

What does the Home and Community-Based Services Rule (HCBS) mean for me?

My best life, my way.

It's my right to live, learn, work and enjoy life in the community. The Americans with Disabilities Act, the Olmstead decision and other legal actions ensure these rights.

I'm hearing about changes to my services to strengthen these rights and help me lead the community life I want.

These changes are sparked by a new rule called the Home and Community-Based Services rule, or HCBS for short. It gives me more choices about how I live, work and enjoy my life in the community.

The HCBS rule will help to make sure:

- **I know** my rights and my options. I have enough information to make choices.
- **I control** my services. I choose how, when and where I get my services.
- **I participate** in my community. I participate in ways that are important to me.
- **I choose** where I live and whom I live with. I choose if I work—and what type of work I do. I choose what I do with my time and money.

What do the changes mean for me?

My plan and my services will be person-centered. This means that it's about me—my likes, interests, goals and choices. It's my plan.

If I'm already living and working in the community, I can continue to do so. I might choose to live in a different place or do a different type of work. I might do different things with my free time.

My service providers may need to make changes to support me. As I make more decisions for myself, my services might change.

With more choices, I can create my best life.

How can I learn more?

- **Watch** the video at bit.ly/HCBSvideo
- **Contact** the Disability Linkage Line at **1-866-333-2466**
- **Go to** mn.gov/dhs/hcbs

I create my best life, my way.

Disability Linkage Line is here to help. We make it easier for you to seek solutions and build a plan. The service is free for all Minnesotans. There are no wrong questions. **1-866-333-2466**

I control. I dream. I choose. I participate.

