

Agenda: Health Services Advisory Committee

Date: September 13th, 2023 – 5:30 – 7:30PM

Link to meeting:

<https://minnesota.webex.com/minnesota/j.php?MTID=mf0851f25dbeb40e2f82e2438aae8141d>

Note: All council members and staff are meeting remotely

If needing to join in person, there will be streaming of the meeting and limited staff available on site at:
Elmer Andersen Building, 540 Cedar Street., St Paul, Minnesota 55101, Room 2360

Welcome

Welcome – grounding and group reminders

Housekeeping

Voting to approve July Minutes

Gender Affirming Care Summary

Meeting format + Legislative authority

Chiropractic Expansion

Topic Introduction

Chiropractic background

Current coverage

Questions to Council

Michele Maiers DC, MPH, PhD

Dr. Maiers is the Executive Director of Research and Innovation and a professor with Northwestern Health Sciences University in Bloomington, Minnesota. Northwestern Health and Sciences University is accredited by the Higher Learning Commission and is the leading University in the Midwest for Integrative Medical Degrees. Dr. Maiers has over 30 peer reviewed publications, and is President, and Board Member of the American Chiropractic Association.

Dave Elton, DC

Dr. Elton has over 25 years of experience working within the intersection of Chiropractic and insurance care, with over 18 of those years as Senior Vice President in Clinical Programs for Optum, then moving to VP of Musculoskeletal Research and Development of Optum.

Conclusion and Adjournment

- Next meeting date/time
- Next meeting tentative agenda
- Adjournment

Chiropractic Topic Definitions + Acronyms

Acute Pain: pain that results from a specific injury, disease and/or inflammation. Generally comes on suddenly and the cause of acute pain can be diagnosed.

Chronic Pain: medical disease that can be made worse by environmental and psychological factors. Pain that is persistent, often lasting more than six months.

Soft Tissue Therapy: hands on treatment to break up adhesions on your muscles, fascia, and ligaments.

Spinal Manipulation: is a technique where practitioners use their hands or a device to supply a controlled thrust to a joint or spine. The amount of force can vary but the thrust moves the joint more than it would on its own.

Subluxation: a partial dislocation or slight misalignment of the vertebrae.

Therapeutic Exercise: type of physical activity used to treat or prevent injuries and improve functional outcomes. Types of therapeutic exercise involves movement prescribed to correct impairments, restore muscular and skeletal functions and/or maintain a state of well-being.

Neuromuscular: relating to the nerves and muscles.

Neuromusculoskeletal: describes the interactions between nerves, muscles, soft tissue, and bones.

MHCP: Minnesota Health Care Programs (Minnesota Medicaid and MinnesotaCare)