

Medical Assistance changes on Oct. 1, 2026, affecting certain noncitizen adults

Communications for partner organizations: Text for email, web portal or letter and call script

Text for email, web portal or letter

Option: Long version

Subject line: Changes to who can get Medical Assistance Oct. 1, 2026 – affects certain noncitizen adults

Please read and share with others. We also recommend watching for mail from the Minnesota Department of Human Services and reading and replying immediately if needed. You can visit their website at <https://mn.gov/dhs/federalchanges/noncitizen-adults/> for more information.

Please let us know if you have any questions or would like this information in another way.

Closing sentiment and signature from organization.

What is changing?

Starting Oct. 1, 2026, a federal law change limits noncitizen eligibility for Medical Assistance. Some noncitizen adults age 21 or older who are not pregnant, will no longer qualify for Medical Assistance (MA) – Minnesota's Medicaid program.

Who can keep MA?

These changes do not affect U.S. citizens or U.S. nationals.

To keep MA starting Oct. 1, 2026, noncitizens age 21 or older who are not pregnant, must have one of these immigration statuses:

- Lawful Permanent Resident (green card holders) who satisfy a five-year waiting period or meet an exception to the waiting period,
- Cuban or Haitian Entrant, or
- Compact of Free Association (COFA) Migrant (from the Marshall Islands, Micronesia or Palau).

MA coverage continues to be available to noncitizens who are:

- Children under age 21 who are lawfully present
- People who are pregnant regardless of their immigration status

How will you know if you keep or lose coverage?

In June 2026, the Minnesota Department of Human Services mailed notices to Minnesota Health Care Programs enrollees who may be affected. The notice was mailed in an envelope with a purple rectangle on the outside that stated, “Important information enclosed.”

The Minnesota Department of Human Services will notify you by mail if your MA coverage will be changing or ending.

The Minnesota Department of Human Services will review case information for people who no longer qualify for MA due to immigration status and see if they qualify for another state health care program. Individuals who meet other program criteria may qualify for MinnesotaCare or another health care program.

- **If the Minnesota Department of Human Services needs more information to see if you are eligible for MinnesotaCare:** The state will mail you a request for more information.
- **If you qualify for MinnesotaCare you may have a premium:** Some MinnesotaCare members must pay a premium before coverage begins. If you are required to pay a premium, you will be mailed a billing notice. The premium amount depends on your income, family size and the number of family members enrolled in the program. Learn more about MinnesotaCare at mn.gov/dhs/health-care/minnesotacare.

What you should do now.

- **Update your contact information if your address or phone number has changed:** <https://mn.gov/dhs/mycontactinfo/>
- **Immediately contact your county or Tribal human services office with updates or corrections:** For example, report if your status has changed and you are now a U.S. citizen or U.S. national; or are a Lawful Permanent Resident, Cuban or Haitian Entrant, or COFA Migrant; or are pregnant. Refer to the online directory of human services offices at mn.gov/dhs/health-care/county-tribal-offices for contact information.
- **Watch for mail from the Minnesota Department of Human Services or your county or Tribal human services office:** Immediately read and respond.

Get information and help.

- **MNsure-certified navigators (assisters):** mnsure.org/help/find-assister for free enrollment help.
- **Legal experts:** lawhelpmn.org – Speak with an immigration attorney if you have questions about your current immigration status.
- **Refugee and Immigrant Helpline:** 800-814-4806 or mn.gov/dhs/resettlement for connection to community resources, including legal help. The Helpline does not assist in applying for healthcare coverage or assess eligibility.

Go to mn.gov/dhs/federalchanges/noncitizen-adults for the latest information.



Scan for more information.

Option: Short version

Subject line: Changes to who can get Medical Assistance Oct. 1, 2026 – affects certain noncitizen adults

[Organization can write their own introduction if preferred.]

To help our communities know about changes to who can get Medical Assistance, **organization's name** is helping the Minnesota Department of Human Services share information affecting certain noncitizen adults starting Oct. 1, 2026.

What is changing?

Starting Oct. 1, 2026, a federal law limits noncitizen eligibility for Medical Assistance. Some noncitizen adults age 21 or older who are not pregnant, will no longer qualify for Medical Assistance (MA) – Minnesota's Medicaid program.

Who can keep MA?

These changes do not affect U.S. citizens or U.S. nationals.

To keep MA starting Oct. 1, 2026, noncitizens age 21 or older who are not pregnant, must have one of these immigration statuses:

- Lawful Permanent Resident (green card holders) who satisfy a five-year waiting period or meet an exception to the waiting period,
- Cuban or Haitian Entrant, or
- Compact of Free Association (COFA) Migrant (from the Marshall Islands, Micronesia or Palau).

MA coverage continues to be available to noncitizens who are:

- Children under age 21 who are lawfully present
- People who are pregnant regardless of their immigration status

What you should do now.

The Minnesota Department of Human Services will review case information for people who no longer qualify for MA due to immigration status and see if they qualify for another state health care program. Individuals who meet other program criteria may qualify for MinnesotaCare or another health care program. You may be asked to provide additional information to determine if you qualify for these programs.

- **Update your contact information if your address or phone number has changed:**
<https://mn.gov/dhs/mycontactinfo/>.
- **Immediately contact your county or Tribal human services office to report pregnancy or immigration status changes:** mn.gov/dhs/health-care/county-tribal-offices.
- **Watch for mail from the Minnesota Department of Human Services or your county or Tribal human services office:** Immediately read and respond.
- **Contact the following for help:**
 - **MNsure-certified navigators (assisters):** mnsure.org/help/find-assister for free enrollment help.
 - **Legal experts:** lawhelpmn.org/immigration-legal-help for questions related to immigration or immigration processes with U.S. Citizenship and Immigration Services.
 - **Refugee and Immigrant Helpline:** 800-814-4806 or mn.gov/dhs/resettlement for connection to community resources, including legal help. The Helpline does not assist in applying for healthcare coverage or assess eligibility.

Go to mn.gov/dhs/federalchanges/noncitizen-adults for the latest information.



Scan for more information.

Call script for automated call, robo call or voicemail message

Option: General awareness

Hello, this is **<organization>** calling with an important message about changes to who can get Medical Assistance starting October 1, 2026. This affects certain noncitizen adults so we are partnering with the Minnesota Department of Human Services to let communities know.

Important: these changes **do not** affect U.S. citizens or U.S. nationals, people under age 21, or people who are pregnant regardless of immigration status. However, some noncitizen adults age 21 or older who are not pregnant, will no longer qualify.

In June 2026, the Minnesota Department of Human Services mailed notices to Minnesota Health Care Programs enrollees who may be affected. The notice was mailed in an envelope with a purple rectangle on the outside that stated, "Important information enclosed."

Some people who do not qualify for MA anymore on October 1, 2026, may qualify for MinnesotaCare or another health care program.

Make sure that you have updated your mailing address with your county or Tribal human services office if you have moved. Watch for additional mail from the Minnesota Department of Human Services or your county or Tribal human services office and read and reply immediately. Also visit [mn.gov forward slash dhs forward slash federal changes](https://mn.gov/dhs/federalchanges/) (mn.gov/dhs/federalchanges/) for more information.

Thank you.