National Core Indicators
Surveys

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Background

• Collaborative effort between states, state agencies, the National Association of State Directors of Developmental Disabilities Services (NADDDS), the National Association of States United for Aging and Disabilities (NASUAD), and Human Services Research institute (HSRI).

• Standard set of performance and outcome measures
  • Track individual state progress over time
  • Compare results across states
  • Establish national benchmarks

• Strengthen LTSS policy
• Inform quality assurance activities
• Establish quality improvement priorities
Suite of Surveys

• Face-to-face interviews (with background information from MMIS)
  • Adults with intellectual and developmental disabilities (NCI-AC)
  • Older adults and adults with physical disabilities (NCI-AD)

• Mailed Surveys
  • Families of adults with I/DD living at home
  • Families/Guardians of adults with I/DD living in the community
  • Families of children with I/DD

• On-line Survey
  • Staff Stability Survey regarding direct support professionals serving adults with I/DD
General Scope of the Surveys

- Choice and Decision-Making
- Community Participation
- Satisfaction
- Relationships
- Access
- Health and Wellness
- Safety, Security, and Privacy
- Respect and Rights
- Service and Care Coordination
- Information and Planning
- Work/Employment
- Self-Direction of Services
- Family Outcomes
- Everyday Living and Affordability
- Home and Physical Environment
- Healthcare
## 2015 Findings: Adults with I/DD

### Overall Health

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Fairly Good</th>
<th>Poor</th>
<th>DK</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>MN</td>
<td>24%</td>
<td>43%</td>
<td>29%</td>
<td>3%</td>
<td>1%</td>
<td>405</td>
</tr>
</tbody>
</table>

### Access: Getting needed services

<table>
<thead>
<tr>
<th></th>
<th>Overall in state</th>
<th>N</th>
<th>ICF</th>
<th>Group Home</th>
<th>Individual Home</th>
<th>Parent’s Home</th>
</tr>
</thead>
<tbody>
<tr>
<td>MN</td>
<td>84%</td>
<td>400</td>
<td>96%</td>
<td>92%</td>
<td>93%</td>
<td>69%</td>
</tr>
</tbody>
</table>
# 2015 Findings: Adults with I/DD (cont)

## Wellness:

### Regular Physical Activity

<table>
<thead>
<tr>
<th></th>
<th>Overall</th>
<th>N</th>
<th>ICF</th>
<th>Group Home</th>
<th>Individual Home</th>
<th>Parent’s Home</th>
</tr>
</thead>
<tbody>
<tr>
<td>MN</td>
<td>36%</td>
<td>399</td>
<td>19%</td>
<td>36%</td>
<td>40%</td>
<td>39%</td>
</tr>
</tbody>
</table>

### Body Mass Index

<table>
<thead>
<tr>
<th></th>
<th>Under weight</th>
<th>Normal Weight</th>
<th>Overweight</th>
<th>Obese</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>MN</td>
<td>5%</td>
<td>35%</td>
<td>28%</td>
<td>33%</td>
<td>363</td>
</tr>
</tbody>
</table>
## 2015 Family Survey Results

<table>
<thead>
<tr>
<th>Question</th>
<th>Adults</th>
<th>Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical care needed once a month or more</td>
<td>16%</td>
<td>28%</td>
</tr>
<tr>
<td>Access to health services</td>
<td>99%</td>
<td>100%</td>
</tr>
<tr>
<td>Satisfied with health service providers</td>
<td>97%</td>
<td>95%</td>
</tr>
<tr>
<td>Dental access</td>
<td>95%</td>
<td>97%</td>
</tr>
<tr>
<td>Satisfied with dental providers</td>
<td>94%</td>
<td>97%</td>
</tr>
<tr>
<td>Access to mental health services</td>
<td>94%</td>
<td>94%</td>
</tr>
<tr>
<td>Satisfied with quality of mental health providers</td>
<td>95%</td>
<td>93%</td>
</tr>
</tbody>
</table>
2016 Aging and Disability Survey

**Older Adults**
- Up to 2400 Older adults receiving
  - State Plan Funded Home Care
  - Alternative Care Program
  - Elderly Waiver
  - Older Americans Act funded services
- Results will be broken down by:
  - HCBS Program
  - Race and ethnicity
  - Managed care organization (EW only)

**Adults with physical disabilities**
- Up to 2400 People under age 65 with a physical disability receiving
  - Services through a HCBS waiver
  - State Plan Funded Home Care
- Results will be broken down by:
  - Region
  - Race and ethnicity