

December 2024

All rights, titles, and interests in this Organizational Self-Assessment: Readiness for ASAM III Tool, including but not limited to its design, functionality, and content, are owned by Advocates for Human Potential and NIATx Foundation. The use of this product does not grant any ownership or intellectual property rights related to this product. Unauthorized use, reproduction, or distribution of the product, in whole or in part, without prior permission is strictly prohibited. For any inquiries regarding permissions, please contact Tara Fischer, M.S.W., LICSW (fischer@ahpnet.com).

TABLE OF CONTENTS

Organizational Self-Assessment: Readiness for ASAM III Tool	3
Introduction	3
How to Use This Tool	4
ASAM III Rating Sheet	6
Current Level of Care	6
Current Staffing	14
Total ASAM III Ratings	19
Checklists	21
Organizational Change Checklist	
Referral Capacity and Partnership Checklist	23
Appendix A: Dimensions	25
Appendix B: Resources	27
Appendix C: References	29



ORGANIZATIONAL SELF-ASSESSMENT: READINESS FOR ASAM III TOOL

Introduction

Since the early 1990's, *The ASAM Criteria* has contributed to the development and refinement of a multidimensional and patient-centered approach to assessing needs, matching individuals to the appropriate level of care, and coordinating the array of services that support recovery across a clearly defined continuum of care. It has evolved to encompass and address emerging science and research, as well as changes in service systems and practices in substance use disorder (SUD) treatment and addiction medicine. This Organizational Self-Assessment: Readiness for ASAM III Tool (ASAM III Tool) is designed for providers to self-assess the alignment of their current addiction treatment programs and services with the ASAM levels of care under the Minnesota Substance Use Disorder System redesign and implementation initiative. This Tool will help identify areas of need in alignment with the Third Edition of *The ASAM Criteria* (ASAM III) at minimum, with the goal of preparing providers for the transition to meet the Fourth Edition of *The ASAM Criteria* (ASAM IV). It includes all levels of care to provide a comprehensive framework for assessing addiction treatment services, even if some levels, like 3.7 and 4.0, are not offered in Minnesota. This approach ensures consistency across states, helps identify service gaps, and supports referrals to care available elsewhere. Including all levels of care also helps providers understand the full continuum of care and plan for future system improvements.

The ASAM Criteria standards promote individualized care, creating a framework for assessing the range of concerns that can impact a patient's treatment and recovery needs. It also provides a consistent approach for making level of care recommendations and identifying when a patient may need to transition to a more or less intensive level of care. Additionally, it creates a shared language across treatment settings, providers, and payers that supports individuals in accessing the appropriate level of care at the right time to address their needs.

ASAM III is grounded in the following guiding principles:

- Admission to treatment is based on patient need.
- Patients receive a multidimensional assessment.
- Care is interdisciplinary, evidence-based, patient-centered, and grounded in shared decision-making, recognizing that many patients with SUD have co-occurring conditions.
- Patients move along the clinical continuum of care based on progress and outcomes.



ASAM III outlines a treatment continuum in four broad levels of care (outpatient treatment, intensive outpatient/high-intensity outpatient treatment, residential treatment, and medically managed inpatient treatment), characterized by varying intensities of clinical treatment services and the degree of medical care or oversight. Within these broad levels of care, decimal numbers indicate treatment intensity levels and define specific types of medical care provided. This tool specifically focuses on these key elements and the differences between program and service standards within these realms as defined in the ASAM III Criteria. It is not intended to specifically address state-specific licensing, billing, or regulatory standards.

The ASAM Criteria structures a multidimensional assessment around six dimensions, which are summarized in Appendix A and, for illustration purposes, compared to the dimension changes reflected in ASAM IV.

How to Use This Tool

The Organizational Self-Assessment: Readiness for ASAM III Tool consists of a level of care and staffing requirement rating sheet reflecting ASAM III. It also includes checklists to self-assess referral capacity and partnerships, as well as readiness for organizational change necessary for implementing and evolving ASAM level of care programs and services. It can be used to assess the current state of licensed programs by level of care and identify areas for improvement or expansion. For program administrators and interdisciplinary teams, it can serve as a mechanism to help recognize and prioritize key areas to address, which will help transition programs and services to prepare for ASAM IV, as well as prepare for emerging service and practice standards in Minnesota.

The Tool is structured so that you may choose to complete it in stages, depending on your program's unique circumstances. For example, some programs may be offering a new level of care or just starting out, while others may be further along in *The ASAM Criteria* implementation process. Providers, regardless of their readiness stage, can begin by first completing the ASAM III Rating Sheet. Then, depending on the insights revealed after completion, some program teams may choose to concentrate on indicated areas needing attention, while other programs that are further along or have fully implemented ASAM III, according to the ASAM III Rating Sheet results, may then choose to explore their readiness to implement ASAM IV. It is up to each program's team to determine their priorities, action steps, and timing for completing this readiness tool.

Step 1: Complete the ASAM III Rating Sheet.

The first step is to complete the <u>ASAM III Rating Sheet</u>, which consists of two sections. You, in partnership with team members, will rate your program's current level(s) of care offered and current staffing. The combined results of each section will help you to identify areas in need of attention and provide insight into your stage of readiness to fully implement ASAM III.



Step 2: Record and Analyze ASAM III Rating Scores.

Record the total scores for your current level(s) of care and staffing in the subsequent <u>tables</u> provided and analyze the results. Determine whether there are any gaps or priorities that need to be addressed. For further exploration, work with your team to complete one or both of the <u>checklists</u>.

Step 3: Address Gaps and Priorities.

As indicated by the rating sheet results and checklists, develop and implement strategies to address any gaps and priorities your team identified to fully align with ASAM III. Refer to the <u>resources</u> to support these implementation efforts.

Step 4: Assess ASAM IV Readiness.

When ready, refer to the Organizational Self-Assessment: Readiness for ASAM IV Tool to assess your SUD treatment program and services alignment with ASAM IV levels of care.



ASAM III Rating Sheet

The ASAM IIII Rating Sheet reflects SUD treatment as a continuum marked by broad levels of service, including an early intervention level. It also reflects settings that are clinically and medically managed.

Clinically managed levels of care are led by clinical staff, including psychologists, social workers, and counselors. A physician leads medically managed levels of care. Importantly, while not all levels of care are required to have medical staff, all are expected to support the continuation of addiction medication. This means all clinically managed levels of care require partnerships with external providers.

This rating sheet is not meant to be all-inclusive but will assist your program's team in identifying components that may need extra attention and focus to reach alignment with the ASAM III Criteria.

Current Level of Care

Please insert the numerical answer that best reflects your program's current circumstances. If the component does not apply to your program, mark the N/A (not applicable) box.

SERVICE LEGEND

Clinically managed level of care

Medically managed level of care

Current	Description	Components	N/A	Never	Sometimes	Mostly	Always
Level of Care			[X]	[1]	[2]	[3]	[4]
Level 0.5:	Services for individuals who, for	Group, individual, or family counseling					
Early Intervention	a known reason, are at risk of	SBIRT services, as well as planned educational experiences that focus on recognizing and avoiding					
	developing substance-related	harmful or high-risk substance use an/or addictive behavior					
	problems, or for those with insufficient information to	Appropriate documentation: Individualized progress notes in patient's record reflecting treatment plan,					
	document a diagnosable SUD	patient's response to interventions, and any adjustments to plan					
	udeament a diagnosable dob	Level 0.5 Total					
Level 1:	Level 1: Outpatient services,	Medical, psychiatric, psychological, laboratory, and toxicology services are available onsite or through					
Outpatient Services	which can be provided in a wide	consultation or referral					
	variety of settings that meet	Fewer than 9 contact hours/week for adults					
	state licensure or certification	Medical and psychiatric consultation available within 24 hours by telephone or in person, within					
	criteria	appropriate timeframe to severity and urgency					



		Individual higheychoed	cial assessment conducted and reviewed by physician			
			ed within a reasonable time			
		Individualized treatmen				
		Co-occurring enhanced	•			
			ation: Individualized progress notes in patient's record reflecting treatment plan,			
		patient's response to in	nterventions, and any adjustments to plan			
			Level 1 Total	 	 	
		Level 1-Withdrawal	Mild withdrawal with daily or less-than-daily outpatient supervision			
		Management (WM):	Availability of specialized psychological and psychiatric consultation and			
		Ambulatory WM	supervision			
		without Extended	Ability to obtain comprehensive medical history and physical examination at			
		Onsite Monitoring	admission by physician, physician assistant, or nurse practitioner			
			Sufficient biopsychosocial screening assessments			
			Individualized treatment plan			
			Daily assessment of progress			
			Transfer/discharge planning beginning at admission			
			Referral and linking arrangements for counseling, medical, psychiatric, and			
			continuing care			
			Affiliation with other levels of care			
			Ability to conduct and/or arrange appropriate laboratory and toxicology tests			
			24 hours/day 7 days per week (24/7) access to emergency medical			
			consultation services as indicated			
			Appropriate documentation: Individualized progress notes in patient's record			
			reflecting treatment plan, patient's response to interventions, and any			
			adjustments to plan			
			Level 1-WM Total			
Level 2:	Outpatient services capable of	Level 2.1: Intensive	9–19 hours structured programming/week for adults, consisting primarily of			
Intensive	meeting complex needs,	Outpatient Services ²	counseling and education about addiction-related and mental health issues			
Outpatient/Partial	delivering treatment services		Individual biopsychosocial assessment conducted			
Hospitalization	during the day, before or after		Individualized treatment plan developed			
Services ¹	work or school, and/or on		Treatment plan reviews conducted at specified times, as noted in plan			
	weekends		Planned format of therapies delivered individually and in groups, including			
			family therapy			

¹ Level 2 referred to as Intensive Outpatient/High Intensity Outpatient Treatment in ASAM IV.

² No major changes in Level 2.1 from ASAM III to IV.



Services serve as point of entry or step down from more		Co-occurring enhanced programs offered by telephone and onsite, or closely coordinated offsite			
intensive levels of care		Appropriate documentation: Individualized progress notes in patient's record reflecting treatment plan, patient's response to interventions, and any adjustments to plan			
		Level 2.1 Total			
	Level 2.5: Partial	20 or more hours of service per week for multidimensional instability not			
	Hospitalization	requiring 24/7 care			
	Services (day	Individual biopsychosocial assessment conducted			
	treatment or partial	Individualized treatment plan developed			
	hospital programs)3	Treatment plan reviews conducted at specified times, as noted in plan			
		Planned format of therapies delivered individually and in groups, including			
		family therapy			
		Co-occurring enhanced programs offered by telephone and onsite, or closely			
		coordinated off site			
		Appropriate documentation: Individualized progress notes in patient's record			
		reflecting treatment plan, patient's response to interventions, and any			
		adjustments to plan			
		Level 2.5 Total			
	Level 2-WM:	Moderate withdrawal with all-day WM support and supervision; at night,			
	Ambulatory WM with	supportive family or living situation			
	Extended Onsite	Availability of specialized clinical consultation and supervision			
	Monitoring	Ability to obtain comprehensive medical history and physical examination at admission			
	Services provided in	Access to psychological and psychiatric consultation			
	regularly scheduled	Affiliation with other levels of care			
	sessions and under	Ability to conduct and/or arrange for appropriate laboratory and toxicology			
	defined set of	tests			
	physician-approved	Individualized treatment plan			
	policies and	Daily assessment of progress			
	physician-monitored	Discharge/transfer planning beginning at admission			
	procedures or clinical	Referral arrangements as needed			
	protocols	24/7 access to emergency medical consultation services			

³ No major changes in Level 2.5 from ASAM III to IV. However, Level 2 is referred to as Intensive High Intensity Outpatient Treatment in ASAM IV.



			Appropriate documentation: Individualized progress notes in patient's record reflecting treatment plan, patient's response to interventions, and any adjustments to plan			
			Level 2-WM Total			
Level 3: Residential/Inpatient	Organized treatment services in 24/7 settings featuring planned	Level 3.1: Clinically Managed Low-	Planned clinical program activities; minimum 5 hours low-intensity SUD treatment/week			
Services	and structured care regimen	Intensity Residential Services	Services to improve patient's ability to structure and organize daily living and recovery tasks			
			Addiction pharmacotherapy			
			Random drug screening			
			Motivational enhancement and engagement strategies			
			Counseling and clinical monitoring, including patient's medication adherence			
			Recovery support and family/significant other support services			
			Physical exam performed within a reasonable time			
			Co-occurring enhanced programs offering appropriate psychiatric services,			
			including medication evaluation and lab services provided onsite or closely coordinated offsite			
			Addiction physician reviews admission decision to confirm clinical necessity			
			Individual biopsychosocial assessment conducted			
			Individualized treatment plan			
			Treatment plan reviews conducted at specified times, as noted in plan			
			Ongoing transition/continuing care planning			
			Appropriate documentation: Individualized progress notes in patient's record reflecting treatment plan, patient's response to interventions, and any			
			adjustments to plan			
		Level 3.2-WM: Clinically Managed	Moderate withdrawal with 24/7 support based on clinical protocols to complete WM			
		Residential WM ⁴	Managed by clinicians			
			Daily clinical services to assess and address needs, including appropriate			
			medical services, individual and group therapies, and withdrawal support			
			Addiction-focused history obtained as part of initial assessment and reviewed with physician during admission			
			Physical exam by physician, physician assistant, or nurse practitioner as part of initial assessment			

⁴ Standards for Level 3.2 - WM (ASAM III) have been integrated into 3.5 (ASAM IV).



	Sufficient biopsychosocial screening assessment to determine level of care			
	Individualized treatment plan developed			
	Daily assessment of progress			
	Discharge/transfer planning beginning at admission			
	Referral arrangements as needed			
	Appropriate documentation: Individualized progress notes in patient's record			
	reflecting treatment plan, patient's response to interventions, and any			
	adjustments to plan			
	Level 3.2 Total			
Level 3.3: Clinically	24/7 care with trained counselors to stabilize multidimensional imminent			
Managed Population-	danger; less intense milieu and group treatment for those with cognitive or			
Specific High-	other impairments unable to use full active milieu or therapeutic community			
Intensity Residential	Daily clinical services			
Services ⁵	Planned clinical program activities			
	Random drug screening			
	Range of cognitive, behavioral, and other therapies administered on an			
	individual and group basis; medication education and management,			
	educational groups, and occupational or recreational activities			
	Counseling and clinical monitoring			
	Regular monitoring of adherence in taking any prescribed medications			
	Daily scheduled professional addiction and mental health treatment services			
	Clinical and didactic motivational interventions			
	Co-occurring enhanced programs offering appropriate psychiatric services			
	Individual biopsychosocial assessment conducted			
	Individualized treatment plan developed			
	Treatment plan reviews conducted at specified times, as noted in plan			
	Ongoing transition/continuing care planning			
	Appropriate documentation: Individualized progress notes in patient's record			
	reflecting treatment plan, patient's response to interventions, and any			
	adjustments to plan			
	Level 3.3 Total			
Level 3.5: Clinically	24/7 care with trained counselors to stabilize multidimensional imminent			
Managed High-	danger and prepare for outpatient treatment; able to tolerate and use full active			
Intensity Residential	milieu or therapeutic community			
mediately modiacintiat	made of disrapsed dominanty			

⁵ Not included in ASAM IV. There is a new chapter on the management of cognitive impairment throughout the continuum of care.



S	Services	Daily clinical services			
		Planned clinical program activities			
		Random drug screening			
		Range of cognitive, behavioral, and other therapies administered on an			
		individual and group basis; medication education and management,			
		educational groups, and occupational or recreational activities			
		Counseling and clinical monitoring			
		Regular monitoring of adherence in taking any prescribed medications			
		Daily scheduled professional addiction and mental health treatment services			
		Clinical and didactic motivational interventions			
		Co-occurring enhanced programs offering appropriate psychiatric services			
		Individual biopsychosocial assessment conducted			
		Individualized treatment plan developed			
		Treatment plan reviews conducted at specified times, as noted in treatment			
		plan			
		Ongoing transition/continuing care planning			
		Appropriate documentation: Individualized progress notes in patient's record			
		reflecting treatment plan, patient's response to interventions, and any			
		adjustments to plan			
		Level 3.5 Total			
	_evel 3.7: Medically	Severe withdrawal with 24/7 nursing care and daily physician care for severe,			
	Monitored Intensive	unstable problems in Dimensions 1, 2, or 3			
l Ir	npatient Services	Counseling available to engage patient in treatment			
		Psychiatric services available onsite, through consultation or referral available			
		within 8 hours by telephone or 24 hours in person			
		Additional medical specialty consultation, psychological lab, and toxicology			
		services available onsite, through consultation, or referral			
		Appropriate documentation: Individualized progress notes in patient's record			
		reflecting treatment plan, patient's response to interventions, and any			
		adjustments to plan			
		Level 3.7 Total	 	 	
	_evel 3.7-WM:	Severe withdrawal with 24/7 nursing care and physician visits as necessary			
	Medically Monitored	Initial assessment reviewed by physician during admission process			
l Ir	npatient WM	Physical exam within 24 hours of admission and appropriate laboratory and			
		toxicology testing (if step-down from Level 4, records of exam within the			
		preceding 7 days evaluated by physician within 24 hours of admission)			
		Sufficient biopsychosocial screening assessments to determine level of care			



			Individualized treatment plan			
			Daily assessment of progress			
			Discharge/transfer planning beginning at admission			
			Referral arrangements as needed			
			Appropriate documentation: Individualized progress notes in patient's record			
			reflecting treatment plan, patient's response to interventions, and any			
			adjustments to plan			
			Level 3.7-WM Total			
Level 4: Medically	Organized services delivered in	24/7 treatment in perm	anent facility with inpatient beds			
Managed Intensive	an acute care inpatient setting	Nursing assessment at	admission and physician approval of the admission			
Inpatient Services		24/7 monitoring: hourly	or more frequent until improvement begins, then every 2 to 3 hours			
		Comprehensive history	and physical exam performed by physician within 12 hours of admission			
		Medically directed eval	uation and treatment services managed by a physician			
		Support systems repres	enting full range of acute care services, specialty consultation, and intensive			
		care services				
		Individualized array of t	reatment services for SUD, as well as any concurrent biomedical, emotional,			
		behavioral, or cognitive	problems			
			notivation, pharmacologic, and other therapies on an individual or group basis			
		depending on needs				
		Health education service	res			
		Planned clinical interve	ntions			
		•	mily, guardian, or significant other(s)			
		Individualized treatmen	•			
			rograms offering skilled assessment and monitoring			
			programs offering appropriate psychiatric services			
			ition: Individualized progress notes in patient's record reflecting treatment plan,			
		patient's response to in	terventions, and any adjustments to plan			
			Level 4 Total	 	 	
		Level 4-WM:	Severe, unstable withdrawal with 24/7 medically directed evaluation and WM			
		Medically Managed	in acute care inpatient setting requiring primary medical and nursing care			
		Intensive Inpatient	services			
		WM	Availability of specialized medical consultation			
			Full medical acute care services			
			Intensive care services as needed			
			Comprehensive nursing assessment at admission			
			Approval of admission by physician			



	Physical exam within 12 hours of admission and appropriate laboratory and toxicology testing		
	Sufficient biopsychosocial screening assessments to determine placement and individualized care plan		
	Discharge/transfer planning beginning at admission		
	Referral arrangements as needed		
	Individualized treatment plan		
	Daily assessment of progress		
	Appropriate documentation: Individualized progress notes in patient's record		
	reflecting treatment plan, patient's response to interventions, and any		
	adjustments to plan		
	Level 4-WM Total		



Current Staffing

Please insert the numerical answer that best reflects your program's current circumstances. If the component does not apply to your program, mark the N/A (not applicable) box.

SERVICE LEGEND

- Clinically managed level of care

- Medically managed level of care

Current Staffing	Description		Components	N/A [X]	Never [1]	Sometimes [2]	Mostly [3	Always [4]
Level 0.5: Early Intervention	Staffed by trained personnel knowledgeable about		nysicians, especially primary care physicians and emergency medicine physicians involved in screening and brief intervention activities					
	biopsychosocial dimensions of substance use and addictive	Certified and/or licensed a activities	ddiction counselors involved in involved in screening and brief intervention					
	disorders	Generalist health care prof brief intervention activities	fessionals (social workers, nurses, health educators) involved in screening and					
			Level 0.5 Total					
Level 1:	Staffed by appropriate	Certified and/or licensed a	ddiction counselors offering most counseling services					
Outpatient Services	credentialed and/or licensed treatment professionals, including generalist physicians	services/medication mana	iction specialist physicians provide medication management or integrated psychosocial rices/medication management in referral from generalist physicians, mental health professionals, or ified and/or licensed addiction counselors					
		_	nterpret patient information regarding biopsychosocial needs and are sychosocial dimensions, including assessment if readiness to change stage					
		Program staff monitor stab occurring conditions	oilized mental health problems and recognize any instability in patients with co-					
		_	nced programs include credentialed mental health trained personnel able to age severe and chronic mental disorders, as well as other psychiatric disorders					
		-	Level 1 Total					
		Level 1 – WM: Ambulatory WM without Extended	Medical and nursing personnel readily available to evaluate and confirm WM in less supervised setting is relatively safe					
		Onsite Monitoring	Staffed by physicians and nurses, although they need not always be present					
			Level 1-WM Total					
Level 2: Intensive Outpatient/Partial	Staffed by an interdisciplinary team of appropriately	Level 2.1: Intensive Outpatient Services ⁷	Physicians with specialty training and/or experience in addiction medicine or addiction psychiatry					

 $^{^{7}\,}$ No major changes in Level 2.1 from ASAM III to IV.



Current Staffing	Description		Components	N/A [X]	Never [1]	Sometimes [2]	Mostly [3	Always [4]
Hospitalization Services ⁶	credentialed addiction treatment professionals,		Program staff able to obtain and interpret information regarding biopsychosocial needs					
	including counselors, psychologists, social workers,		Generalist physicians provide general medical evaluations and concurrent/integrated general medical care					
	mental health professionals, and addiction-credentialed		May also be staffed by allied health staff (certified peer support specialists, patient navigators, health educators, counselor aids)					
	physicians who assess and treat substance use and other		Clinical leadership and oversight offered by an addiction specialist physician Level 2.1 Total					
	addictive disorders	Level 2.5: Partial Hospitalization Services	Program director with minimum of master's degree in field related to clinical behavioral health and at least 5 years documented experience in addiction treatment					
			Physicians with specialty training and/or experience in addiction medicine or addiction psychiatry					
			Program staff able to obtain and interpret information regarding biopsychosocial needs					
			Allied health staff (certified peer support, health educators, patient navigators)					
			Generalist physicians provide general medical evaluations and concurrent/integrated general medical care					
			Clinical leadership and oversight offered by a certified and/or licensed addiction psychiatrist					
			Level 2.5 Total					
		Level 2-WM: Ambulatory WM with Extended Onsite	Physicians and nurses available to evaluate and confirm WM in less supervised setting is safe					
		Monitoring	Counselors, psychologists, and social workers available through WM services or affiliation with entities providing other Level 2 services					
			Level 2- WM Total					
Level 3: Residential Treatment	Staffed 24 hours/day with interdisciplinary team of	Level 3.1: Clinically Managed Low-Intensity	Allied health professional staff available onsite 24/7or as required by licensing regulations					
	appropriately trained and supervised addiction treatment		Appropriately trained/credentialed medical, addiction, and mental health professionals					

⁶ No major changes in Level 2.5 from ASAM III to IV. However, Level 2 is referred to as Intensive High Intensity Outpatient Treatment in ASAM IV.



Current Staffing	Description		Components	N/A [X]	Never [1]	Sometimes [2]	Mostly [3	Always [4]
	professionals acting within their state-regulated scopes of practice	Residential Services ⁸	Clinical staff knowledgeable about biological and psychosocial dimensions of SUD and treatment; able to identify signs and symptoms of acute psychiatric conditions Level 3.1 Total					
		Level 3.2-WM: Clinically Managed Residential	Appropriately credentialed personnel training and competent to implement physician-approved protocols					
		WM ⁹ Level 3.3: Clinical Managed Population-	Level 3.2-WM Total Physicians or physician extenders and appropriately credentialed mental health professionals					
		Specific High-Intensity Residential Treatment ¹⁰	Allied health professional staff available onsite 24/7or as required by licensing regulations					
			Clinical staff knowledgeable about biological and psychosocial dimensions of SUD and treatment; able to identify signs and symptoms of acute psychiatric conditions					
		Level 3.5: Clinically Managed High-Intensity	Level 3.3 Total Licensed or credentialed clinical staff (addiction counselors, social workers, licensed professional counselors)	-				
		Residential Services	Allied health professional staff available onsite 24/7or as required by licensing regulations					
			Clinical staff knowledgeable about biological and psychosocial dimensions of SUD and treatment; able to identify signs and symptoms of acute psychiatric conditions					
			Level 3.5 Total					
		Level 3.7 Medically Monitored Intensive Inpatient Services	Licensed physician monitoring, nursing care, and observation Registered nurse (RN) to conduct alcohol or other drug-focused nursing assessment at admission					

¹⁰ Not included in ASAM IV. There is a new chapter on the management of cognitive impairment throughout the continuum of care.



 $^{^{8}}$ Level 3.1 in ASAM IV was updated to incorporate more clinical service hours and structured services 7 days/wk.

⁹ Standards for Level 3.2 - WM (ASAM III) have been integrated into 3.5 (ASAM IV).

Current Staffing	Description	Components		N/A [X]	Never [1]	Sometimes [2]	Mostly [3	Always [4]
			Addiction psychiatrists and appropriately credentialed behavioral health professionals able to assess and treat co-occurring psychiatric disorders and have specialized training in behavior management techniques and evidence-based practices Additional medical specialty consultation available onsite or referral					
		Level 3.7-WM: Medically	Level 3.7 Total 24/7 nursing care					
		Monitored Inpatient WM	Physicians available 24/7 by telephone; physician visits as necessary RN or other licensed and credentialed nurse available to conduct a nursing assessment on admission; responsible for overseeing and monitoring of					
			progress and medication administration on an hourly basis if needed Licensed, certified, or registered clinicians provide planned regimen of 24/7- directed evaluation, care, and treatment services					
		Interdisciplinary team of appropriately trained clinicians available to assess and treat patients; number and disciplines appropriate to range and severity of patient problems						
			Level 3.7-WM Total					
Level 4: Medically	Staffed 24 hours/day with		ce, physician is frequently an addiction specialist physician					
Managed Intensive	interdisciplinary team of		physician ideally an addiction specialist psychiatrist					
Inpatient Services	appropriately trained and credentialed clinical staff who assess and treat patients with		ed and credentialed professionals providing medical management by ursing care and observation 24/7, and professional counseling services 16					
	Co-occur mental h Co-occur Level 4-V Managed	Facility-approved addiction	n counselors or licensed, certified, or registered addiction clinicians					
		mental health professional						
		Co-occurring capable programs ideally led by a certified addiction psychiatrist						
			Level 4 Total	<u> </u>				
		Level 4-WM: Medically Managed Intensive Inpatient WM	Physicians available 24/7					
			RN or other licensed and credentialed nurse available for primary nursing care and observation 24/7					
			Facility-approved addiction counselors or licensed, certified, or registered addiction clinicians available 8 hours/day					



Current Staffing	Description	Components		Never [1]	Sometimes [2]	Mostly [3	Always [4]
		Interdisciplinary team of appropriately trained clinicians, counselors, social workers, and psychologists available to assess and treat patients with SUD	[X]				
		Level 4-WM Total					



Total ASAM III Ratings

Record your total scores for your current level(s) of care and staffing in the tables below. The higher the scores, particularly in the "Always," category, indicates greater likelihood of optimal readiness of fully implementing ASAM III to fidelity.

- If your responses are predominantly "Never," or "Sometimes," it is recommended that you and your team explore ways to address any identified gaps and discuss how you might prepare to fully implement ASAM III. Consider completing both the <u>organizational change</u> and/or <u>referral capacity and partnership</u> checklists and referring to the <u>resources</u> to support implementation efforts.
- If your responses are a mix of "Never," "Sometimes," "Mostly," and "Always," it is recommended that you and your team identify areas of need and discuss how you might want to address them. Consider completing one or both of the checklists, and refer to the resources to support implementation efforts.
- If your responses are a combination of "Mostly" and "Always," it is recommended that you and your team complete one or both of the <u>checklists</u> to identify any areas of need that could be more closely aligned with ASAM III. When you are ready, consider preparing for ASAM IV using the Organizational Self-Assessment: Readiness for ASAM IV Tool.



Total ASAM III Ratings - continued

Current Level of Care - Total Scores

	N/A	Never	Sometimes	Mostly	Always
Level 0.5					
Level 1					
Level 1-WM					
Level 2.1					
Level 2.5					
Level 2-WM					
Level 3.1					
Level 3.2-WM					
Level 3.3					
Level 3.5					
Level 3.7					
Level 3.7-WM					
Level 4					
Level 4-WM					

Current Staffing - Total Scores

	N/A	Never	Sometimes	Mostly	Always
Level 0.5					
Level 1					
Level 1-WM					
Level 2.1					
Level 2.5					
Level 2-WM					
Level 3.1					
Level 3.2-WM					
Level 3.3					
Level 3.5					
Level 3.7					
Level 3.7-WM					
Level 4					
Level 4-WM					



Checklists

Organizational Change Checklist

Organizational change refers to actions in which a company or business alters a major component of its organization, such as its culture, the underlying technologies or infrastructure it uses to operate, or its internal processes. Organizational change management is the process of guiding organizational change to a successful resolution, typically including three major phases: preparation, implementation, and follow-through.¹¹ The following organizational change checklist will assist you in building on your program's current efforts and preparing for organizational change needed to fully apply the guiding principles of *The ASAM Criteria*.

Please respond to each of the following statements by marking "yes" or "no" in the corresponding columns.

Leaders of my organization are knowledgeable and supportive of ASAM implementation.

A strong leader with authority has been designated to be responsible for making the changes.

Leaders talk about The ASAM Criteria in their communications.

Leaders have been trained on The ASAM Criteria.

An individual is designated to oversee and assure all staff are trained on The ASAM Criteria.

Audits are conducted to assess the level of ASAM integration into the counseling processes.

Ongoing ASAM-specific data review and assessment are used as part of the quality improvement process.

Quality assurance activities are in place to assure fidelity to The ASAM Criteria.

Staff have been cross trained to understand signs and symptoms of mental disorders and can explain uses of psychotropic medications and interactions with SUDs.

Staff job descriptions establish expectation of using The ASAM Criteria in their day-to-day work.

Staff receive training and supervision on how to apply The ASAM Criteria.

Counseling staff have been trained on The ASAM Criteria.

¹¹ Stobierski, T. (2020, January 21). Organizational change management: what it is & why it's important. Harvard Business School online. https://online.hbs.edu/blog/post/organizational-change-management#:~:text=Organizational%20change%20refers%20to%20the%20actions%20in%20which,it%20uses%20to%20operate%2C%20or%20its%20internal%20processes



Total number of "yes" responses:
Total number of "no" responses:

The number of "yes" responses compared with "no" responses will offer insight into the areas your program may want to work on and prioritize to fully implement ASAM III.



Referral Capacity and Partnership Checklist

Assessing your program's capacity for referrals and partnerships is outlined in ASAM III and essential for programmatic implementation success. Please note this is not a comprehensive list. Please refer to the ASAM III Criteria regarding all referrals and partners.

Please respond to each of the following components by marking "yes," "no," or not applicable (N/A) in the corresponding columns.

Level of Care	Component	Yes	No	N/A
All Levels of Care	Access to psychological and psychiatric consultation			
All Levels of Care	Direct affiliations with (or close coordination through referral) to more and less intensive levels of care and supportive housing services			
	Referral for and linking to ongoing treatment of substance use or addictive disorders treatment if person found to meet diagnostic criteria for addiction			
Level 0.5	Referral for medical, psychological, or psychiatric services, including assessment			
	Referral for community social services			
	Availability of specialized psychological and psychiatric consultation and supervision for biomedical, emotional, behavioral, and cognitive problems as indicated			
	Ability to conduct and/or arrange for appropriate lab and toxicology tests, which can be point-of-care testing (capacity to obtain tests at the site of patient care and receive			
Level 1-WM	rapid test results to inform care)			
	24-hour access to emergency medical consultation services should services become indicated			
	Ability to provide or assist in accessing transport services for patients who lack safe transport			
	Medical, psychological, psychiatric, laboratory, and toxicology services through consultation or referral			
Level 2: All	Emergency services available by telephone 24/7			
Level 2. All	Psychiatric and other medical consultation available within 24 hours by telephone and within 72 hours in person			
	Co-occurring enhanced programs offered by telephone and onsite or closely coordinated onsite			
	Telephone or in-person consultation with a physician and emergency services available 24 hrs./day, 7 days a week			
Level 3: All	Co-occurring enhanced programs offering appropriate psychiatric services, including medication evaluation and lab services provided onsite or closely coordinated offsite			
Levet S. Att	Ability to arrange for needed procedures as appropriate to severity and urgency			
	Ability to arrange for pharmacotherapy for psychiatric or medications for addiction treatment			
Level 3.2	Medical evaluation and consultation available 24/7, in accordance with treatment/transfer practice protocols and guidelines			
207010.2	Ability to arrange for appropriate lab and toxicology tests			
Level 3.7	Additional medical specialty consultation, psychological, laboratory, and toxicology services available onsite through consultation or referral			
Level 4	Access to all services and the necessary support systems to include a full range of acute care services, specialty consultation, and intensive care service			



Referral Capacit	/ and Partnership	Checklist - con	tinued

Total number of "yes" responses:	
Total number of "no" responses:	

The number of "yes" responses compared with "no" responses will offer insight into the areas your program may want to work on and prioritize to fully implement ASAM III.



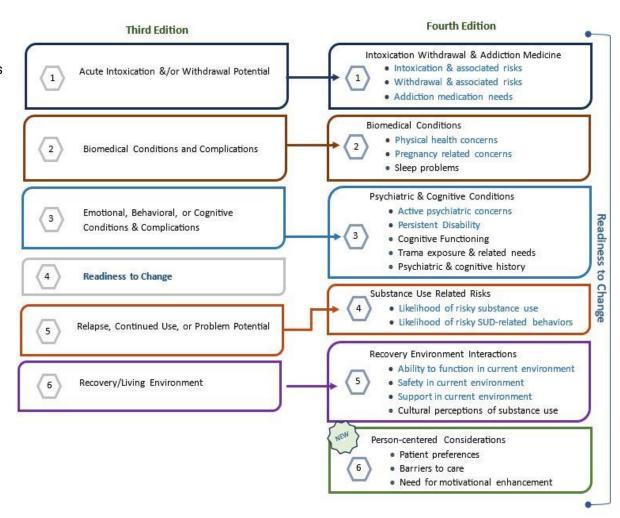
Appendix A: Dimensions

Assessments are clinical evaluations used to obtain information on individual health concerns and related service needs. *The ASAM Criteria* defines two types of assessments: (1) the level of care assessment, used to determine the recommended level of care, and (2) the treatment planning assessment, used to develop an individualized patient treatment plan. Both assessments are multidimensional, considering the broad range of biomedical, psychological, and sociocultural factors influencing patient treatment and recovery support needs.

The assessments are designed to:

- 1. Recommend the least restrictive or intensive level of care where the patient can be safely and effectively treated.
- 2. Maximize the patient's safety and function while minimizing distractions to recovery. 12

The ASAM Criteria uses six Dimensions to create a holistic, biopsychosocial assessment of an individual, which is used for service planning and treatment across all services and levels of care.¹³



Adapted from The ASAM Criteria Fourth Edition Overview of Changes and Introduction to the Fourth Edition of The ASAM Criteria

¹² Waller, R.C., Boyle, M.P., Davis, S. R., et al, eds. *The ASAM Criteria: Treatment criteria for addictive substance-related, and co-occurring conditions, volume 1: adults* (4th ed.). https://www.asam.org/asam-criteria ¹³ lbid.



Appendix A: Dimensions – continued

Slight modifications to these six dimensions were made in ASAM IV.

- The language was simplified to align with the dimensional admission criteria framework of ASAM IV.
- Changes were also made to the admission and assessment criteria.
- Each dimension is broken down into actional subdimensions representing key clinical components of the dimension.
- The dimensions are reordered from ASAM III.
 - o Readiness to change, which was in Dimension 4 of ASAM III, is now considered within each Dimension in ASAM IV.
 - Dimensions 5 and 6 in ASAM III are now Dimensions 4 and 5 in ASAM IV.
- The ASAM IV subdimensions are considered in the dimensional admission criteria and contribute to the level of care recommendation.
- Dimension 6 in ASAM IV is used as a foundation for shared decision-making to determine what level of care the patient is willing and able to engage in. All subdimensions are considered when developing the treatment plan.



Appendix B: Resources

Below is a collection of featured ASAM resources that are intended to serve as a *starting place* for you and your team members and not an exhaustive list. These resources offer implementation guidance, pathways, solutions, or tools that can help you begin to prepare and think through your program's next steps and priorities toward full implementation of *The ASAM Criteria*.

ASAM Criteria Interview Assessment Guide — Developed by ASAM in partnership with UCLA Integrated Substance Abuse Programs.

• Provides first publicly available standardized ASAM Criteria assessment and free to all clinicians.

ASAM Criteria Implementation Guide

- Guides programs to implement *The ASAM Criteria* more effectively *and* uses the evidence-based NIATx model for process improvement.
- Offers training and consultation through The Change Companies in partnership with NIATx.

ASAM Criteria Software

• Suggests diverse ASAM Criteria software solutions to meet practice needs.

ASAM Level of Care Certification — Administered by CARF® International.

- Accepts applications, conducts site surveys, and issues independent certification decisions.
- Assesses treatment program's capacity to deliver an ASAM level of care.
- Offers training and other educational resources to help programs prepare for certification.

ASAM Implementation Tools

• Aims to help clinicians, payers, managed care entities, and policymakers effectively implement *The ASAM Criteria*.

ASAM Training and Consulting

- Offers live and online courses to help counselors, social workers, administrators, utilization review staff and others develop patient-centered service plans and make objective decisions about patient admission, continued service, and transitions in care.
- Arranges for licensed trainers to provide instruction on *The ASAM Criteria*.



Appendix B: Resources - continued

The ASAM Criteria Fourth Edition Overview of Changes

• Summarizes the changes from ASAM III to ASAM IV.

Of note: A summary of changes to the levels of care is included in Appendix A (pages 535-537) of <u>The ASAM Criteria: Treatment Criteria for Addictive Substance-Related, and Co-occurring Conditions.</u>

The ASAM Criteria Fourth Edition Supplemental Reference Materials

• Contains appendices with core reassessment measures, standardized instruments, and resources, as well as abbreviations and acronyms.

Toolkit for Policymakers and Other Stakeholders

- Lists strategies and potential pathways interested states can pursue for integrating The ASAM Criteria.
- Presents an overview of existing implementation tools and highlights examples from current state efforts.
- Features model legislative, regulatory, and contractual language from which interested states can draw.

Quick Resources

• Furnishes a downloadable PDF includes continuum of care overview, core service characteristics, risk rating list and tracker, level of care flow chart, and more.



Appendix C: References

American Society of Addiction Medicine. (2023). <u>ASAM Criteria implementation guide</u>. <u>https://shop.changecompanies.net/products/asam-criteria-implementationguide</u>

American Society of Addiction Medicine. (2023). The ASAM Criteria implementation tools. https://www.asam.org/asam-criteria/implementation-tools

Hazelden Betty Ford Foundation. (2023). Overview of changes for The ASAM Criteria fourth edition. https://e2.hazeldenbettyford.org/l/220262/2023-11-13/2bv7rf

Mee-Lee, D., Shulman, G. D., Fishman, M. J., Gastfriend, D. R., Miller, M. M., & Provence, S. M. (2013). <u>The ASAM Criteria: Treatment for addictive, substance-related, and co-occurring conditions</u> (3rd ed.). American Society for Addiction Medicine. https://www.asam.org/asam-criteria/asam-criteria-3rd-edition

Stobierski, T. (2020, January 21). Organizational change management: What it is & why it's important. Harvard Business School Online.

https://online.hbs.edu/blog/post/organizational-changemanagement#:~:text=Organizational%20change%20refers%20to%20the%20actions%20in%20which,it%20uses%20to%20operate%2C%20or%20its%20internal%20processes

Waller, R. C., Boyle, M. P., Davis, S. R., et al., eds. *The ASAM Criteria: Treatment criteria for addictive substance-related, and co-occurring conditions, volume 1: Adults* (4th ed.). https://www.asam.org/asam-criteria

