

HCBS Final Rule Evidentiary Package

RW Wildflower Lodge



Setting information

Setting name: RW Wildflower Lodge	ID number: 30747
Street address: 9251 Black Oaks Lane, Maple Grove MN 55311	Phone: 763-493-5910
Website, if applicable: https://www.capitalsenior.com/rosearborandwildflowerlodge (https://www.capitalsenior.com/rosearborandwildflowerlodge/)	Date of site visit: 11/19/2018

Waiver service type

Waiver service	Service type
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Customized living

Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 3 Effects of isolating characteristics	Effect of isolating characteristic	Is one of multiple homes located on the same street or adjoining property that shares programming activities

Note: The term people/person (resident for residential settings) refers to people who receive Medicaid HCBS waiver service(s).

General summary

Wildflower Lodge is located in Maple Grove, MN with an estimated population of 68,385 according to the 2015 census. Maple Grove serves as the retail, cultural and medical center of the northwest twin cities metro area.

Wildflower Lodge is a memory care unit with 41 people. It is collocated to Rose Arbor, an assisted living apartment complex, which serves 67 people. Both settings are managed by Capital Senior Living and are located in a residential area of apartment complexes and duplexes near several large retailers, restaurants, and recreational park.

Check this box if setting meets CMS's definition of Continuing Care Retirement Community CMS CCRC definition: A housing community that provides different levels of care based on what each resident needs over time. This is sometimes called "life care" and can range from independent living in an apartment to assisted living to full-time care in a nursing home. Residents move from one setting to another based on their needs but continue to live as part of the community. [Guidance related to CCRC's](https://www.cms.gov/apps/glossary) (https://www.cms.gov/apps/glossary) can be found on CMS's website.

Customized living provider standards/qualifications

Licensure requirements and other state regulations for customized living services clearly distinguish these services/settings from institutional licensure or regulations.

Customized living services are provided in housing with services establishments with the service provider directly licensed as a comprehensive home care provider by the Minnesota Department of Health. Customized living services provide an individualized package of regularly scheduled health-related and supportive services provided to a person who resides in a qualified, registered housing with services establishment.

Customized living service definitions that support the setting requirements

Customized living (CL) and 24-hour CL services include component services designed to meet the person's assessed needs and goals. Individualized CL services may include supervision, home care aide tasks (e.g., assistance with activities of daily living), home health aide task (e.g., delegated nursing tasks), home management tasks, meal preparation and service, socialization, assisting enrollees with arranging meetings and appointments, assisting with money management, assisting participants with scheduling medical and social services, and arranging for or providing transportation. If socialization is provided, it must be part of the service plan, related to established goals and outcomes and not diversional or recreational in nature.

For more details about the component services, including what is covered and distinctions between each see [Customized Living Component Service Definitions, DHS-6790H \(PDF\)](https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6790H-ENG) (<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6790H-ENG>).

Minnesota's Community Based Services Manual (CBSM) provides the requirements for [customized living services](http://www.dhs.state.mn.us/main/id_001787) (http://www.dhs.state.mn.us/main/id_001787).

Prong 3 settings

Meaningful distinction between collocated settings

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Describe the extent to which any shared programming (meals, transportation, social/recreational activities) occurs between different homes/buildings (and how the provider assures interests and preferences are supported at an individual level.</p> <p>There is minimal shared programming between the colocated settings. Activity calendars are specific to the setting with some share activities called entertainment acts. People can choose to attend activities at either setting. Meals are separate. There is a shared bus used to transport people from Rose Arbor and Wildflower Lodge to community activities and scenic drives</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Describe the extent to which staff are scheduled to work with people at the other colocated setting (s) on the same shift:</p> <p>The administrator and staff both report that staff are never scheduled to work at the other setting on the same shift. Staff are crossed trained on person-specific plans between the colocated settings for different shifts.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the other co-located setting (s), to the exclusion of other options; (Describe the proximity to avenues of available public transportation or an explanation of how transportation is provided where public transportation is limited.)</p> <p>Wildflower Lodge is a memory care unit and when people have an assessed need for staff to escort outside the secure environment, staff attend and provide transportation. Family will also provide transportation when available. Metro mobility is also available.</p>

Community engagement opportunities and experiences

Staff reports that people are made aware of activities through a community calendar posted to a bulletin board and the use of a white board. The administrator reported that people are made aware of activities through flyers in the elevator, at the front desk, on the back of the menu, in the newsletter and on the activity board Staff will also observe what the person seems to enjoy and mention that to the Activity Director. Staff also encourage people to participate or attend activities when they have expressed interest in the activities in the past. People are able to choose to attend activities that they enjoy. The person interviewed reported that they are aware of activities through looking at the board. Staff reported that people will go out in the community with family.

Administration and staff reported that community activities include:

- Ice Cream
- Christmas lights
- Family activities
- Church
- Live music
- Shopping trips

Onsite activities people choose include bingo, card and board games, bake sales, exercise groups, gardening in patio area, and music groups.

HCBS characteristics

This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.

HCBS Rule requirement	Compliance status (please select)
<p>Each person at the setting has a written lease or residency agreement in place providing protections to address eviction processes and appeals.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>

HCBS Rule requirement	Compliance status (please select)
<p>Each person has a copy of their signed lease. A copy of the signed lease may be requested at any time by the person.</p>	
<p>Each person at the setting has privacy in his/her sleeping or living unit including a lockable door.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>A person interviewed reported that they can lock their bedroom door. The site visitor noted that the memory care doors have push button locks. When a person lives in the secure memory care unit they are assessed to determine if a HCBS rights modification plan is needed. When a person does not need to modify their HCBS rights, the person is able to freely come and go from the memory care area.</p>	Compliant
<p>The setting facilitates that a person, who shares a bedroom, is with a roommate of their choice.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>A person interviewed reported that they do not share their bedroom.</p>	Compliant
<p>The setting provides people with the freedom to furnish and decorate their bedroom and living unit within the lease or residency agreement.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>A person interviewed reported that they can decorate their room as they wish. Rooms were observed to be individually decorated.</p>	Compliant
<p>The setting provides people the freedom and support to control their daily schedules including access to food at any time.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p>	Compliant

HCBS Rule requirement	Compliance status (please select)
<p>A person interviewed reported that they can get a snack when they want one. The resident council advisory group that plans menus and addresses likes and dislikes. Wildflower Lodge posts the menu which includes an alternate meal choice. Staff review the menu with people and provide alternatives when a person prefers a different meal. Staff reported that people need to ask staff for snacks.</p>	
<p>The setting allows people to have visitors at any time.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>A person interviewed reported that they can have visitors at any time.</p>	Compliant
<p>The setting provides opportunities for people to seek employment and work in competitive integrated settings.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>A person interviewed does not work. Staff and Administration report that no people are currently working and are all retired. Wildflower will accommodate a person’s work or volunteer schedule by providing or coordinating transportation as necessary, assist the person getting ready for work including packing a lunch and medications as needed, and provides a flexible service schedule that aligns with the person’s needs.</p>	Compliant
<p>The setting is physically accessible to the individual.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>A person interviewed reported that they are able to access all areas of their residence.</p>	Compliant
<p>The setting provides people opportunities to access and engage in community life.</p>	Compliant

HCBS Rule requirement	Compliance status (please select)
<input checked="" type="checkbox"/> Compliant documentation submitted with attestation <input checked="" type="checkbox"/> Observation made during on-site visit See Community Engagement section for more details.	
The setting supports the person’s control of personal resources. <input checked="" type="checkbox"/> Compliant documentation submitted with attestation <input type="checkbox"/> Observation made during on-site visit	Compliant
The setting ensures people’s right to privacy. <input checked="" type="checkbox"/> Compliant documentation submitted with attestation <input type="checkbox"/> Observation made during on-site visit	Compliant
The setting ensures people’s dignity and respect. <input checked="" type="checkbox"/> Compliant documentation submitted with attestation <input checked="" type="checkbox"/> Observation made during on-site visit The site visitor observed staff treating people with dignity and respect.	Compliant
The setting ensures people’s freedom from coercion and restraint. <input checked="" type="checkbox"/> Compliant documentation submitted with attestation <input checked="" type="checkbox"/> Observation made during on-site visit The site visitor observed no signs of coercion or restraint. People were moving about inside and outside the setting. Staff and the administrator reported that there are restrictions on people’s activities if they are in memory care that are based on a person’s individual assessed needs. There are no restrictions on when, for how long, or how often people go out.	Compliant
The setting optimizes individual initiative, autonomy, and independence in making life choices, including daily schedule and with whom to interact. <input checked="" type="checkbox"/> Compliant documentation submitted with attestation	Compliant

HCBS Rule requirement	Compliance status (please select)
<input checked="" type="checkbox"/> Observation made during on-site visit A person interviewed reported that they are aware of community activities through postings on a white board and bulletin board. They report they choose not to attend and prefer to stay at home in their room. Staff reported people are choose how each day looks and what they would like to do.	

Pictures of the HCBS setting



Wildflower Lodge Weekly Leisure Schedule
November 19th – November 25th, 2018

Time	Activity	Location
9:15-9:45am	Morning Exercises w/RCAs	On Deer
10:15-11:00am	Music Entertainment w/RCAs & Christine	Rose Arbor 3 rd Floor
1:30-2:00pm	Recreational Activities	On Wings
2:00-2:30pm	Beverage Break w/RCAs	On Wings
2:30-3:45pm	Black & Maroon w/RCAs	Main Lobby
4:00-4:45pm	Life Skills Activities w/RCAs	On Wings
6:30-7:00pm	Evening Snacks w/RCAs	On Wings
Tuesday, November 20th		
9:15-9:45am	Morning Exercises w/RCAs	On Deer
10:15-11:00am	VOX Card Game w/RCAs	On Deer
1:00-1:45pm	Farm Chase & Maze Therapy w/RCAs	On Deer
2:00-2:30pm	Beverage Break w/RCAs	On Wings
3:00-3:45pm	11 Visits on Bird w/RCAs	On Bird
4:00-4:45pm	Life Skills Activities w/RCAs	On Wings
6:30-7:00pm	Evening Snacks w/RCAs	On Wings
Wednesday, November 21st		
9:15-9:45am	Morning Exercises w/RCAs	On Deer
10:15-11:00am	Rise & Shine w/RCAs	Main Lobby
1:00-1:45pm	Craft Class w/RCAs	Main Lobby
2:00-2:30pm	Beverage Break w/RCAs	On Wings
3:00-3:45pm	Thanksgiving Bingo w/RCAs	Main Lobby
4:00-4:45pm	Life Skills Activities w/RCAs	On Wings
6:30-7:00pm	Evening Snacks w/RCAs	On Wings
Thursday, November 22nd		
9:15-9:45am	Morning Exercises w/RCAs	On Deer
10:15-11:00am	Real Care w/RCAs	On Wings
1:00-1:45pm	Thanksgiving Word Search	On Wings
2:00-2:30pm	Evening Snacks w/RCAs	On Wings
3:00-3:45pm	Thanksgiving Coloring	On Wings
4:00-4:45pm	Life Skills Activities w/RCAs	On Wings
6:30-7:00pm	Evening Snacks w/RCAs	On Wings
Friday, November 23rd		
9:15-9:45am	Morning Exercises w/RCAs	On Deer
10:00-11:00am	Catholic Communion w/RCAs Assistance	On Porch
1:00-1:45pm	Puzzle w/RCAs	On Wings
2:00-2:30pm	Beverage Break w/RCAs	On Wings
2:30-3:00pm	Turkey Trial w/RCAs	On Deer
3:00-3:45pm	Afternoon Movie w/RCAs	On Wings
4:00-4:45pm	Life Skills Activities w/RCAs	On Wings
6:30-7:00pm	Evening Snacks w/RCAs	On Wings
Saturday, November 24th		
9:30-10:00am	Morning Exercises w/RCAs	On Deer
10:30-11:30am	Real Care w/RCAs	On Wings
1:30-2:00pm	Beach Ball Toss w/RCAs	On Wings
2:00-2:30pm	Beverage Break w/RCAs	On Wings
2:30-3:45pm	Coffee & Coffee Social w/RCAs	On Deer
4:00-4:45pm	Life Skills Activities w/RCAs	On Wings
6:30-7:00pm	Lawnmower Walk Show & Snack w/RCAs	On Wings
Sunday, November 25th		

Rose Arbor & Wildflower Lodge Combined Programs

- Wildflower Walks to Rose Arbor
- Music Together Program at Rose Arbor
 - Every Friday from April 20, 2018 – June 15, 2018
- The Longest Day Celebration at Rose Arbor
 - Wednesday, June 20th 2018
 - Walk around the neighborhood w/RA & WFL
 - Music Entertainment Social w/Victoria L.
- Amelia Earhart Presentation by Full Bloom at Rose Arbor
 - Tuesday, July 24th 2018 at WFL
 - Escorted Rose Arbor residents to WFL
- Sonus Hearing Service at Rose Arbor
 - August 15th 2018
 - September 19th 2018
- Wellness Fair at Rose Arbor
 - September 10th 2018
- Presentation: Java Jive w/Full Bloom at Wildflower
 - September 28th 2018
- Music Entertainment: James Shaw at Rose Arbor
 - September 28th 2018