

# HCBS Final Rule Evidentiary Package

## Lilac Homes Assisted Living Memory Care



### Setting information

Setting name: Lilac Homes Assisted Living Memory Care	ID number: 244
Street address: 2725 Parkview Drive, Moorhead	Phone: (701) 866-8388
Website, if applicable: <a href="http://www.lilachomes-memorycare.com/">Lilac Homes</a> (http://www.lilachomes-memorycare.com/)	Date of site visit: 10/11/2018

### Waiver service type

Waiver service	Service type:
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Customized living

## Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 3 Effects of isolating characteristics	Effect of isolating characteristic	Is one of multiple homes located on the same street or adjoining property that shares programming activities

Note: The term people/person (resident for residential settings) refers to people who receive Medicaid HCBS waiver service(s).

## General summary

Moorhead is a city in Clay County, which is located in northwest Minnesota. The population was 42,005, according to 2015 Census estimates.

Lilac Homes Assisted Living Memory Care is located in a residential area, surrounded by single family homes and apartment buildings. Shops and other public places are also nearby. The 2725 Parkview Drive and 2615 Parkview Drive Lilac Homes settings are adjacent to each other.

Lilac Homes Assisted Living Memory Care setting provides services to 15 people. Two are on HCBS waiver programs.

## Customized living provider standards/qualifications

Licensure requirements and other state regulations for customized living services clearly distinguish these services/settings from institutional licensure or regulations.

Customized living services are provided in housing with services establishments with the service provider directly licensed as a comprehensive home care provider by the Minnesota Department of Health. Customized living services provide an individualized package of regularly scheduled health-related and supportive services provided to a person who resides in a qualified, registered housing with services establishment.

## Customized living service definitions that support the setting requirements

Customized living (CL) and 24-hour CL services include component services designed to meet the person's assessed needs and goals. Individualized CL services may include supervision, home care aide tasks (e.g., assistance with activities of daily living), home health aide task (e.g., delegated nursing tasks), home management tasks, meal preparation and service, socialization, assisting enrollees with arranging meetings and appointments, assisting with money management, assisting participants with scheduling medical and social services, and arranging for or providing transportation. If socialization is provided, it must be part of the service plan, related to established goals and outcomes and not diversional or recreational in nature.

For more details about the component services, including what is covered and distinctions between each see [Customized Living Component Service Definitions, DHS-6790H \(PDF\)](https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6790H-ENG) (<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-6790H-ENG>).

Minnesota's Community Based Services Manual (CBSM) provides the requirements for [customized living services](http://www.dhs.state.mn.us/main/id_001787) ([http://www.dhs.state.mn.us/main/id\\_001787](http://www.dhs.state.mn.us/main/id_001787)).

## Prong 3 settings

### Meaningful distinction between colocated settings

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p><b>Describe the extent to which any shared programming (meals, transportation, social/recreational activities) occurs between different homes/buildings:</b></p> <p>There is no shared programming between the colocated Lilac Homes settings. Each setting has separate activities and community activities.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p><b>Describe the extent to which staff are scheduled to work with people at the other colocated setting(s) on the same shift:</b></p> <p>Staff and an administrator report that staff are not scheduled to work at both settings during a shift. The 2725 setting staff report that they will sometimes go to the 2615 setting to help out, but they are scheduled separately. Staff are cross-trained for both settings.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p><b>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the other co-located setting (s), to the exclusion of other options;</b></p> <p>Available transportation options include the setting’s vehicle, Paratransit through Matbus and rides with family members as appropriate. The colocated settings have their own vehicles.</p>

## Community engagement opportunities and experiences

Staff and administrators for the Lilac Homes settings report that people residing there need to be accompanied when going into the community. They talk to people and their family members about past occupations, interests, hobbies to find interest areas and plan fun activities. People are encouraged to attend activities in the community with family members when possible, as well as those coordinated by the setting.

Some community activities people participate in include:

- Railroad yard
- Restaurants
- Church
- Parades
- Bowling



Some onsite activities include pizza parties, blackjack, reading, exercise group, games, trivia, puzzles and current events.

## HCBS characteristics

This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.

HCBS Rule requirement	Compliance status (please select)
<p><b>Each person at the setting has a written lease or residency agreement in place providing protections to address eviction processes and appeals.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	Compliant
<p><b>Each person at the setting has privacy in his/her sleeping or living unit including a lockable door.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Each person residing at the setting was reported to have their own bedroom. People have lockable doors unless there is a rights modification in place due to health and safety.</p>	Compliant
<p><b>The setting facilitates that a person, who shares a bedroom, is with a roommate of his or her choice.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>All of the people residing at the setting had their own bedrooms at the time of the site visit.</p>	Compliant
<p><b>The setting provides people with the freedom to furnish and decorate their bedroom and living unit within the lease or residency agreement.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>People are allowed to decorate their bedrooms based on their personal preferences and with their own belongings.</p>	Compliant



**The setting provides people the freedom and support to control their daily schedules including access to food at any time.**

- Compliant documentation submitted with attestation
- Observation made during on-site visit

Compliant

**The setting allows people to have visitors at any time.**

- Compliant documentation submitted with attestation
- Observation made during on-site visit

Visitors are allowed at any time.

Compliant

**The setting provides opportunities for people to seek employment and work in competitive integrated settings.**

- Compliant documentation submitted with attestation
- Observation made during on-site visit

Compliant

**The setting is physically accessible to the individual.**

- Compliant documentation submitted with attestation
- Observation made during on-site visit

Compliant

<p><b>The setting provides people opportunities to access and engage in community life.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>Opportunities are provided for people to access locations of interest or need within the community.</p>	<p>Compliant</p>
<p><b>The setting supports the person’s control of personal resources.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>
<p><b>The setting ensures people’s right to privacy.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>
<p><b>The setting ensures people’s dignity and respect.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>
<p><b>The setting ensures people’s freedom from coercion and restraint.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>
<p><b>The setting optimizes individual initiative, autonomy, and independence in making life choices, including daily schedule and with whom to interact.</b></p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>This is a memory care facility. Rights modifications are in place for people who have an assessed health and safety need to modify this requirement.</p>	<p>Compliant</p>

# Pictures of the HCBS setting

