

# HCBS Final Rule Evidentiary Package

## Mission Today – Adult Day



### Setting information

Setting name: Mission Today Adult Day	ID # 1073846
Street address: 5500 Boone Ave., New Hope, MN 55428	Phone: 763-592-2669
Setting website, if applicable: <a href="http://www.theresidenceatnorthridge.com">Mission Today Adult Day</a> ( <a href="http://www.theresidenceatnorthridge.com">http://www.theresidenceatnorthridge.com</a> )	Date of site visit: 8/20/2018

## Waiver service type

Waiver service	Service type:
<input checked="" type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input checked="" type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Adult Day Service

## Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 1 Located in a Public or Private Institution	Name of Institution	Name of Institution The Residence at North Ridge

Note: The term people/person (resident for residential settings) refers to people who receive Medicaid HCBS waiver service

## General summary

<p>Mission Today is located in a residential, commercial / industrial neighborhood of New Hope, Minn. As of July 1, 2017, the Census Bureau estimates New Hope has a population of 21,063. New Hope is a suburb, geographically located northwest of Minneapolis.</p> <p>Mission Today is a licensed adult day facility located on a continuum-of-care campus that offers customized living, independent living and skilled nursing services.</p> <p>Mission Today adult day serves approximately 51 people; 14 people who use the Elderly Waiver/Alternative Care and four people who use Community Access for Disability Inclusion/Community Alternative Care waivers. Mission Today also offers adult day bath, occupational therapy, physical therapy and speech therapy services. Mission Today provides two types of adult day programming: Reminisce Corner and Memory Lane. Memory Lane provides services to people with cognitive challenges.</p>
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## Adult day provider standards/qualifications

Licensure requirements and other state regulations for adult day services clearly distinguish these services/settings from institutional licensure or regulations.

Adult day services provided in center-based facilities are directly licensed by the Department of Human Services. Adult day services serve functionally impaired adults on a regular basis for periods of fewer than 24 hours during the day in a setting that is not a residence.

## Adult day service definitions that support the setting requirements

Minnesota’s Community-Based Services Manual (CBSM) provides the following requirements for Adult day services: [Community Based Services Manual information on Adult Day](http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_002205#) ([http://www.dhs.state.mn.us/main/idcplg?IdcService=GET\\_DYNAMIC\\_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id\\_002205#](http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_002205#))

Adult day services must:

- Be based on the person’s assessed needs
- Be directed toward the achievement of specific outcomes identified in the person’s support plan
- Offer opportunities to participate in community groups (e.g., senior citizen centers or clubs, generic service organizations, adult education)
- Provide age-appropriate tasks and materials
- Provide community integration opportunities to enhance the person’s social and physical interaction with people without disabilities
- Provide the supports necessary either to maintain or improve the person’s ability to care for him or herself.

## Prong 1 and Prong 2 settings

### Meaningful distinction between the facility and HCBS setting

**States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.**

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<b>Interconnectedness between the facility and the setting in question, including administrative or financial interconnectedness, does not exist or is minimal.</b>

	<p>The director of Mission Today indicated the adult day is administratively separate from the residential care setting. The settings have separate policies, directors, nursing, activities and resident assistant staff. The director reported Mission Today is a distinct entity separate from residential care setting.</p>
<p><input checked="" type="checkbox"/> Met  <input type="checkbox"/> Unmet  <input type="checkbox"/> Not applicable</p>	<p><b>To the extent any facility staff are assigned occasionally or on a limited basis to support or back up the HCBS staff, the facility staff are cross-trained to meet the same qualifications as the HCBS staff;</b> (staff training materials that speak of the need to support individuals’ chosen activities), (person-centered planning) (the staff is trained specifically for home and community-based support in a manner consistent with the HCBS settings regulations.)</p> <p>Adult day staff are separate from customized living and nursing facility staff. Staff do not work in both settings.</p>
<p><input checked="" type="checkbox"/> Met  <input type="checkbox"/> Unmet  <input type="checkbox"/> Not applicable</p>	<p><b>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the facility setting, to the exclusion of other options;</b> (Describe the proximity to avenues of available public transportation or an explanation of how transportation is provided where public transportation is limited.)</p> <p>Mission Today owns an accessible van for people to participate in community activities. The van is used to pick up and drop people off at their home in the morning as well as take people to off-site activities. People also rely on Metro Mobility, public transportation as well as family or friends to meet their transportation needs.</p>
<p><input checked="" type="checkbox"/> Met  <input type="checkbox"/> Unmet  <input type="checkbox"/> Not applicable</p>	<p><b>The setting provides HCBS services in a space that is distinct from the space that institutional services are provided.</b></p> <p>The entrance to the Mission Today adult day is located at 8650 55<sup>th</sup> Ave. N, New Hope. The skilled nursing setting is located at 5500 Boone Ave. N, New Hope.</p>



There is a distinct entrance for the adult day setting. Currently there is no sign outside of Mission Today Adult Day. Once inside the building, the space is identified via placard in the building (see image to the left).

## Community engagement opportunities and experiences

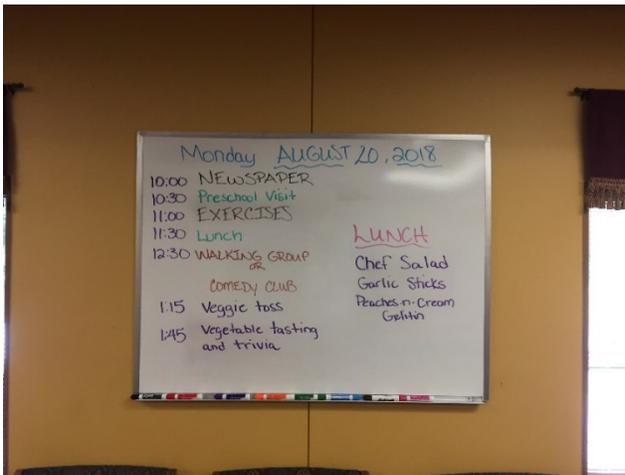
Both director and the employee interviewed indicated people have the choice to experience the community at least once a week. In the end of the report are two calendars that illustrate the different activities between the Memory Lane and Reminisce Corner programs.

Some of the community activities for the Memory Lane Program include:

- Eating at local restaurants
- Walking group
- Shopping

During “activity interest” meetings, the people at the adult day help the activity director plan events and potential future activities. People are informed about all activities at a morning meeting. People are aware of both on-site and off-site activities via a daily board and monthly calendar (see daily activities below)

During the on-site visit, we observed space for people to do independent activities (e.g. paint, draw or play games). Director and staff indicated people may choose alternate activities if a person does not join in group activities.



## HCBS characteristics

<b>This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.</b>	
<b>HCBS Rule requirement</b>	<b>Compliance status (Please select)</b>
<p><b>The setting provides people the freedom and support to control their daily schedules including access to food at any time.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>During the site visit, the director showed the kitchen with refrigerator and snacks. Director indicated people may have food when needed. One person interviewed indicated</p> <div style="display: flex; align-items: center;"> <div style="flex: 1;">  </div> <div style="flex: 1; padding-left: 10px;"> <p>people may go to the vending machine or get something to drink such as juice from the kitchen. One person interviewed said snack time is usually at 2:30.</p> </div> </div>	<p>Compliant</p>
<p><b>The setting provides opportunities for people to seek employment and work in competitive, integrated settings.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>Both director and adult day staff understand this requirement. People are informed about the right to seek employment at the time of orientation. The director and staff indicated they have one person on CADI waiver who works two days per week.</p>	<p>Compliant</p>

<p><b>The setting is physically accessible to the individual.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>No barriers to people accessing all areas were observed at the setting. The common spaces were observed to be accessible. The building had accessibility features.</p>	<p>Compliant</p>
<p><b>The setting provides people opportunities to access and engage in community life.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>See Community Engagement section. Both director and staff indicated people have the choice to go out once a week. The director indicated people have the choice not to do an activity.</p>	<p>Compliant</p>
<p><b>The setting supports the person’s control of personal resources.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>There was a small space for people to store personal items.</p>	<p>Compliant</p>
<p><b>The setting ensures people’s right to privacy.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>



People are informed about the right to privacy when they start the program. For people who receive a bath, the bathing room is a private accessible room.

<p><b>The setting ensures people’s dignity and respect.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>People are informed about the right to dignity and respect when they start the program and staff are trained on the Minnesota Home Care Bill of Rights, which informs staff of a person’s rights in this area.</p> <p>Observed staff from Mission Today Adult Day treating people with dignity and respect. During the site visit, staff were observed addressing people by their chosen names. People at the setting were dressed in clothing of their choosing.</p>	<p>Compliant</p>
<p><b>The setting ensures people’s freedom from coercion and restraint.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>People are informed of their right to freedom from coercion and restraint via the Home Care Bill of Rights given to them at the time of their orientation. Staff are also trained on this document.</p>	<p>Compliant</p>
<p><b>The setting optimizes individual initiative, autonomy and independence in making life choices, including daily schedule and with whom to interact.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input checked="" type="checkbox"/> Observation made during on-site visit</p> <p>People interviewed during site visit indicated they may choose their own schedule and make choices.</p> <p>As informed by the Mission Today Adult Day handbook, people have the opportunity to participate in health services as well as physical, occupational and speech therapy. One person interviewed said she chose to have medical appointments off site while the other person chooses to “stay in the building.”</p>	<p>Compliant</p>

# Pictures of the HCBS setting



## Monthly Calendar for Reminisce Corner Activities

**August 2018**  
Reminisce Corner Program of Mission Adult Day Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Newspaper Cardio ABC Game Lunch Walking Club Ring Toss Encore	Newspaper Church Service or Dice Bingo Exercises Lunch Walking Club Yellow Bean Bag Toss Bingo	Newspaper Outburst Exercises Lunch Walking Club Horseshoes "Name That Tune"
6	7	8	9	10
Newspaper Preschool Visit Exercises Lunch Walking Club Penny Pitch Outburst	Newspaper Cardio Charades Lunch Walking Club Vclero Ball "Life Stories" <b>Outing-Zupa's- Renee</b>	Newspaper Cardio ASAP Game Lunch Walking Club Horserecing Beanie Baby Bingo	Newspaper Church Service or Baking-Bars Exercises Lunch Walking Club Minnesota Game ABC Game	Newspaper Logo Game Exercises Lunch Walking Group Floor Darts "State Fair Word Scramble"
13	14	<b>Olympic Day 15</b>	16	17
Newspaper Preschool Visit Exercises Lunch Walking Club Bean Bag Toss Boggle	Newspaper Cardio "Would You Rather?" Lunch Walking Club Bowling Bell Choir	Newspaper Cardio "Trivia Time" Lunch Walking Club  Olympic Games & Trivia For All!	Newspaper Church Service or Pokeno Exercises Lunch Popcorn Toss Sing-A-Long <b>Outing: Pannekoeken Restaurant-Dawn</b>	Newspaper Summer Trivia Exercises  <b>Picnic on the Patio With Preschoolers</b>  <b>Games and Music</b>
<b>Veggie Day 20</b>	<b>Veggie Day 21</b>	22	23	24
Newspaper Preschool Visit Exercises Lunch Walking Club Veggie Toss Vegetable Tasting & Trivia	Newspaper Cardio Encore Lunch Walking Club Veggie Toss Vegetable Tasting & Trivia	Newspaper Cardio ASAP Game Lunch Walking Club Ladderball Life Stories <b>Outing-Olive Garden-Pam</b>	Newspaper Church Service or Baking-Cookies Exercises Lunch Walking Club Tulip Toss Bell Choir	Newspaper Millionaire Game Exercises Lunch Walking Club Ladderball Bingo
STATE 27	FAIR DAYS 28	29	30	31
Newspaper Preschool Visit Exercises Lunch Walking Club State Fair Games, Music & Treats	Newspaper Cardio State Fair Trivia Lunch Walking Club State Fair Games, Music & Treats	Newspaper Cardio Health Talk Lunch Walking Club Bocci Ball ABC Game Shopping Outing	Newspaper Church Service or Dice Bingo Exercises Lunch  Movie & Popcorn	<b>End of Summer Party 1:00 Apartment Activity Room 12:30- 2:00</b>  <b>Randy Rolloff</b>

# Monthly Calendar for Memory Lane Activities

**August 2018**  
Memory Lane Program of Mission Adult Day Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Cardio Tic-Tac-Toe Putt Hand & Foot Massage	Church Service Exercises Mini Golf Health Ed: "Burn Prevention"	"100 Best TV Shows of All Time" Ladderball Geography Jingo
6	7	8	9	10
Preschool Visit Balloon Ball Health Education: "Burn Prevention"	Cardio Trivia Time Veggie Toss Sing-A-Long	Cardio Password Game Croquet Yahtzee	Church Service Tic-Tac-Toe Toss Health Education: "Burn Prevention"	"125 Women Who Changed the World" Bowling Bingo
13	14	15	16	17
Preschool Visit Ladderball Wheel of Fortune: "Song Favorites"	Cardio Trivia Time Ring Toss Sing-A-Long	Cardio Scattergories Game Horseshoes Nail Care	Church Service Exercises Pocketball Coverall Dice Bingo	"Interesting People" Picnic on the Patio With Preschoolers Games & Music
20	21	22	23	24
Preschool Visit Croquet "Family Feud" Game	Cardio Trivia Time Minnesota Bean Bag Toss Sing-A-Long	Cardio "Travel to the Gensheen Mansion" Popcorn Toss "The Name Game"	<b>State Fair Begins</b> Church Service Exercises Penny Pitch Wheel of Fortune: "State Fair Amusements"	"20 <sup>th</sup> Century Inventions" Bean Bag Toss State fair Bingo
27	28	29	30	31
State Preschool Visit Shuffleboard "State Fair Memories"	<b>State Fair Days</b> Cardio "State Fair Foods" State Fair games	Cardio State fair Memories Movie & Popcorn	Church Service Exercises Ring the Bottle State Fair Bingo	<b>End of Summer Party:</b> Apartment Activity Room Randy Roloff- 1:30

## Public comment summary

**The Minnesota Department of Human Services (DHS) did not receive public comments for this setting.**

DHS sought public comment for 30 days (Feb. 6-March 7, 2019) before submitting settings to the Centers Medicare & Medicaid Services (CMS) for heightened scrutiny.

We sought public comments using the following methods:

- Evidentiary packages posted online on the [Home and Community Based Services Rule transition plan page](#)
- Evidentiary packages specific to each setting posted in a common area of the setting
- Notice of public comment period via [Feb. 6, 2019, eList announcement](#)
- Notification to lead agencies via regional resource specialists
- Notification to providers via email
- Notification to managed care organizations and Area Agencies on Aging (AA) via email
- Notification to long-term care ombudsman office via email
- Disability Hub MN virtual insight panel.

## Minnesota's recommendation

**Date of recommendation: 4/1/2019**

**Minnesota supports that this setting overcomes the institutional presumption and meets the requirements of a home and community-based setting. Provider is required to maintain on-going compliance with all HCBS requirements.**