

Agenda: Health Services Advisory Council

Date: July 12th, 2023, 5:30 -7:30PM

Link to meeting: <https://minnesota.webex.com/minnesota/j.php?MTID=mf0851f25dbeb40e2f82e2438aae8141d>

Note: All committee members and staff are meeting remotely

If needing to join in person, there will be streaming of the meeting and limited staff available on site at:

Elmer Andersen Building, 540 Cedar St., St. Paul, Minn. 55101, Room 2360

Welcome

Welcome – grounding and group reminders.

Housekeeping:

- Voting to amend May Minutes
- Voting to approve June Minutes

Discussion and Recommendations

Public guests will be given brief time to comment on each question prior to committee vote.

The committee will be presented with questions one at a time to discuss and vote.

1. Should MHCP have age criteria for breast removal? And if so, what age criteria?
Recommendation reached to not add age criteria for breast removal.
2. Should MHCP have hormone criteria for breast removal? And if so, what criteria?
Recommendation reached to not add hormone criteria for breast removal for adults or adolescents.
3. Should MHCP require hormone therapy prior to breast augmentation? And if so, what is the appropriate length of time?
Recommendation reached to follow WPATH recommendations for hormone therapy prior to breast augmentation.
4. Should there be age criteria for genital surgery? And if so, what age criteria?
Recommendation reached to follow WPATH recommendations except for age 18 for phalloplasty.

5. Should MHCP have criteria around members living in their gender role prior to gender affirming surgery? And if so, what criteria?
Recommendation reached: To follow WPATH recommendations for gender role prior to affirming surgeries.
6. Should MHCP require letters of recommendation prior to gender affirming surgery? And if so, how many and from whom?
Recommendation to require one letter of recommendation. From whom, and what the contents of the letter were tabled for July 12th discussion.
7. Should hair removal be covered as medically necessary treatment?
8. Should MHCP cover vocal therapy within gender affirming care?
9. Should MHCP cover vocal surgery within gender affirming care?

Conclusion + Adjournment

- Next topic decision: Chiropractic expansion
- Summer break
- Next meeting date
- Next meeting tentative Agenda
- Adjournment



Tentative depending on remaining discussion and votes needed.

Policy Decision Making Considerations

1. Is this service allowed under current state and federal law?
2. Are commercial policies covering this service?
- 3. What are the best practice standards?**
- 4. Is there evidence that the service is medically necessary?**
5. Is this the least expensive appropriate health service available?
6. Is this an effective and appropriate use of program funds?
- 7. What is the equity impact of this policy on our members?**

Common terms, definitions, and acronyms

Acronym	Meaning
DHS	Department of Human Services
HSAC	Health Services Advisory Committee
MHCP	Minnesota Health Care Programs -Medical Assistance (Medicaid), MinnesotaCare
WPATH	World Professional Association for Transgender Health
MHP	Mental Health Provider
Tx	Treatment
Term	Definition
Mastectomy	A surgery to remove all breast tissue from the breast ¹ .
Breast Augmentation	A surgery to increase breast size ²
Genital Surgery	<p>Encompassing surgeries done on genitals for gender affirming care. May include, but not limited to:</p> <ul style="list-style-type: none"> ○ Hysterectomy – surgical removal of the uterus ○ Salpingo-oophorectomy – surgical removal of one, or both ovaries and fallopian tube ○ Vaginectomy – surgical removal of all, or part of the vagina ○ Orchiectomy – surgical removal of one or both testicles ○ Vaginoplasty – any surgical procedure that results in the construction, or reconstruction of the vagina. ○ Penectomy – Surgical removal of the penis