

Direct Support Person's Understanding of PSTP Training Tool

Questions	Direct support person's response
What target interventions in crisis can be utilized? (EUMR, calling 911, etc.) If EUMR, demonstrate approved restraints.	
What are example positive support strategies listed in the PSTP?	
What are the Target Behaviors being targeted for elimination?	
How do these Target Behaviors affect the person's quality of life?	
What does the Calm/Ideal stage look like for the person?	
What methods can you use to assist the person to stay in this stage?	
What are Triggers the person may show?	
What are methods you can use to support the person to avoid or cope with these triggers?	
What is the person's affect/behavior when escalated?	
How can you best support the person when escalated?	
What does crisis stage look like?	

Questions	Direct support person's response
What interventions can you use when person is in crisis stage?	
What does it look like when the person is coming out of the behavior/Recovery stage?	
How can you support the person to continue to recover?	
What are the Quality of Life Indicators in the plan?	
What are ways listed that we can support the person to support their quality of life?	
Any additional training needed?	