

# HCBS Final Rule Evidentiary Package

## Ridgeview Le Sueur Senior Day Program



### Setting information

Setting name: Ridgeview Le Sueur Senior Day Program	ID # 297
Street address: 621 South 4th Street Le Sueur, MN	Phone: 507-665-3375
Setting website, if applicable: <a href="http://ridgeviewlesueur.org/services/senior-day-program">Ridgeview Le Sueur Senior Day Program</a> ( <a href="http://ridgeviewlesueur.org/services/senior-day-program">http://ridgeviewlesueur.org/services/senior-day-program</a> )	Date of site visit: 4/23/2019

## Waiver service type

Waiver service	Service type
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Adult Day Service

## Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 1 Located in a Public or Private Institution	Name of Institution	Ridgeview Le Sueur Medical Center

Note: The term people/person (resident for residential settings) refers to people receiving Medicaid HCBS waiver services.

## General summary

Ridgeview Le Sueur Senior Day Program is an adult day program located in Ridgeview Le Sueur Medical Center in Le Sueur, Minnesota. This site was previously known as Minnesota Valley Adult Day Program.

Le Sueur is located in the southwestern part of the state and lies in both Le Sueur and Sibley counties. Le Sueur is a smaller city that had a population of 4,058 in the 2010 U.S. Census. The setting is close to businesses, restaurants, schools and parks.

At the time of the site visit, there were two people who were attending the adult day program. One of those people was enrolled in the Elderly Waiver.

## Adult day provider standards/qualifications

Licensure requirements and other state regulations for adult day services clearly distinguish these services/settings from institutional licensure or regulations.

Adult day services provided in center-based facilities are licensed directly by the Department of Human Services. Adult day services serve functionally impaired adults on a regular basis for periods of fewer than 24 hours during the day in a setting that is not a residence.

# Adult day service definitions that support the setting requirements

Minnesota’s Community-Based Services Manual (CBSM) provides the following requirements for [Adult day services](http://www.dhs.state.mn.us/id_002205#) (http://www.dhs.state.mn.us/id\_002205#):

Adult day services must:

- Be based on the person’s assessed needs
- Be directed toward the achievement of specific outcomes identified in the person’s support plan
- Offer opportunities to participate in community groups (e.g., senior citizen centers or clubs, generic service organizations, adult education)
- Provide age-appropriate tasks and materials
- Provide community integration opportunities to enhance the person’s social and physical interaction with people without disabilities
- Provide the supports necessary either to maintain or improve the person’s ability to care for him or herself.

## Prong 1 and Prong 2 settings

### Meaningful distinction between the facility and HCBS setting

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p><b>Interconnectedness between the facility and the setting in question, including administrative or financial interconnectedness, does not exist or is minimal.</b></p> <p>The adult day program has an adult day coordinator who does all the planning of the schedule and events for the people in the program. There is an overall administrator who oversees the adult day program and the nursing facility.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p><b>To the extent any facility staff are assigned occasionally or on a limited basis to support or back up the HCBS staff, the facility staff are cross-trained to meet the same qualifications as the HCBS staff;</b> (staff training materials that speak of the need to support individuals’ chosen activities), (person centered planning) (the staff is trained specifically for home and community-based support in a manner consistent with the HCB settings regulations.)</p>

	<p>The staff in the nursing facility do not work in the adult day program during the same shift, as verified with the administrator and a staff person interviewed. If a nursing facility staff person is scheduled to work at the adult day setting, the person is cross-trained to meet the same qualifications as the HCBS staff.</p>
<p><input checked="" type="checkbox"/>Met  <input type="checkbox"/>Unmet  <input type="checkbox"/>Not applicable</p>	<p><b>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the facility setting, to the exclusion of other options;</b> (Describe the proximity to avenues of available public transportation or an explanation of how transportation is provided where public transportation is limited.)</p> <p>People use Americare Mobility vans to get to the senior day program, as well as family or friends who drop them off. There is also a public bus through Minnesota River Valley Transit that goes into St. Peter and Mankato from the Le Sueur area. People are told of these options when they enter the program and as transportation needs come up. Staff members assist people in setting up or planning for their transportation as needed.</p> 
<p><input checked="" type="checkbox"/>Met  <input type="checkbox"/>Unmet  <input type="checkbox"/>Not applicable</p>	<p>The setting provides HCBS services in a space that is distinct from the space that institutional services are provided.</p> <p>The entrance to the adult day program is clearly marked, and the space is not shared by people not attending the day program.</p>



The entrance to the Senior Day Program

## Community engagement opportunities and experiences

Due to the small size of the program, the two people who attend are asked frequently, sometimes even daily, what activities they would like to do. The activities provided are based on the preferences of the two people in the program. They can also look at the nursing facility's calendar and participate in those activities as they desire. The schedule is discussed with the people in the program daily. Some activities people at the setting have done are:

- Local fairs
- Shopping
- Trips to Mystic Lake
- Fishing
- Trips to the Mall of America
- Trip to a favorite pond in St. Peter
- Fishing.

The community activities are sometimes one to one with a staff person, and sometimes one staff with two people. For example, during the site visit, a person interviewed reported how he wanted to complete a craft project and asked the staff to take him to Menards. He said, "We spent a lot of time there and got everything I needed." Then, he said he went back to the setting and spent time working on the craft with staff. He said, "The staff always ask us what we want to do."

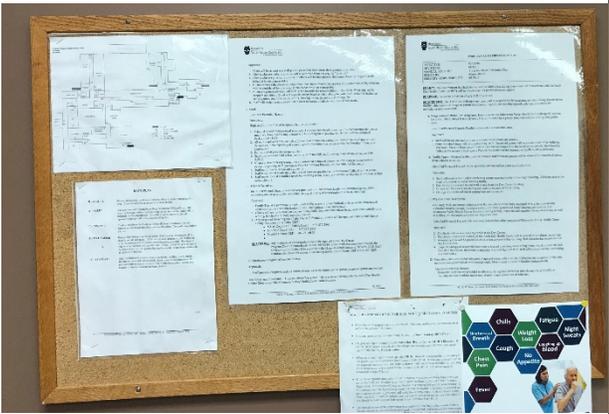
## HCBS characteristics

This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.

HCBS Rule requirement	Compliance status (Please select)
<b>The setting is physically accessible to the individual.</b> <input checked="" type="checkbox"/> Compliant documentation submitted with attestation <input checked="" type="checkbox"/> Observation made during on-site visit	Compliant

<p>The building and the room where adult day services are provided was observed to be fully accessible. An accessible bathroom was also observed, as shown in this picture.</p>		
<p><b>The setting provides people opportunities to access and engage in community life.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>See the community engagement opportunities section.</p> <p>One person interviewed said he loves being “out and about, except when it’s really cold.” When asked if he gets to be out in the community as much as he wants, he said yes and said the staff listens if there is somewhere he wants to go.</p>	<p>Compliant</p>	
<p><b>The setting supports the person’s control of personal resources.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>The senior day program encourages people to not bring money or valuables, but there is a place for them to store their personal belongings, as well as extra clothes and supplies they may need.</p>		<p>Compliant</p>
<p><b>The setting ensures people’s right to privacy.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>People are informed of their right to personal privacy and privacy related to their personal information through a Participant Bill of Rights</p>	<p>Compliant</p>	

<p>document they receive and sign when they start the program. When asked if the staff respects their privacy, one person answered “Oh yes.”</p>	
<p><b>The setting ensures people’s dignity and respect.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>The Participant Bill of Rights, which the people receive and sign, informs them of their right to be treated with dignity and respect. When asked if they feel they are given respect, a person interviewed said, “Yep, they are really nice to us.” A private restroom was observed where cares could be done, if needed, in a respectful way. The storage cabinet for items that may be needed for these cares was close to the restroom to be discreet.</p>	<p>Compliant</p>
<p><b>The setting ensures people’s freedom from coercion and restraint.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>The Participant Bill of Rights, which the people receive and sign, informs them of their right to be free from coercion and restraint. The people are also given the grievance procedures and resources, including phone numbers to use if needed. These are posted on a bulletin board in the adult day area, as shown in this photo.</p>	<p>Compliant</p>
<p><b>The setting optimizes individual initiative, autonomy and independence in making life choices, including daily schedule and with whom to interact.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Due to the small size of the program, the people attending the day program were able to choose what activities they wanted to do during</p>	<p>Compliant</p>



the day. The staff really talked to people and listened to things they would like to try or do.

## Pictures of the HCBS setting

One of the rooms in the senior day program



The dining area of the program



Recliners and comfortable chairs for people



Computer for staff and also for people attending the program, if desired

