

## Checking content retention of the Positive Support Transition Plan (PSTP)

After direct support professionals (DSPs) review a person's PSTP, have them independently fill out the Understanding the Positive Support Transition Plan – answer sheet. Then review their answers together using this tool.

Questions from the answer sheet	Is the DSP's response consistent with the PSTP?	What training does the DSP need?	Can the DSP demonstrate the skill with the person?	Does the PSTP need revisions?
What are the target behaviors? How do target behaviors interfere in the person's life?	Yes No			
What are the person's triggers?	Yes No			
How can you help the person cope with these triggers? How can you prevent these triggers?	Yes No			
What does escalating look like for the person?	Yes No			
How can you help the person return to calm?	Yes No			
What does crisis look like for the person?	Yes No			
What can you do when person is in crisis?	Yes No			
What does it look like when the person is recovering?	Yes No			
What are the Quality of Life Indicators in the plan? How can you support the person's Quality of Life?	Yes No			