

Post intervention de-briefing checklist

Questions	Direct support person's response
What intervention was used from plan?	
What tools from the Calm/Ideal stage were used to keep the person in this stage?	
Describe the trigger/antecedents the person displayed?	
What methods did you use to support the person as they were escalating?	
What methods did you use during the crisis situation?	
What methods did you use to assist the person to recover?	
Any additional training needed?	