

Thursday Connections with SUD at DHS September 18th, 2025



Agenda



Meeting Logistics



All attendees, except presenters, will remain muted.



To save bandwidth, please keep cameras off.



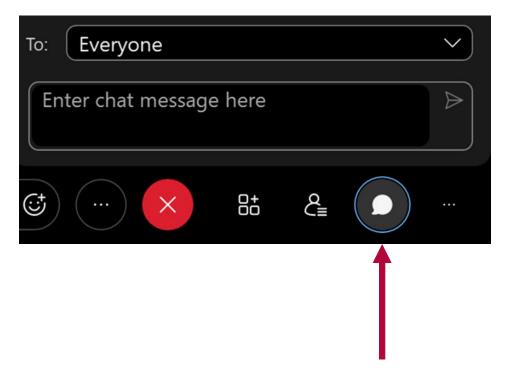
We will work to address all questions during the time allotted.



A summary of questions, comments and responses will be posted on the Thursday Connections with SUD webpage.

Using Chat

- 1. Submit questions in the chat
- Questions submitted via chat will be addressed during Q&A portion of meeting
- 3. Post chat questions to everyone to allow for all attendees to see conversation
- 4. Refrain from using chat during presentations



Use chat feature to enter questions



SUD Community of Practice



SUD Community of Practice: Purpose



Improve treatment outcomes for individuals with substance use disorders



Reduce disparities by using evidence-based and best practices through peer-to-peer and person-to-provider sharing



By lending your voice and experience to the SUD CoP, you will have an **opportunity to identify** real-world needs to help improve the outcomes for the people and communities you serve



Space to share what's working, troubleshoot challenges and elevate community voices to inform practice and policy across Minnesota

SUD Community of Practice: Who's Involved

Individuals who have used SUD treatment services, especially the voices and experiences of individuals who are Black, indigenous, people of color and people from other communities that are disproportionately impacted by substance use disorders

Family members of individuals who have used SUD treatment services

Researchers & members of the academic community who are SUD subject matter experts

Representatives from tribal nations or tribal social services providers

Peer recovery support professionals & representatives from Recovery Community Organizations (RCOs)

Representatives from **county** social services agencies

SUD and Mental Health treatment providers

Representatives from managed care organizations

Representatives from DHS, the Department of Corrections and the Department of Health

SUD Community of Practice: What's New



Monthly virtual sessions beginning October 22nd



Quarterly hybrid meetings to give an opportunity to deepen connections in person



A Leadership Committee to help shape topics, speakers and formats of monthly meetings



An online community platform to sustain connection and continuously share resources among the SUD CoP members/participants



Partnership with SDK Strategic Services to lead facilitation and member engagement

SUD Community of Practice: How to Get Involved

01

Share your input in this brief <u>survey</u> to help form the topics and subject matter of future CoP meetings. Your feedback is welcomed and valued.

02

Join the first CoP meeting on Wednesday, October 22 from 11:30am-1pm. RSVP to receive the calendar invitation and virtual meeting link.

03

Express interest in CoP Leadership Committee by emailing <u>SUD.CoP@sdk</u> <u>strategicservices.com</u>. 04

Check out the webpage.



Independent Peer Review



Seeking Tribal & 245G licensed SUD treatment providers to participate in independent peer review

This annual process is required for

• federal block grant funding and helps strengthen SUD services across the state

Entirely different process

• from a Licensing Review

Peer review focuses on

- Quality: Services improve client safety and recovery
- Appropriateness: Services align with each client's clinical needs
- Efficacy: Services effectively support recovery outcomes

Scheduling reviews between

October 2025 - June 2026

DAANES Training





Held the second Tuesday of each month 12-1 p.m.

DAANES Training Registration

Naloxone in Minnesota

Cody Bassett | Naloxone Coordinator

Odie Spinelli | Harm Reduction Policy Lead



What is Naloxone?

Naloxone, also known as Narcan®, is a potentially lifesaving drug that can reverse an opioid overdose. It can be administered as an injection or nasal spray.

When a person administers naloxone during an opioid overdose, naloxone disables an opioid's harmful effects to the brain, temporarily reversing an opioid overdose. It is only effective for an opioid overdose and is otherwise harmless.

Available as an intramuscular and intranasal formulation. Starting in September 2023, Narcan® Nasal Spray became the first formulation available over the counter.





Naloxone – easy to administer

- Rescue breaths are crucial
- Breathing, not consciousness, is the goal
- Whether intramuscular or nasal, waiting
 2-3 minutes between doses is important

. Each device sprays 1 time only



Step 1: CHECK if you suspect an overdose:

- CHECK for a <u>suspected overdose</u>; the person will not wake up or is very sleepy or not breathing well
- yell "Wake up!"
- · shake the person gently
- · if the person is not awake, go to Step 2



Step 2: Give 1st dose in the nose

- HOLD the nasal spray device with your thumb on the bottom of the plunger
- INSERT the nozzle into either NOSTRIL
- PRESS the plunger firmly to give the 1st dose
- 1 nasal spray device contains 1 dose



Step 3: Call 911

CALL 911 immediately after giving the 1^{et} dose



Step 4: WATCH & GIVE

- WAIT 2-3 minutes after the 1st dose to give the medicine time to work
- if the person wakes up: Go to Step 5
- if the person does <u>not wake up</u>:
- <u>CONTINUE TO GIVE</u> doses every 2-3 minutes until the person wakes up
- it is safe to keep giving doses



Step 5: STAY

- STAY until ambulance arrives: even if the person wakes up
- GIVE another dose if the person becomes very sleepy again
- . You may need to give all the doses in the pack

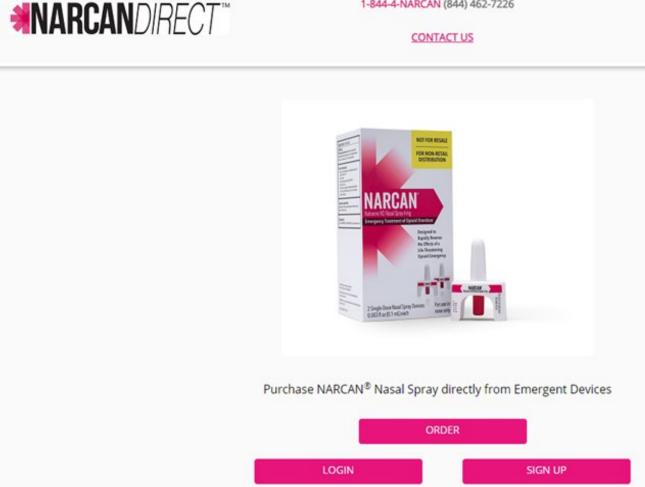
Resources for Using NARCAN® (naloxone HCl) Nasal Spray

2023 Legislatively Mandated Groups

- Schools (Minnesota Statutes, section 121A.224, subdivision 1):
 - K-12 schools
 - Charter schools
- Corrections (Minn. Stat. § 241.021, subd. 1)
- Law Enforcement (Minn. Stat. § 151.37, subd. 12)
- Sober Homes (Minn. Stat. § 254B.818, subd. 1)

- DHS Licensed Programs (Minn. Stat 245A.242, subd. 1):
 - Substance use disorder treatment programs
 - Children's residential substance use disorder treatment programs
 - Detoxification programs
 - Withdrawal management programs
 - Intensive residential treatment services
 / residential crisis stabilization
 programs (IRTS/RCS)

Naloxone Portal Basics



1-844-4-NARCAN (844) 462-7226

- Naloxone Portal / Minnesota Department of Human Services
- The portal further reduces barriers and increases access for groups and organizations that need it
- Standing order and protocol from Minnesota Department of Health Medical Director
 - Template available at: Naloxone Standing Order and Portal - MN Dept. of Health
- Naloxone is purchased from Emergent BioSolutions through MMCAP contract
- Ordered by the case (12 units/24 4mg doses/case)
- Ships via 2-day FedEx to the group that placed the order

Eligible Groups

- Mandated groups from the 2023 legislative session:
 - Schools (K-12)
 - Law Enforcement
 - DHS Licensed Programs
 - Sober Homes
 - Corrections

- Other eligible groups:
 - Tribal Nations & Tribal Entities
 - Syringe Services Programs
 - Organizations serving the Unhoused

 More info at program website <u>Naloxone Portal</u> / <u>Minnesota Department of Human Services</u>

What can groups use the portal for?

- We encourage harm reduction inspired activities
 - Distribution to at-risk groups
 - Outreach to PWUD
 - Community response teams
 - Community paramedics, overdose followup, in-home visits, etc.
 - Leave behind programs
 - Multiple points of access

- Every time a new organization category is granted access, we work to host a webinar for that discipline and work with experts in those areas to maximize messaging and provide basic information.
- <u>Supplements nasal demand</u>- it does not replace intramuscular and other types of naloxone. All formulations are important to preventing overdose deaths.

Tiers

Prioritization of naloxone resources and portal eligibility are based on evidence-based models for identifying those most at risk for overdose

- Tier 1: Organizations directly serving individuals most at risk for overdose,
 Syringe Service Programs (SSPs)
- **Tier 2:** Eligible community organizations that serve people who use drugs (PWUDs) or people in recovery
- Tier 3: Organizations accessing the portal to fulfill legislative mandates

Data Reporting Requirements

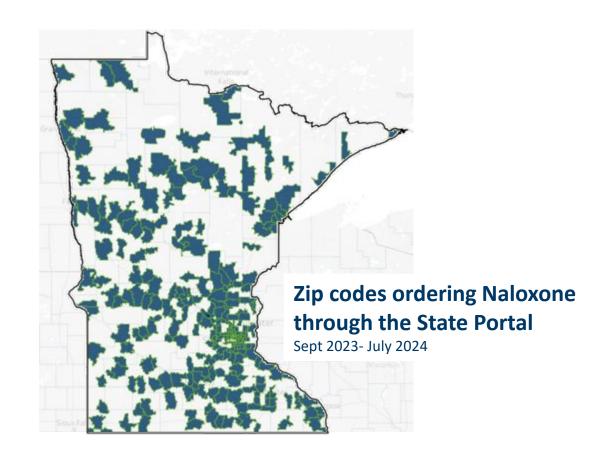
- Naloxone portal users are required to submit data on distribution, reversals, and populations served on a quarterly basis
 - January 15
 - April 15
 - July 15
 - October 15

- Participants will be required to answer the following questions:
 - How many kits of opioid overdose reversal medication have you distributed since the last reporting period?
 - Of the opioid overdose reversal medication kits distributed, how many overdose reversals occurred since the last reporting period?

Naloxone Portal

- 157,200 kits distributed statewide
- 1,606 total orders
- 754 organizations have used the portal
- 287 unique zip codes

Note: All above numbers are current as of 9/17/2025.





Thank You!

Cody Bassett | cody.bassett@state.mn.us

Odie Spinelli | odie.spinelli@state.mn.us



General DHS Updates



New webpage highlights Free Standing Room and Board policies, new Certified Recovery Residence model

- The <u>webpage</u> includes
 - Guidance for providers
 - Details on compliance requirements
 - Updates about upcoming changes to the FSRB program
 - Information that could be helpful for residents, treatment providers and other professionals that are making referrals for Free Standing Room and Board facilities

Recently, DHS also sent an email to FSRB operators with reminders and clarifications about policies and procedures, including

 upcoming legislative changes and Recovery Residence information

We encourage all current and prospective providers to review this information carefully to ensure compliance and prepare for the future transition to the Certified Recovery Residence model

Grants Training Series for Culturally Specific & Culturally Responsive Providers with Village Support

This series will offer

- Technical assistance to providers learning the core components of grant proposal writing
- Help designed for providers without access to professional grant writers
 - Build confidence
 - Sharpen skills
 - Cultivate tools to better prepare for local, state and federal opportunities
- Knowledge on seeking out funding opportunities with the state of Minnesota

What you'll gain

- Monthly expert-led training sessions
- Hands-on writing clinics and office hours
- Grant readiness assessment and tools
- Peer collaboration and networking
- A complete Grant Readiness Portfolio by the end of the series
- To register, email consulting@villagesupporttherapy.com.

Public notice of Mental Health and Substance Use Disorder Federal Block Grant application and plan

- The Behavioral Health Administration (BHA) has submitted the federal fiscal year 2026-2027 <u>Community Mental Health Services Block Grant</u> (MHBG) and <u>Substance Use</u> <u>Prevention, Treatment and Recovery Services Block Grant</u> (SUPTRS BG) application and plan to SAMHSA.
- The application and plan include an assessment of Minnesota's behavioral health service system and proposed plans for how we will use the block grants and other resources to support and improve mental health and SUD services in the coming years.
- A previous <u>e-memo</u> was sent out by BHA asking for public comment on the portions of the plan that were available for review at the time.
 - Now, the entire application and plan is available for public comment via the web-based <u>Block Grant Application System</u> (WebBGAS)
- Please provide any feedback about the plan for mental health and SUD services to kari.irber@state.mn.us.

Licensing Application Information Session

Webinar about how to apply for the following DHS license or certification types:

- Substance Use Disorder Treatment Programs (MN Statutes, chapter 245G)
- Detoxification Programs (<u>MN Rules, chapter</u> 9530)
- Withdrawal Management Programs (<u>MN</u> Statutes, chapter 245F)
- DHS-licensed Children's Residential Facilities excluding child foster care (MN Rules, chapter 2960)
- Intensive Residential Treatment Services/Residential Crisis Stabilization (IRTS/RCS) (MN Statutes, chapter 245I)
- Adult Residential Mental Health treatment facilities (<u>Rule 36 - MN Rules, chapter</u> 9520.0500-9520.0670)
- Certified Mental Health Clinics (<u>MN</u> <u>Statutes, chapter 245I</u>)

Provide potential applicants with general skills to complete and submit an application Overview of the purpose of a license or certification **Application requirements Application process** General policy writing Designed for those who meet the following prerequisites: •prospective or current applicant for one or more of the above service types •knowledgeable of requirements for the service type, including MN Statutes, chapter 245A, and •knowledgeable of requirements to operate a business in Minnesota. December 17, 1:00-3:00 p.m. | Register

ASAM Resources & Training Opportunities

- DHS' <u>ASAM Resources Webpage</u>
 - ASAM Certification information
 - ASAM Readiness Tools
- Acentra ASAM trainings offered ongoing
 - ASAM Insights Meeting Link second Friday of the month at 11 am
 - Focused on clinical documentation and the Provider Portal

- Train for Change ASAM Trainings scheduled through November -<u>Upcoming ASAM training for SUD</u> <u>treatment providers through</u> November 2025
 - One-day Adolescent ASAM Criteria, 3rd Edition, The Nuances: Oct. 1, 8:30 a.m. – 3 p.m.
 - One-Day ASAM Criteria, Treatment Planning; Nov. 5, 8:30 a.m. – 3 p.m.
 - One-Day The Evolution of The ASAM Criteria: What's New in the Fourth Edition; Nov. 12, 10:30 a.m. – 3 p.m.

Next Thursday Connections with SUD at DHS

- Oct. 16, 3:00 4:00 p.m.
 - SUD Unit reorganization update
 - Introducing ASAM 4 Workgroup opportunity

- Held third Thursday of each month. No registration required, join Webex via the webpage.
- Licensing Division 2025 Legislative Updates presentation will likely be held near the end of September, early
 October in a separate meeting from Thursday Connections.



Questions & Answers

What questions do you have for the SUD Unit today?

We will try to answer your questions at this meeting.

Questions that require more research will be posted within one month on the Thursday Connections with SUD at DHS webpage.



Thank You!

For updates about future meetings and responses to questions not answered during this meeting, please visit the Thursday Connections with SUD at DHS webpage.