Minnesota Board on Aging Caregiver Consultation Training Modules

For people who do not already have a profile in the TrainLink system, they will need to register for a unique ID. Registration information is located on the TrainLink Home Page.

You can access all courses through the TrainLink Older Adult Programs Learning Center. Search the course catalog to find the courses you wish to take. All courses are available without prior permission, except the Caregiver Consultation core curriculum courses. Some courses require prerequisites which are noted in the course description.

Available courses

Caregiver Consultation core curriculum

Approval is required before taking the Caregiver Consultation core curriculum courses. These courses are intended only for people who are or will be providing caregiver consultation. Before beginning these modules, permission must be requested by emailing the MBA inbox. Upon receiving the request, staff will determine eligibility by asking for confirmation that the trainee meets certain qualifications.

Course number	Course title	Minutes
MBA 350	Introduction to Caregiver Consultation Training	5
MBA 351	Overview of Caregiving	15
MBA 352	Defining Caregiver Consultation	15
MBA 353	Assessment	30
MBA 354	Planning	15
MBA 355	Common Caregiving Support Needs	30
MBA 360	Standards and Best Practices Agreement	5

Cultural responsiveness

Course number	Course title	Minutes
MBA 001	Welcome to the MBA Training Center	6
MBA 200	About the Cultural Responsiveness Track	1
MBA 201	Tools for your practice when caring for American Indians	60
MBA 202	Tools for your practice when caring for Somali Older Adults	30
MBA 203	Tools for your practice when caring for Latino Older Adults	90
MBA 204	Tools for your practice when caring for African American Older Adults	30
MBA 205	Tools for your practice when caring for Hmong Older Adults	30

Public benefits knowledge

Course number	Course title	Minutes
AASD-EWF1	Elderly Waiver Foundations 1: Administration and Eligibility	60

Support group facilitation

Course number	Course title	Minutes
MBA 325	Effective Support Group Facilitation	40

Supporting caregivers of people with memory loss

Course number	Course title	Minutes
MBA 323	Respite	30
BA 334	Planning for the Future	15
MBA 331	Supported Decision Making	30
MBA 322	Grief, Loss and Ambiguous Loss in Dementia Caregiving	45
MBA 310	Dementia Overview	30
MBA 311	ALS, FTD and young-onset Alzheimer's disease	15
MBA 312	Dementia Caregiving in Rural Areas	15

Resources for supporting caregivers

Course number	Course title	Minutes
MBA 332	Self-Disclosure and Boundaries	30
MBA 321	Caregiving in Complex Relationships	30
MBA 320	Caregiving Youth	15
MBA 335	Office of Ombudsman for Long Term Care	15
MBA 330	Minnesota CARE Act	15

Supporting caregivers of people receiving Elderly Waiver, Alternative Care and Essential Community Supports

This training is not created or managed by the Minnesota Board on Aging and is intended for professionals who support people who receive Home and Community Based Services through the Elderly Waiver, Alternative Care program or Essential Community Supports program.

Course number	Course title	Minutes
AASD-CARE	Supporting Individuals Caregiving for Older Adults	45