

HCBS Final Rule Evidentiary Package

Bidwell Residence



Setting information

Setting name: Bidwell Residence	ID # 343
Street address: 1435 Bidwell St., West St. Paul 55118	Phone: (651) 209-8481
Setting website, if applicable: Bidwell Residence – Customized Living https://gosupportive.com/location/bidwell/	Date of site visit: 9/7/2018

Waiver service type

Waiver service	Service type:
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Customized Living

Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 3 Effects of Isolating Characteristics	Effect of Isolating Characteristic	Two apartment complexes are located next to each other on Bidwell Street and share staff and programming activities.

Note: The term people/person (resident for residential settings) refers to people receiving Medicaid HCBS waiver services.

General summary

1435 Bidwell Residence is a customized living (CL) in a residential neighborhood located in West St. Paul. West St. Paul is part of the Twin Cities metro area, located immediately to the west of South St. Paul in Dakota County. West St. Paul has a population of 19,540 people as of 2010.

1435 Bidwell Residence is an apartment complex that serves 12 people on the CADI or EW waivers. There are eight apartment units. Supported Living Solutions uses two apartment units: one is for medications and community space and the other is a staff office. The other six units are leased with two people live in each apartment unit. All apartment units are rented by people receiving waiver services. 1435 Bidwell Residence is collocated next to another CL apartment complex owned by Supportive Living Solutions. Between the two buildings there are 26 people receiving waiver services.

Check this box if setting meets definition of Continuing Care Retirement Community

Customized living provider standards/qualifications

Licensure requirements and other state regulations for customized living services clearly distinguish these services/settings from institutional licensure or regulations.

Customized living services are provided in housing with services establishments with the service provider directly licensed as a comprehensive home care provider by the Minnesota Department of Health. Customized Living services provide an individualized package of regularly scheduled health-related and supportive services provided to a person who resides in a qualified, registered housing with services establishment.

Customized living service definitions that support the setting requirements

Customized living (CL) and 24-hour CL services include component services designed to meet the person's assessed needs and goals. Individualized CL services may include supervision, home care aide tasks (e.g., assistance with activities of daily living), home health aide task (e.g., delegated nursing tasks), home management tasks, meal preparation and service, socialization, assisting enrollees with arranging meetings and appointments, assisting with money management, assisting participants with scheduling medical and social services, and arranging for or providing transportation. If socialization is provided, it must be part of the service plan, related to established goals and outcomes and not diversional or recreational in nature.

For more details about the component services, including what is covered and distinctions between each see [Customized Living Component Service Definitions, DHS-6790H \(PDF\)](#).

Minnesota's Community Based Services Manual (CBSM) provides the following requirements for customized living services:

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_001787#

Prong 3 settings

Meaningful distinction between co-located HCBS Setting

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Describe the extent to which any shared programming (meals, transportation, social/recreational activities) occurs between different homes/buildings (how often, what type of programming or activities are shared) and how the provider assures interests and preferences are supported at an individual level (people are engaged in planning community activities based on their preferences, variety of transportation options, schedules are varied, reverse integration is not the sole form of “community integration”):</p> <p>There are 26 people between the collocated settings and Supportive Living Solutions views “Bidwell Residence” as one program in two buildings. 1435 Bidwell shares programming with collocated setting. The same meal plan is used between buildings with meal options. People have 7 days-worth of continental breakfast delivered once a week. People order breakfast off a menu with a variety of options. Lunch and dinner menus are developed monthly, and food services solicit meal preferences and ideas from people served. The same calendar of activities is posted in each building. Bidwell has an activities coordinator that develops community based and building based activities with the input of people served. Each direct support staff has a caseload of people served. There are weekly meetings between staff and people served to gather feedback on programming, suggestions on future activities and ensure people’s interests and preferences are being supported. Buildings share a van between them, and two other CL programs run by Supportive Living Solutions. People are free to come and go as they wish. Programming developed by Supportive Living Solutions combines onsite options (bingo or end of summer BBQ) and community-based programs (\$5 movie Tuesdays, bowling, shopping, fishing trips, etc.)</p>
<input type="checkbox"/> Met <input checked="" type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Describe the extent to which staff are scheduled to work with people at the other collocated setting (s) on the same shift:</p> <p>Bidwell staff are available to everyone and are trained on each person’s person-centered plan. During the daytime hours Monday through Friday, there are 2-4 staff available between the two sites. In the evenings, overnights, and weekends, only one staff is scheduled for 1435 Bidwell and the collocated sites.</p> <p>Occasionally staff from two other Supportive Living Solution CL programs are asked to cover a shift at Bidwell locations. All staff are cross trained on settings where they provide back-up staffing.</p>

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the other co-located setting (s), to the exclusion of other options; (Describe the proximity to avenues of available public transportation or an explanation of how transportation is provided where public transportation is limited.)</p> <p>There is a program van available for community activities and events. The van is one-way people access transportation. Some people in the program drive and have their own car. At the end of the street, less than a block from the building, is a bus stop, and the setting is located off a main street with additional public transportation routes available. People use Uber, Lyft or other ride sharing options. Sometimes people have friends and family come pick them up. For medical appointments, many people access medical transportation through their health insurance. People reported being independent in accessing the community and do not rely on the program vehicle to get into the community.</p>

Community engagement opportunities and experiences

People served at 1435 Bidwell Residence are active and highly independent. People come and go frequently and at all hours. There are provider-developed opportunities for community engagement. Some community activities include:

- bowling,
- fishing,
- \$5 movie days at Inver Grove Heights theater
- Como Park trip
- Library
- Shopping at local stores
- Trips to local parks

People served are provided opportunities to develop activities through interests' surveys, completed annually, and open communication with staff. Opportunities are made available through a posted calendar, signup sheets being posted, and staff reaching out to people served. Additionally, a weekly newsletter, The Bidwell Buzz, is published to ensure accurate information in case additional events are added or scheduled events have changes. A few activities recently hosted at Bidwell included an end of summer BBQ and bingo. People can choose whether to participate in any activity on any given day.

In addition to the activities supported by Bidwell staff, people engage in their own community activities independent of program-hosted activities. Community/Park walking: people served at Bidwell have an informal walking club that goes out daily and was

developed by a core group of men. Staff are not involved in the development or implementation of this club and it has been on-going for several years

Other activities reported by staff and people interviewed include:

- Going downtown
- Chess club
- Working
- Parades
- Lalapalooza
- Concerts
- Camping
- Video gaming with friends
- YMCA or other gyms
- Trips to Walmart or Dollar Tree
- Visiting family

HCBS characteristics

This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.

HCBS Rule requirement	Compliance status (Please select)
<p>Each person at the setting has a written lease or residency agreement in place providing protections to address eviction processes and appeals.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Copy of blank lease is on-file.</p>	Compliant
<p>Each person at the setting has privacy in his/her sleeping or living unit including a lockable door.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Buildings are locked from outside and all people have building code for both buildings. People have a lock for the apartment and a lock for their bedroom.</p>	Compliant

HCBS Rule requirement	Compliance status (Please select)
<p>The setting facilitates that a person, <i>who shares a bedroom</i>, is with a roommate of their choice.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>People do not share bedrooms at this location. People share apartment units with one other person</p> <p>Bidwell has a roommate matching profile they use to support people in selecting who they want to live with.</p>	Compliant
<p>The setting provides people with the freedom to furnish and decorate their bedroom and living unit within the lease or residency agreement.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>While provides supplies furniture, people can bring their own furnishings into the apartment unit and their bedrooms. People can decorate as they choose.</p>	Compliant
<p>The setting provides people the freedom and support to control their daily schedules including access to food at any time.</p> <p><input type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>People have control over their schedules, can come-and-go as they please, can invite people over, and are generally as independent as they choose to be.</p> <p>Each apartment unit has a kitchen with stoves, microwaves and a fridge with freezer.</p>	Compliant
<p>The setting allows people to have visitors at any time.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>People report that guest can come whenever they want, and people can stay over in accordance with the lease.</p>	Compliant

HCBS Rule requirement	Compliance status (Please select)
<p>The setting provides opportunities for people to seek employment and work in competitive integrated settings.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Several people are employed in many different occupations including: making catheters, dishwasher, food prep, janitorial, science museum, etc. People work flexible schedules depending on their preferences including overnight work, day times shifts, part-time, as little as an hour daily to 4 full days a week.</p>	Compliant
<p>The setting is physically accessible to the individual.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>No one at the site need accessibility adaptations. Site has steps up to main door and a flight of stairs to access apartments.</p>	Compliant
<p>The setting provides people opportunities to access and engage in community life.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>People are supported in accessing the community. Bidwell provides as much support as a person request. They help coordinate group activities and encourage people to venture into the community independently or in groups.</p>	Compliant
<p>The setting supports the person’s control of personal resources.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Setting does not provide money management duties.</p>	Compliant
<p>The setting ensures people’s right to privacy.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Staff are trained to be knowledgeable of people’s right to privacy including how the access people’s apartments and interact with people in providing routine care and services.</p>	Compliant

HCBS Rule requirement	Compliance status (Please select)
<p>The setting ensures people’s dignity and respect.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Interacts observed between people served and staff appeared respectful.</p>	Compliant
<p>The setting ensures people’s freedom from coercion and restraint.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Interactions observed between people served and staff appeared respectful.</p>	Compliant
<p>The setting optimizes individual initiative, autonomy, and independence in making life choices, including daily schedule and with whom to interact.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Person interviewed shared that he likes the activities provided, staff are friendly and helpful, and he never feels like he must participate in anything. Person expressed that he does a lot of activities on his own and he can go wherever he wants to.</p>	Compliant

Pictures of the HCBS setting



