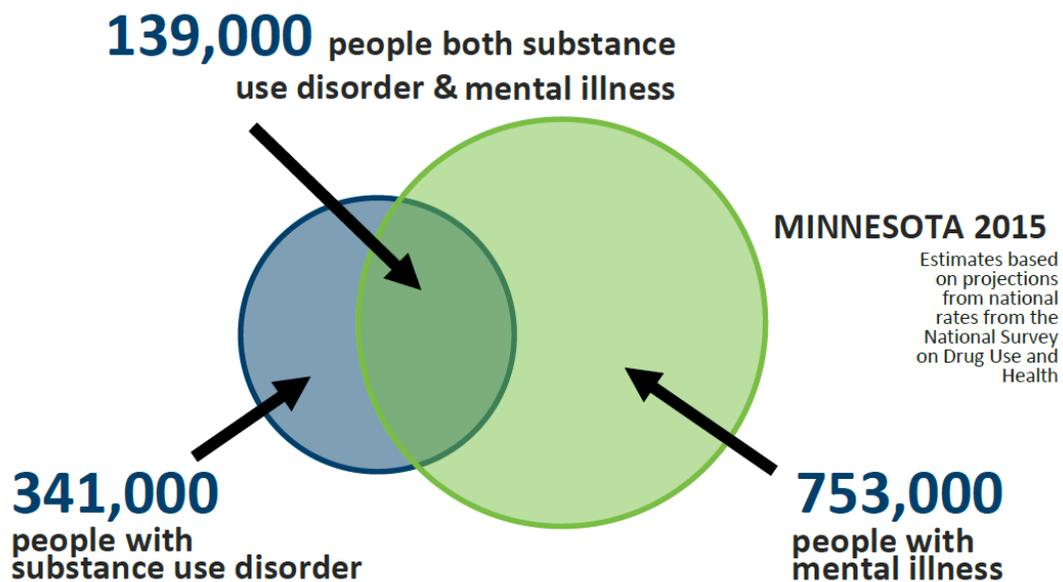


Behavioral Health Division

The Behavioral Health Division is part of the Community Supports Administration. It includes adult mental health, children’s mental health and alcohol and drug abuse services. The division works

to integrate substance use disorder and mental health with physical health care, to promote successful treatments, and to serve people close to their communities, families and other supports.

Why “Behavioral Health”



Adult mental health services

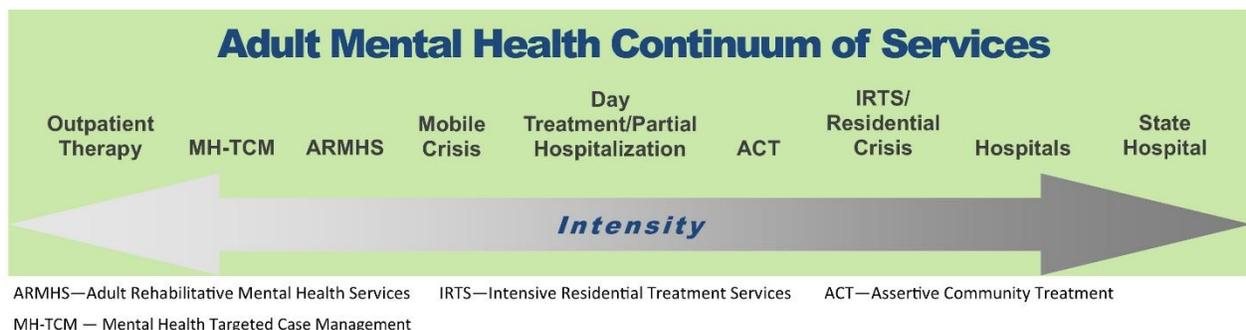
The Department of Human Services (DHS) works to strengthen mental health services and access to these services in all parts of the state.

- We work with 16 regional adult mental health initiatives and 11 tribal authorities to develop, implement, monitor and evaluate public mental health services.
- We collaborate with providers, managed care organizations, housing and employment agencies, advocates, consumers and family members to develop policies that are recovery-focused and person-centered.
- We support and provide training and technical assistance to direct service providers and counties to ensure that evidence-based and research informed practices are used to promote independent living, community integration and a reduced use of more restrictive services.

Community-based services

DHS oversees many publicly funded programs offering community-based mental health services for Minnesotans with mental illness. We are committed to a continuum of treatment and support services that enable adults with a mental illness the freedom of choice in their personal journey toward recovery. Service options include:

- Adult Rehabilitative Mental Health Services
- Assertive Community Treatment
- Certified Peer Support
- Day Treatment
- Intensive Residential Treatment Services
- Mental Health Targeted Case Management
- Mobile Crisis Services
- Outpatient Services
- Partial Hospitalization
- Permanent Supportive Housing
- Residential Crisis Services
- Supported Employment
- Crisis Text Line



Children’s mental health services

In Minnesota, nine percent of school-age children and five percent of preschool children have a serious emotional disturbance, which is a mental health problem that has become longer lasting and interferes significantly with the child’s functioning at home and in school. An estimated 109,000 children and youth, birth to age 21, in Minnesota need treatment for serious emotional disturbances.

With appropriate identification, evaluation and treatment, children and adolescents living with mental illness can achieve success in family life, in school and at work. However, the overwhelming majority of children with mental disorders fail to be identified and lack access to treatment and support.

Supporting mental health for all Minnesota children

DHS works to promote and support the mental health and development of all Minnesota children and youth. We are committed to services that are informed by research and that will lead to a measurable reduction in mental health symptoms and increases in strengths and functional abilities, so that children who have had challenges during their development can approach and enter adulthood as resilient, competent individuals.

Community-based services

DHS supports children’s mental health partners with grant funding. Services include:

- Collaborative Psychiatric Consultation Service
- Culturally-Specific programs
- Early Childhood Mental Health
- Evidence-Base Practices
- Mental Health Targeted Case Management
- Mobile Crisis Services
- Respite Care
- School-Linked Mental Health Services
- Screening in Child Welfare and Juvenile Justice Systems
- Crisis text line



Youth ACT—Assertive Community Treatment CTSS—Children’s Therapeutic Support Services MH-TCM — Mental Health Targeted Case Management
PRTF— Psychiatric Residential Treatment Facility

Alcohol and Drug Abuse

DHS works to develop and maintain an effective substance use disorder treatment (SUD) service system in Minnesota that encourages and supports research-informed practices, expands the use of successful models and systematically monitors outcomes.

How we serve

Funding, policy and monitoring

- Of the 55,000 SUD treatment admissions in Minnesota in 2017, approximately two-thirds were publicly funded.
- DHS supports a number of culturally specific SUD treatment programs. Culturally specific programs address the unique needs of individuals who share a common culture. These programs are governed with significant input from and employ individuals who are of that culture.
- Women’s Recovery Services help women in treatment remain alcohol and drug free.

Problem gambling prevention and treatment

- Minnesota Problem Gambling Helpline at (800) 333-HOPE provides help for people struggling with a gambling problem.
- A new gambling addiction effort launched in late 2016: <http://justaskmn.org/>. “Just Ask” seeks to raise awareness about the risks associated with gambling among college-age youth.

Substance misuse prevention

- In participating schools, alcohol use went down 23 percent among high schoolers because of the Prevention planning and implementation grant program.

Attacking the opioid crisis

- Expanding medication-assisted treatment.
- Making it easier and faster for people to receive SUD treatment services
- Increasing opioid-specific peer recovery and care coordination
- Piloting the Parent Child Assistance Program, a peer support program for pre- and post-natal mothers
- Expanding access to naloxone for opioid treatment programs and emergency medical service teams
- Launching Fast-Tracker, a website showing real-time treatment bed Availability
- Offering prevention resources such as the This is About All of Us campaign.

Tobacco prevention and compliance monitoring

- DHS Tobacco Inspectors conduct compliance checks of tobacco retailers.
- In 2017, 59 agencies participated in “Congratulate and Educate,” conducting 1,448 educational tobacco compliance checks educating tobacco retailers and owners.

