Age-Friendly Health Care: The Minnesota Northstar GWEP

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Geriatrics Workforce Enhancement Program

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Minnesota Northstar GWEP

The University of Minnesota received a 5-year, $3.74 million award of federal funding from HRSA, the Health Resources and Services Administration Geriatrics Workforce Enhancement Program (GWEP) starting in 2019.

mngwep.umn.edu
5 Years - 5 Goals - 13 Projects

1. Bringing Together Minnesota’s Best Minds in Geriatrics Care and Education
2. Educating Current and Future Health Professionals in Age-Friendly Care
3. Transforming Primary Care Clinics for Age-Friendly Care and Learning
4. Offering Public Education and Support for Families and Direct Care Workers
5. Focusing on Dementia Care, Support, and Safety

Learn more about our 5 goals and 13 projects >
Objective 1. Form a partnerships UMN, Fairview, six additional community organizations to train healthcare professionals in high value care for older adults.
Objective 2. Provide geriatrics training to a wide variety of healthcare providers and interprofessional learners in Minnesota.

Activity 2a. Create Repository of educational resources spanning the full range of health professional trainees and learner levels.

Activity 2b. Deliver innovative and effective Interprofessional Geriatrics Education to address specific primary health needs of older adults.
- Interprofessional Geriatric Case Competition
- Interactive modules
Objective 3. Transform primary care sites to provide Age-Friendly Care throughout the State of Minnesota.

Activity 3a. Transform Primary Care Training Clinics

Activity 3b. Transform Primary Care Practices: all 56 community clinics in the M Health Fairview system’s Primary Care Service Line
What Is Age-Friendly Care?

**What Matters**
Know and align care with each older adult’s specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care.

**Medication**
If medication is necessary, use Age-Friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care.

**Mentation**
Prevent, identify, treat, and manage dementia, depression, and delirium across settings of care.

**Mobility**
Ensure that older adults move safely every day in order to maintain function and do What Matters.
Objective 4. Deliver community-based outreach and support for older adult patients, their families, their caregivers, and direct care workers.

Activity 4a. Support ADRD caregivers through Caring For a Person With Memory Loss conference.

Activity 4b. Deliver the Dementia Educational Experience Roadshow (DEER), skills training and education in-person and via telehealth.

Activity 4c. Offer asynchronous/real-time education.

Activity 4d. Deliver public education programs through Minnesota Public Radio (MPR) and Hippocrates Cafe.
Objective 5. Train/support older adult patients afflicted with ADRD, their families, their caregivers, as well as healthcare providers and health professions learners in respectful, effective, patient-centered care and advocacy.

Activity 5a. Implement Dementia Friends information sessions.

Activity 5b. Implement Dementia Friendly Dental Practices.

Activity 5c. Deliver FIT-AD Certificate Program.

Activity 5d. Prepare geriatric workforce to maximize reasonable safety for LTC Patients—including patients with ADRD.
Northstar GWEP Reach

300 students
180 residents
120 faculty
500 doctors
100 NPs
1,000 staff
Dashboard

Reach of Projects
The maroon counties indicate where Minnesota Northstar GWEP has traveled to serve Minnesota’s older adults, their families, and their caregivers.

872
Health Professional Staff and Learners Engaged

354
Patients / Families / Caregivers Engaged

7
MN Counties Reached
## Age-Friendly Glossary

<table>
<thead>
<tr>
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<th>Who Sponsors It</th>
<th>Key Features</th>
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Governor’s Council for an Age-Friendly MN

DRAFT recommendations with assumptions and appendix 4/16/2020

- The Age-Friendly design for the State of Minnesota will support the 8 Domains of Livability for older Minnesotans, which include Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, Community and Health Services.
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Thank You!

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