

HCBS Final Rule Evidentiary Package

Edgewood Hermantown I Senior Living Adult Day



Setting information

Setting name: Edgewood Hermantown I Senior Living Adult Day	ID number: 298
Street address: 4195 Westberg Road, Hermantown, MN	Phone: 218-723-8905
Website, if applicable: Edgewood Hermantown Adult Day Services (https://www.edgewoodhealthcare.com/adult-day-services/)	Date of site visit: 10/5/2018

Waiver service type

Waiver service	Service type:
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Adult day service

Reason for heightened scrutiny

Prong type	Category	Type of setting
Prong 3 Effects of isolating characteristics	Effect of isolating characteristic	Is one of multiple homes located on the same street or adjoining property that shares programming activities

Note: The term people/person (resident for residential settings) refers to people who receive Medicaid HCBS waiver service(s).

General summary

Hermantown is a city in Saint Louis County, which is in northeastern Minnesota. The population was 9,414 at the 2010 census. The setting is located within walking distance of shopping and residential neighborhoods with private homes.

Edgewood Hermantown I Adult Day program is collocated with the Edgewood Hermantown I Senior Living Community is a customized living setting, and the Edgewood Hermantown II Independent Living/Customized Living programs.

The Edgewood Hermantown I Adult Day setting provides services to 10 people, and 3 are on HCBS waiver programs.

Adult day provider standards/qualifications

Licensure requirements and other state regulations for adult day services clearly distinguish these services/settings from institutional licensure or regulations.

Adult day services provided in center-based facilities are directly licensed by the Minnesota Department of Human Services. Adult day services serve adults who are functionally impaired on a regular basis for periods of fewer than 24 hours during the day in a setting that is not a residence.

Adult day service definitions that support the setting requirements

Minnesota's Community Based Services Manual (CBSM) provides the following requirements for [Adult day services](http://www.dhs.state.mn.us/main/id_002205) (http://www.dhs.state.mn.us/main/id_002205):

Adult day services must:

- Be based on the person's assessed needs
- Be directed toward the achievement of specific outcomes identified in the person's support plan
- Offer opportunities to participate in community groups (e.g., senior citizen centers or clubs, generic service organizations, adult education)
- Provide age-appropriate tasks and materials
- Provide community integration opportunities to enhance the person's social and physical interaction with people without disabilities
- Provide the supports necessary either to maintain or improve the person's ability to care for him or herself.

Prong 3 settings

Meaningful distinction between colocated settings

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

Determination	Summary
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Describe the extent to which any shared programming (meals, transportation, social/recreational activities) occurs between different homes/buildings:</p> <p>Services at Hermantown Adult Day are stand-alone, not intermingled with the customized living settings.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Describe the extent to which staff are scheduled to work with people at the other colocated setting (s) on the same shift:</p> <p>The administrator reported that there is no shared staff coverage with the Adult Day services setting and the colocated settings.</p>
<input checked="" type="checkbox"/> Met <input type="checkbox"/> Unmet <input type="checkbox"/> Not applicable	<p>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the other co-located setting (s), to the exclusion of other options;</p> <p>Transportation is shared between the colocated settings, as they share vehicles.</p>

Community engagement opportunities and experiences

Our life enrichment department has clarified outings outside of our community and into the greater community by denoting a “V” next to these events on the calendar. These calendars are posted on a corkboard in the common areas for all to see and plan for activities they choose to participate in.

With any admission, a “Social History Form” is completed with our residents and their families. This form is attached for your review. This form, and conversation upon admission, allows our life enrichment department to create patient centered activities and interests around this resident. Conversations between staff, residents, and families are ongoing day to day to ensure residents are reminded of activities they may participate in that peak their interests.

Some community activities include:

- Rose garden tour
- Restaurants
- Out for ice cream/doughnuts
- Shopping.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
May 2019 Manor Memory Care & Adult Day Service			9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:45 Therapy Dog Lucy 2:00 Matching Game 2:30 Cider Social 3:00 Music: Bill & Kate Isles <i>by</i>	1 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 2:00 Word Puzzles 2:30 Helping Group 3:00 Hot Cocoa Social	2 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Bean Bag Toss 2:00 Book Club 2:30 Categories Game 3:00 Ice Cream Social	3 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Three or More Dice Game 4:00 Colorful Expressions 7:00 Lawrence Walk – Ch 8
9:30 Coffee and Chat Daily News & Chronicle 11:15 Mind Jog / Trivia 3:00 Sunday Social 4:00 Just Between Us <i>Cross de Mayo</i>	5 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Stories with Karla 1:30 Puzzles or Games 2:30 Social/ Snack 3:30 Men's Group <i>Ramazan</i>	6 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Bingo 2:30 Let's Learn about... Orcas 2:45 Social/ Snack 3:00 Music: Glen Lapsi	7 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:45 Therapy Dog Lucy 2:00 Trivia Challenge 2:30 Can You Picture This? 3:00 Cider Social	8 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 12:45 Ice Cream with scenic ride - V 2:00 Word Puzzles 2:30 Helping Group 3:00 Hot Cocoa Social	9 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Baking Group 2:00 Book Club 2:30 Trivia Challenge 3:00 Ice Cream Social	
12 9:30 Coffee and Chat Daily News & Chronicle 11:15 Mind Jog / Trivia 4:00 Reminisce 6:30 "Night Owl" Games <i>Mothers Day</i>	13 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Stories with Karla 1:30 Bingo 2:00 Bowling 3:00 Trivia Challenge & Snack 3:30 Men's Group <i>Victoria Day / Canada</i>	14 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Bingo 2:30 Let's Learn about... Meerkats 3:00 Colorful Expressions & Snack	15 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:45 Therapy Dog Lucy 2:00 Bean Bag Toss 2:30 Matching Game 3:00 Cider Social	16 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 12:45 Rose Garden tour - V 2:00 Word Puzzles 2:30 Helping Group 3:00 Hot Cocoa Social	17 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Dice Game: Three or More 3:00 Colorful Expressions 7:00 Lawrence Walk – Ch 8 <i>Armed Forces Day</i>	
19 9:30 Coffee and Chat Daily News & Chronicle 11:15 Mind Jog / Trivia 3:00 Sunday Social 4:00 Banana Grams 6:30 "Night Owl" Games	20 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Stories with Karla 1:30 Puzzles or Games 2:30 Bowling 3:00 Reminisce & Snack 3:30 Men's Group <i>Victoria Day / Canada</i>	21 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Bingo 2:30 Name 5 Game 3:00 Colorful Expressions & Snack	22 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:45 Therapy Dog Lucy 2:00 Bat the Balloon 2:30 Cider Social 3:00 Guitar Music: Tom	23 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 12:45 Scenic ride & Doughnuts - V 2:00 Word Puzzles 2:30 Helping Group 3:00 Hot Cocoa Social	24 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Dice Game: Three or More 3:00 Colorful Expressions 7:00 Lawrence Walk – Ch 8	
26 9:30 Coffee and Chat Daily News & Chronicle 11:15 Mind Jog / Trivia 3:00 Sunday Social 4:00 Jigsaw Puzzles 6:30 "Night Owl" Games	27 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 11:00 Stories with Karla 1:30 Worship 2:00 Bowling 2:30 Puzzles 3:00 Reminisce & Snack <i>Memorial Day</i>	28 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Bingo 2:00 Getting to Know You... 3:00 Colorful Expressions & Snack	29 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:45 Therapy Dog Lucy 2:30 Trivia Challenge 2:45 Bowling 3:00 Cider Social	30 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 12:45 Park Outing - V 2:30 Helping Group 3:00 Hot Cocoa Social 3:30 Accordion Music: Squeezy Wes Miller	31 9:30 Coffee and Chat Daily News & Chronicle 10:00 Strength & Balance 10:30 Mind Stretchers 1:30 Word Puzzles 2:00 Book Club 2:30 Categories Game 3:00 Ice Cream Social *Fresh baked goods made daily * V = Scenic ride & community outing	

HCBS characteristics

This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting attestation documentation, on-site observation or both.

HCBS Rule requirement	Compliance status
<p>The setting provides opportunities for people to seek employment and work in competitive integrated settings.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>People at the Edgewood Hermantown’s Adult Day Services setting are of retirement age and have memory care/safety needs.</p>	Compliant
<p>The setting is physically accessible to the individual.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	Compliant
<p>The setting provides people opportunities to access and engage in community life.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p> <p>See community engagement section.</p>	Compliant
<p>The setting supports the person’s control of personal resources.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	Compliant
<p>The setting ensures people’s right to privacy.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	Compliant
<p>The setting ensures people’s dignity and respect.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	Compliant

<p>The setting ensures people’s freedom from coercion and restraint.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>
<p>The setting optimizes individual initiative, autonomy and independence in making life choices, including daily schedule and with whom to interact.</p> <p><input checked="" type="checkbox"/> Compliant documentation submitted with attestation</p> <p><input type="checkbox"/> Observation made during on-site visit</p>	<p>Compliant</p>

Pictures of the HCBS setting

No additional pictures.

Public comment summary

The Minnesota Department of Human Services (DHS) did not receive public comments for this setting.

DHS sought public comment from Aug. 5, 2019 to Sept. 4, 2019, before submitting settings to the Centers Medicare & Medicaid Services (CMS) for heightened scrutiny.

We sought public comments using the following methods:

- Evidentiary packages posted online on the [Home and Community Based Services Rule transition plan page](#)
- Evidentiary packages specific to each setting posted in a common area of the setting
- Notice of public comment period via [Aug. 5, 2019, eList announcement](#)
- Notification to lead agencies via regional resource specialists
- Notification to providers via email
- Notification to managed care organizations and Area Agencies on Aging (AA) via email
- Notification to long-term care ombudsman office via email
- Disability Hub MN virtual insight panel.

Minnesota's recommendation

Date of recommendation: 10/1/2019

Minnesota supports that this setting overcomes the institutional presumption and meets the requirements of a home and community-based setting. Provider is required to maintain on-going compliance with all HCBS requirements.