

Resource Family Training

Foster Parent College Blended Pre-Service Curriculum

The pre-service training blends four classroom sessions and 10 online courses on FosterParentCollege.com®. Following Meeting I, trainees will view several online courses and then attend Meeting II to discuss content, ask questions, and learn more about caregiving. After Meeting II they will complete more classes online; attend Meeting III; complete more online classes; then reconvene for the final session. Contact Nadine Groven at Nadine.groven@state.mn.us for more information.

The organization of the blended training is as follows:

Meeting I: Orientation and Overview	Classroom
1. The Child Welfare Team	Online
2. Child Abuse and Neglect	Online
3. Parent-Child Attachment	Online
4. Understanding Behavior in Foster Children	Online
Meeting II: Review of Sessions 1-4	Classroom
5. Child Development	Online
6. Cultural Issues in Parenting	Online
7. Working Together with Primary Families	Online
Meeting III: Review of Sessions 5-7	Classroom
8. Caring for Children Who Have Been Sexually Abused	Online
9. Reducing Family Stress	Online
10. Foster Care to Adoption	Online
Meeting IV: Review of Sessions 8- 10 and Wrap-Up	Classroom

Advanced Resource Family Training

CSP9221 Introduction to Mental Health for Resource Families (three hours)

This training provides an introduction to a number of common mental health diagnoses that foster and adoptive children often present within the child welfare system. Each diagnosis is discussed in terms of origins, symptoms, behaviors, treatment, interventions, and cultural considerations. It also includes information and helpful tips about common co-occurring or dual diagnoses. This course meets the training requirement in 245A.

CSP9221B Anxiety (1.5 Hours-Classroom)

This training provides a 1.5 hours overview of a common mental health diagnosis that foster and adoptive children often present within the child welfare system. Anxiety will be discussed in terms of main origins, symptoms, behaviors, treatment, interventions, and cultural considerations. This course meets the annual training requirement in MN Statute 245A. This training is also available on the DHS YouTube (1 Hour) link at: <https://youtu.be/ZU-1hfHmnAM>

CSP9221C Attention Deficit Hyperactivity Disorder -ADHD (1.5 Hours- Classroom)

This training provides a 1.5 hours overview of a common mental health diagnosis that foster and adoptive children often present within the child welfare system. Attention Deficit Hyperactivity Disorder will be discussed in terms of origins, symptoms, behaviors, treatment, interventions, and cultural considerations. This course meets the annual training requirement in MN Statute 245A. This training is also available on the DHS YouTube (1 Hour) link at: <https://youtu.be/7MezNUnJRi4>.

CSP9221D Depression – (1.5 Hours – Classroom)

This training provides 1.5 hours of overview of a common mental health diagnosis that foster and adoptive children often present within the child welfare system. Depression will be discussed in terms of origins, symptoms, behaviors, treatment, interventions and cultural considerations. This course meets the annual training requirement in MN Statute 245A. This training is also available on the DHS YouTube (1 Hour) link at: <https://youtu.be/VfKplLknCa0>

CSP9221E Obsessive Compulsive Disorder – OCD – (1.5 Hours – Classroom) This training provides 1.5 hours of overview of a common mental health diagnosis that foster and adoptive children may present within the child welfare system. Obsessive Compulsive Disorder (OCD) will be discussed in terms of origins, symptoms, behaviors, treatment, interventions and cultural considerations. This course meets the annual training requirement in MN Statute 245A. This training is also available on the DHS YouTube (1 Hour) link at: <https://youtu.be/nzqlkT-D7nk>

CSP9221F Autism – (1.5 hours – Classroom) This training provides 1.5 hours of overview of a common mental health diagnosis that foster and adoptive children may present within the child welfare system. Autism will be discussed in terms of origins, symptoms, behaviors, treatment, interventions and cultural considerations. This course meets the annual training requirement in MN Statute 245A. This training is also available on the DHS YouTube (1 Hour) link at: <https://youtu.be/pmgyBlq-5G8>

CSP9221G Oppositional Defiant Disorder – (1.5 – Classroom) This training provides 1.5 of overview of a common mental health diagnosis that foster and adoptive children may present within the child welfare system. Oppositional Defiant Disorder will be discussed in terms of origins, symptoms, behaviors, treatment, interventions and cultural considerations. This course meets the annual training requirement in MN Statute 245A.

CSP9324 Abusive Head Trauma (AHT) and Sudden Unexpected Infant Death Syndrome (SUIDS) (two hours)

Fulfill your abusive head trauma and SUIDS training requirements at one class. The abusive head trauma training is an overview of the facts of abusive head trauma and the factors that contribute to shaking a young child. The training will also focus on prevention strategies for providers. The SUIDS training will provide accurate information on best practices related to safe sleep environments and infant care.

CSP9339 Introduction to FASDs for Resource Families (three hours)

Participants will learn how Fetal Alcohol Spectrum Disorders (FASDs) can impact emotional, behavioral and physical development from infancy to adulthood. They will learn the differences in brain development and the importance of early assessment and intervention. Participants will explore daily challenges at home and in school and discover effective strategies to address the emotions and behaviors of the children.

CSP9400 Caring for Infant and Toddlers in Foster Care (24 hours)

Acknowledging the unique needs of infants and toddlers in foster care, the *Caring for Infants and Toddlers in Foster Care* curriculum is specifically geared for foster parents. This training uses the knowledge of early childhood development, attachment/relationship, trauma and culture to provide a lens to care for young children and partner with their biological family. Children in foster care have the added trauma of experienced abuse or neglect and being removed from their birth family to foster care. This training supports foster parents in understanding the unique needs of infants and toddlers in foster care within the context of early childhood development and how to identify and strategize the best care for their infant or toddler. This is web-based training with 12 sessions scheduled. This training is not request based due to the nature of the training platform. When scheduled, agencies will be notified so foster families register to participate.

To request training through MCWTS contact: dhs.csp.training@state.mn.us.

MN ADOPT Partnership

MN ADOPT in partnership with MCWTS is offering resource family training.

Please visit MN ADOPT online to request a training and learn more:

<https://www.mnadopt.org/education/professional-collaboration/>

MN Adopt-FostEd: What topics are you most interested in: Attachment, Grief & Loss, Race & Culture, Marital Challenges, LGBTQ youth and families, Effects of Trauma, Child Development, Birth Family Relationships, Sexual Topics Dialogue/Sexual Behaviors, FASD, Mental Health, Anxiety, Kinship Care, Impact on siblings in the home &/or on parenting relationship or other topics not listed?

Updated 12/10/18

